



**RCMP VA NL DIVISION EXECUTIVE:**

Position	Name	Phone	email
President	Jim Power	(709) 771-0723 C	jimpower2019@gmail.com
Past President	George Noseworthy	(709) 745-4635 H (709) 771-0206 C	gfhnose@gmail.com
Vice President	Ron Wiggins	(709) 726-2913 H (709) 699-0241 C	r.wiggins@nf.sympatico.ca
Treasurer	Elmer Ryzuk	(709) 466-3325 H	Treasurerbdivvets@gmail.com
Secretary	Mark Brown	(709) 754-0354 H	bdivvets@gmail.com



**MESSAGE FROM OUR PRESIDENT, JIM POWER**

Our current dues are \$60.00 which will be the amount the Association will require from each member in 2025. We add on to that at the local level so we can operate. For this reason, we are looking for an increase in the amount paid at the local level. Last year we did not request an increase and have been very frugal in spending your money.

So, where does your money go to at the Association governance level. We do have some employees on salary that look after the day-to-day business of the Association.

We also have costs related to Data Bank Maintenance, Insurance, Audits, office supplies etc.

At the local level we fund cards for sick, gift cards for hospitalized, Christmas Baskets for those who are shut in, donations to food bank that distribute province wide, provide meals a couple of times a year for the homeless or financially challenged. The recipients of these luncheons come from ever area of the province. We provided financial assistance to member(s), who were in trying situations. We pay for buglers at funerals, provide funding for ladies' luncheon, and assistance in social events. We partially fund the cross-island trip to meet with Vets and show our support to a community on 11 November. We have money identified for Advocacy and Chaplaincy. This year we have also set funding aside for a youth initiative.

We are an aging Association. The traditional fundraising events are diminishing due to ageing members and the lack of new members stepping up to take the load. The lobster dinner was probably the largest fundraiser but with cost as well as Covid, contributed to it no longer being offered. The road marshalling is slowly coming to an end as we do not have the resources to maintain it. We did get a rebate from Johnson Insurance, and we are waiting to see how that goes with the takeover by Bellairdirect

So, what's in it for you? This is a difficult question to answer. Much of it depends on what you want. If monetary in nature, we do get some corporate discounts for travel and car rentals. Please visit our website at [rcmpva.org](http://rcmpva.org) for details. You can go to Rewards and Discounts on the website to view all the available offers. We had representation to the current announcement on our Group Life Insurance Plan. We had our premium holiday extended to 31 March 2024 and a lower rate than previous on the Basic Life Plan. Read the last Communication Update for details. If you get home and auto insurance from Bellairdirect you will get a 10% discount on Home Insurance and 2.5 % discount on Auto. In most instances these discounts will be more than what you pay for dues. So, you can really recoup your Association dues if you take advantage of these discounts.

There's more;

You get to enjoy in the Camaraderie that comes with such an organization. You get to participate in community charitable events, if not in person, through your due's contribution. Any ex-RCMP that is sick or requires assistance we try to help them. For those in hospital you provide a little cheering up through a simple gift card. It may buy a visitor a coffee or assist with a travel expense (ie: fuel). For those shut in at Christmas, who receive a token gift, we bring a little cheer to their life. When we come to the end of our lives, we can rest easy knowing someone will be there to assist the family, if needed. Association members will attend the service in support of families recognizing your contribution to family and community during your service and retirement.

I am not sure what all that is worth. This requires a personal assessment. I do know that it cost about \$70.00 for three people to have breakfast at the Irving Big Stop.

To all, stay safe, and please consider attending the upcoming events the Association has planned. Bay Roberts Luncheon May 22 and the Veterans Association Traditional Mess Dinner in Gander on 25 May 2024.

Jim

**Celebrating 50 Year of Women in the RCMP  
Then and Now  
Recollections from Gail Courtney**



It's incredible to think we are celebrating Troop 17's 50th anniversary of taking the Oath and becoming the first women to join the forces of the RCMP. Cheryl LaFosse, Rosemarie Coffey and I, from this province and 29 other women from across Canada, had no real concept on that historic date, that we would become torchbearers, precedent setters and trailblazers for other women who would follow in our footsteps. Our goal was simply to become police officers and help people.

Nontraditional professions were rare in the 70's. For us, our only troopmate who came close, was an architect. I must tell you it didn't take us long to experience some of the challenges of infiltrating a male dominated organization, starting with the medical process. The physicians' forms we were given were solely for men. There was a section on the forms which instructed the physicians to have us cough while checking our prostates.

Back then, we didn't have the luxury of Health Services Division. I will never forget a telephone call I received from a Cst at St. John's Detachment, telling me I had Tachycardia as well as Albumin in my urine. I asked "what in the world is this?" He told

me he looked it up in his trusty Webster Dictionary and proceeded to read the definitions of both to me, while the sound of clicking typewriters and people chit - chatting in the background could be heard. On a positive note, he told me it wasn't serious and other than needing an EKG and a repeat urinalysis, I was not to worry, as it shouldn't reject my application.

On arrival to depot we were surrounded by media, who followed us throughout our journey there. Nothing as humbling, as to be sweating, grunting and grimacing, while lifting weights over your head, with a CBC camera on you, only to see your picture on the tv news or in print later. We tried so hard to be invisible and to blend in with the men and be oblivious of the cameras. With 600 men at the academy and 32 of us, it was impossible.

As for the instructors, they had no idea how to treat us. Looking back, we got away with a few things in the very beginning, but that was very short lived. It was obvious to us they were only human, and going through growing pains, like we were, which helped us somewhat, in adjusting to our new way of life .

The dorms had to be modified to accommodate two women to a room, unlike the mens' 32 man dorm, which was not looked at favourably by some recruits.

We were anxious for our uniforms to be issued and wore navy blue auto body mechanic type cotton coveralls in the interim. We were told our uniforms would not be coming any time soon. When they finally did, some kit consisted of:

- a pillbox hat,
- two pairs of "one size fits all pantyhose (they lied as no such thing),
- two cotton bras,
- long blues with no pockets cut from a man's pattern,
- polyester form - fitting blouses with no pockets,
- a short broad triangular tie,
- a black shoulder purse to hold our gun and hand cuffs and
- a pair of calf length fur lined snow boots, like my grandmother wore.

The reason given to us why no pockets, was that they wanted nothing protruding from our breasts or hips and we had to be streamlined. Our notebooks etc. had to go in that shoulder purse.

My first posting was Woodstock, NB which I was totally blessed with, due to being so welcomed by my fellow members and my NCO.

There were many challenges for us women in those early years, and being under a national microscope was not always easy. We had to work twice as hard to be equal and to gain the trust of our colleagues and the public. If one of us went through a rough patch, the grapevine ensured everyone across Canada knew it, and the troop worked double duty to maintain our credibility and worthiness of being a member.

We were not permitted to serve in a northern or isolated post, or a detachment with less than 20 members .

A big issue for us to constantly deal with and conquer internally was “back up” and to prove our ability to ensure the safety of our fellow members. As women, we knew our physical limitations and always followed the advice of our self defence instructor, which was that our tongue was our strongest muscle and to use it to the fullest. It got me out of many potential physical confrontations.

Delegation of duties was a challenge for some unit commanders, due to being overly protective. Some of us were assigned only community policing duties and sexual assault investigations. I looked at these two ways. Instead of thinking they were belittling our investigative abilities, it was a sign that such assignments, in their minds, were best suited for women, due to our nature, and they meant no prejudice.

Detachment Commanders had the option to refuse us and some spouses did not want us. At one detachment the spouse of my shift partner would not allow him to wear his High Karate cologne when working with me. Reaction from the public was both comical and dramatic. There are so many examples I could list here from women all across the country.

I recall going to execute a Warrant of Committal on a local, who thought I was the mailman and let me inside his house.

I attempted to stop a motorist for speeding while operating an unmarked police car, who failed to stop. After a short pursuit, he stopped and said he thought I was some crazy woman and was shocked to see a lady Mountie.

On a domestic disturbance call, the husband was very annoyed with the presence of both a female and male member. He assumed they were a married couple and told the male to get out of his house and to take his Mrs. with him.

Many of the general public did assume we were married to the member we were working with, as they pondered what husband would permit his wife to work all night in a police car with a man .

We were asked if we made the same money as the men and if we did the same work . Also, if we knew karate.

When we answered the phone at the detachment, so many times we were asked if there was a man working as they preferred to talk to a man.

During my first staffing interview, I was asked what my career aspirations were. When I replied that one day I would like to command my own detachment, the officer looked at me apologetically and stated “now my dear, you are in now, take it easy, you do not want to be upsetting the boys “.

There were a lot of growing pains. No different than in any organization when change comes about. Year by year, one by one, women began virtually every aspect of policing, slowly climbing upwards through the ranks. Each new duty a victory, each promotion a milestone.

Women have come a long way since 1974, and today many hold senior management positions. The opportunities are endless now.

As for me, I had a career full of opportunities and encouragement and thoroughly enjoyed the experience. For that, I am forever grateful. I am so proud of the amazing women who are continuing our journey and encouraging others to keep paving the way.





## eMails & Replies - President Jim

From: Jim Power <[jimpower2019@gmail.com](mailto:jimpower2019@gmail.com)> Sent: Tuesday, March 26, 2024 5:57 PM  
To: Duheme, Michael (RCMP/GRC) <[Michael.Duheme@rcmp-grc.gc.ca](mailto:Michael.Duheme@rcmp-grc.gc.ca)>  
Cc: Sanda Conlin <[rcmpvetsassociationpresident2023@rcmpva.org](mailto:rcmpvetsassociationpresident2023@rcmpva.org)>;  
Glen Siegersma <[RCMPVetsCAO@rcmpva.org](mailto:RCMPVetsCAO@rcmpva.org)>;  
Ron Wiggins <[r.wiggins@nf.sympatico.ca](mailto:r.wiggins@nf.sympatico.ca)>;  
Elmer Ryzuk <[treasurerbdivvets@gmail.com](mailto:treasurerbdivvets@gmail.com)>;  
George Noseworthy <[gfhnose@gmail.com](mailto:gfhnose@gmail.com)>;  
Bob Hurman <[robert.hurman@nf.sympatico.ca](mailto:robert.hurman@nf.sympatico.ca)>;  
Brian Sauve <[bsauve@npf-fpn.com](mailto:bsauve@npf-fpn.com)>;  
Mark Brown <[bdivvets@gmail.com](mailto:bdivvets@gmail.com)>

Subject: Selection of Commanding Officer "B" Div

Commissioner DUHEME:  
Sir;

My name is Jim Power. I am the President of the NL RCMP Veterans Association. The transfer of the current Commanding Officer of "B" Division to Ottawa has been announced. We wish A/Com EBERT well in her new position.

We are currently undergoing a Police Services Review within NL. Such reviews undertaken over the last forty years have historically not ended with any positive developments for the RCMP. Of particular note is the "Save the Mounties Campaign" of the mid 90's and the recent loss of jurisdiction to the Royal Newfoundland Constabulary on the west coast of the Province. This was done without any consultation with the RCMP.

The division needs a Commanding Officer with knowledge of the policing history of the Province and some displayed interest in the long term viability of the RCMP within NL. Experience in dealing with members/employees of the current government is also an asset.

The current Criminal Operations Officer in "B" Division, C/Supt Pat CAHILL, has the attributes we need at this time. He is from NL. He has extensive policing knowledge from firsthand experience both on the island portion of the Province, as well as Labrador. He has the complete support of the Veterans Association as well as the support of the RCMP membership. Such an appointment would demonstrate to the Government of NL, the people of NL and the RCMP members serving here, that the RCMP is committed to providing top quality leadership and policing services to the

Province of Newfoundland and Labrador.

I am aware there are politics involved in such a move, but we need to set that aside. The RCMP in NL need a strong leader, that is respected and accepted both inside and outside the force. Pat Cahill is that person.

For your consideration.

Jim Power  
President  
NL RCMP Veterans Association

**From:** "Duheme, Michael (RCMP/GRC)" <[Michael.Duheme@rcmp-grc.gc.ca](mailto:Michael.Duheme@rcmp-grc.gc.ca)>  
**Date:** April 4, 2024 at 15:38:29 NDT  
**To:** Jim Power <[jimpower2019@gmail.com](mailto:jimpower2019@gmail.com)>  
**Cc:** Commissioner's Office / Cabinet du Commissaire <[Commissioner'sOffice@rcmp-grc.gc.ca](mailto:Commissioner'sOffice@rcmp-grc.gc.ca)>

**Subject: RE: Selection of Commanding Officer "B" Div**

Thanks Jim for sharing your comments.

I, like you, want to ensure we have the right person for the job. I'll keep your comments in mind as we move through the process. Thanks take good care,  
Mike

++++  
From: Jim Power <[jimpower2019@gmail.com](mailto:jimpower2019@gmail.com)>  
Sent: Tuesday, March 26, 2024 7:47 PM  
To: Hogan, John <[JohnHogan@gov.nl.ca](mailto:JohnHogan@gov.nl.ca)>  
Cc: [Michael.Duheme@rcmp-grc.gc.ca](mailto:Michael.Duheme@rcmp-grc.gc.ca);  
[association.vicepresident@rcmpva.org](mailto:association.vicepresident@rcmpva.org);  
[RCMPVetsCAO@rcmpva.org](mailto:RCMPVetsCAO@rcmpva.org);  
Ron Wiggins <[r.wiggins@nf.sympatico.ca](mailto:r.wiggins@nf.sympatico.ca)>;  
Mark Brown <[bdivvets@gmail.com](mailto:bdivvets@gmail.com)>;  
Elmer Ryzuk <[treasurerbdivvets@gmail.com](mailto:treasurerbdivvets@gmail.com)>;  
George Noseworthy <[gfhnose@gmail.com](mailto:gfhnose@gmail.com)>;  
Bob Hurman <[robert.hurman@nf.sympatico.ca](mailto:robert.hurman@nf.sympatico.ca)>; [bsauve@npf-fpn.com](mailto:bsauve@npf-fpn.com)

Subject: Position of "Commanding Officer" NL RCMP

To: Honourable John Hogan, KC  
Minister of Justice and Public Safety  
Attorney General  
Newfoundland and Labrador



Sir:

My name is Jim Power. I am the President of the NL RCMP Veterans Association. The current Commanding Officer of the RCMP in NL has been transferred and to my understanding will be departing for her new posting within the next 3-4 months.

The selection of a new Commanding Officer is, of course, a very critical exercise. The task, being to identify someone that is competent to hold the position of Commanding Officer, as well as display the ability to work with Government, accepted by the people of the Province and respected by the members/employees who serve under that authority. We also need someone who has experience in contract policing, an understanding of the policing history of our Province as well as the challenges we face with providing services to our diverse geographic region.

Policing within the Province at the current time is a matter of much discussion. Not unlike the Healthcare or Educational concerns, there needs to be a collaborative and progressive approach to find solutions that meet the required needs.

I would like to recommend that Chief Superintendent Pat Cahill be supported for this position. C/Supt Cahill currently holds the position of Criminal Operations Officer for Newfoundland and Labrador, and acts for the Commanding Officer, in her absence.

He has displayed all the attributes required for this position. He has extensive experience in the area of contract/provincial policing. He has served in various positions on the island portion of our Province as well as in Labrador. He is well aware of the policing challenges we face. Along with his extensive police service, he has served our country in the role of "Peacekeeper" and has received the " Order of Merit" for police services. He is from this Province and is respected by both management and front line RCMP officers. He has the full support of the NL RCMP Veterans Association, whose current membership spans a range of service in NL from the 1950 to present day.

As a point of reference, I also wrote to you (not as president of the vets association) when the selection process for the Chief of the Royal Newfoundland Constabulary was being conducted and recommended the Current Chief Pat ROCHE be considered. I am not under any illusion that my recommendation was a factor in him being chosen. I simply refer to this, to say that what we recognize as attributes of good leaders appear to align with the requirements/ expectations, you and your department management desire, when making such a selection.

Chief Superintendent Pat Cahill would be an excellent choice for the position of Commanding Officer for the RCMP in Newfoundland and Labrador.

Respectfully Submitted

Jim Power  
NL RCMP Veterans Association

**From:** "Hogan, John" <[JohnHogan@gov.nl.ca](mailto:JohnHogan@gov.nl.ca)>  
**Date:** March 27, 2024 at 11:23:48 AM NDT  
**To:** 'Jim Power' <[jimpower2019@gmail.com](mailto:jimpower2019@gmail.com)>  
**Subject: RE: Position of “ Commanding Officer” NL RCMP**

Thanks, Jim - I appreciate the input.  
I have forwarded this along to the relevant members of the Department of Justice and  
Public Safety as well.

John

+++++

The following members and family members of our RCMP Veterans have passed since our last newsletter. We remember their sacrifice and service to the Province of Newfoundland and Labrador as well as Canada. May they rest in peace.

Reg No	Name	Date of Death	Location
	Mrs. Phyllis Simmons, Mother of Retired S/Sgt. George Simmons	15 Feb 2024	Corner Brook, NL
19191	Retired S/Sgt. James Donald Hackett	24 March 2024	London, ON
	William John Caravan, father of Retired Sgt. Don Caravan <a href="https://www.hoskinsfuneralhomes.ca/obituaries/William-John-Caravan?obld=31133666">https://www.hoskinsfuneralhomes.ca/obituaries/William-John-Caravan?obld=31133666</a>	5 April 2024	Grand Falls Windsor, NL
	Shirley Victoria Marie Gillard-Fillier – mother of Dexter Gillard & son-in-law veteran Robert Goguen. <a href="http://kmffuneralhome.com/obituaries/2024/4/9/gillard-fillier-shirley-victoria-marie">http://kmffuneralhome.com/obituaries/2024/4/9/gillard-fillier-shirley-victoria-marie</a>	8 April 2024	Roddickton, NL

**Veterans Baseball Caps**

Our veterans have supported this initiative. A huge thank-you to Ron Wiggins for creating the design and working with vendors for a suitable and good quality hat. We initially ordered 150 and all 150 are spoken for. We sold hats to former members in O, K, E, H, J and L Divisions. Should anyone wish to order one, please email [bdivvets@gmail.com](mailto:bdivvets@gmail.com) specifying the number you wish and the address you wish them sent. Sample of the hat is below.



## Memory Garden Update

Eight names will be added to the Fallen Members' Fund Memory Garden located at RCMP Headquarters, St. John's.

1. A/Commr. Gerald Gregory Leahy # 00912
2. Cst. Gregory A. Morrison #30129
3. Constable Brian M Powell #37760
4. Staff Sgt. David Himmelman #23897
5. PSE Tyler MacDonald #D0319
6. PSA Hilda Penney
7. Staff Sgt Ernest Theodore Yeomans Reg# 17935
8. Staff Sgt. John Briggs #17892

The bricks will be added to the garden in the Spring and a Memory Service will take place around that time.

The Memory Garden honours all those who served in Newfoundland and Labrador in good standing.

### **Looking for a Committee Volunteer**

Are you interested in helping preserve the Memory Garden? We are seeking a volunteer to be a point of contact for our committee outside of the Avalon. If you are interested, email Helen Escott at [h.escott@hotmail.com](mailto:h.escott@hotmail.com)

### **Memory Garden Criteria:**

The criteria for a name to be added to the Memory Garden are:

1. RCMP Employees who have served in or have retired in Newfoundland and Labrador/ B Division. The employee must be in good standing and retired or disengaged honourable.
2. Service employees who are employed by contract with the RCMP and have served five or more consecutive years at an RCMP facility in Newfoundland and Labrador. This includes commissioners, guards, and maintenance/ support staff. The employee must be in good standing and retired or disengaged honourable.

To submit a name,

email: [RCMPNLMemoryGarden-JardinCommemoratifGRCTNL@rcmp-grc.gc.ca](mailto:RCMPNLMemoryGarden-JardinCommemoratifGRCTNL@rcmp-grc.gc.ca)

the cost is \$200 per brick.

Names can only be submitted with written permission from the next of kin.

The Fallen Members' Fund Memory Garden honours all RCMP employees and support staff. There are no restrictions on how the employee passed. Those who died of disease, natural causes, and suicide, as well as those who died on duty, are all welcome to have their names in the garden at the request of their loved ones.

For more information contact; Helen Escott Memory Garden  
Chairperson [h.escott@hotmail.com](mailto:h.escott@hotmail.com)

## YOUR ADVOCATES NEWS

### CLASS ACTION LAWSUIT – VETERANS AFFAIRS

We are pleased to inform you that the Federal Court has approved the settlement of this proceeding. The Court's Order will not become effective until March 18, 2024. Later this year, Class Members who currently receive disability pensions directly from Veterans Affairs Canada (VAC) will automatically receive settlement payments from VAC by direct deposit or cheque.

Estates and other Class Members and their survivors who do not currently receive a disability pension directly from VAC will be required to file a Claim Form: Claim Forms may be filed with the settlement administrator beginning on March 18, 2024. We will post more information about the claims process at that time.

A copy of the Federal Court decision approving the settlement is now posted on this website:

[www.vetspensionerror.ca](http://www.vetspensionerror.ca) under **Order and Reasons for Settlement Approval**

The settlement includes:

*“all members and former members of the Canadian Armed Force and Royal Canadian Mounted Police, and their spouses, common law partners, dependants, survivors, orphans, and any other individuals including eligible estates of all such persons, who received, at any time between 2002 and the present, disability pensions, disability awards and other benefits from the Defendant that were affected by the annual adjustment of the basic pension under section 75 of the Pension Act including but not limited to, the awards and benefits listed in the Schedule “A” of the certification order:*

### **New Pensioners' Dental Services Plan transition date**

In June 2023, the government announced the contract for the Pensioners' Dental Service Plan (PDSP) and the Public Service Dental Care Plan (PSDCP) was awarded to Canada Life. At the time of the announcement, the PDSP transition date was July 1, 2024.

In a recent update, the government has extended the PDSP transition date to Nov. 1, 2024. Until Canada Life's administration begins on Nov. 1, 2024, members must continue to send all claims to Sun Life.

**ADVOCIATE NEWS** (repeated from the last newsletter)

This is a reminder that mandatory generic drug substitution is in effect for all new drug prescriptions under the Public Service Health Care Plan (PSHCP). This means that members and their eligible dependants will be reimbursed at 80% for the cost of the lowest-cost generic drug equivalent.

**Note:** For those with existing prescriptions before July 1, 2023, brand name drugs will be reimbursed at 80% of their cost until December 31, 2023. Starting January 1, 2024, if an approved exception is not on file, members will be reimbursed at 80% of the lowest cost generic drug equivalent.

Advocates are supporting our veterans across the province including issues with Veterans Affairs and Canada Life. Please reach out to your local Advocate on any issue where you wish or need support. We are pleased with the turnout for meetings during the cross-island trip and received good feedback on issues from our veterans.

**VETERANS HEALTH NEWS**

**Al Bert** - Anyone wishing to reach out to Al Bert, he is with his daughter Stephanie. I've enclosed the mailing address.

c/o West Point West Living, Room 2115  
2710 11<sup>th</sup> Avenue  
Wainwright AB  
T9W 0B1

His daughter is Stephanie Kelly, 5224 15th Street, Lloydminster, Alberta T9V OY2  
Tel. 780 870 0206

**Paul Mclsaac** shared the following:

Feel free to share, I'm doing okay. This whole thing with melanoma is new to me, I wish I had started regular dermatology appointments when I was in my 40s. In fact, I picked up the suspicious mole before the dermatologist did. He has since moved to another province. Maybe other retirees can learn from my experience.

**Ken Ellis** - Jean Ellis asked that we inform our Vets that Ken is recovering nicely from surgery in February and is on the mend. Your prayers, thoughts and good wishes would be greatly appreciated by the family. Thank you.



**Jim Prendergast** - March 18th, 2024, Ed Lutz, Randy Mercer, Dave Tough and Leo O'Brien travelled to Carbonear to visit Jim and Patricia Prendergast. Jim is celebrating his 92nd birthday today, so we decided to pay him a visit.

Jim and Patricia were delighted to have us visit. Patricia had a lovely lunch prepared for us so we sat and told lots of stories about "them days". Needless to say, they were all Police stories. Jim has lots of interesting stories to tell, and he still has his Irish humor.

Dave, and Jim worked together in Placentia many years ago while Ed and Jim worked together in Harbour Grace. It was great seeing them. They are both in relatively good health.



**Jim Myers** - After an Executive member learned about Jim's situation and contacted Randy Mercer who called. We then sent a notice to the membership and Jeff Ayris agreed to check in on the Myers. He called Jim's wife, Gloria, on 2<sup>nd</sup> April, and dropped in to see her and Jim on 4<sup>th</sup> April. Jeff spent about 45 minutes with them. Jim is in bed but gets out into a chair from time to time, with assistance. They have a home-care worker most days for a certain number of hours per day. Jim had cancer and was in hospital for a while and received radiation treatment. This has all taken place within the last year.

He has lost weight, but still has a great sense of humour, and we had a great conversation. Jim has two brothers in the St. John's area, and both their daughters live

and work in this area. Jim worked in "O" Division RCMP for several years and then transferred to "B" Division in the 1980's I believe. He retired from the CPIC Field Operations office in St. John's in 1994. I offered my services if there is anything he or Gloria needed, but they said they are fine right now. Jim has two brothers in the St. John's area, and their two daughters also live and work in the area.

Please keep them in your prayers. Jim is a private person, but I have their permission to share this with RCMP Vets. Jeff Ayris..... You can reach Jim Myers at 368-7118.

A big thank you to Jeff for reaching out to support our veterans.

### NL RCMP VETERANS DISTRICT ADVOCATES – 25 March 2024

DISTRICT	ADVOCATE	EMAIL	PHONE
Division Wide	Bob Hurman	robert.hurman@nf.sympatico.ca	709-325-0172
St. John's West Mount Pearl, Paradise, CBS			
St John's East of Kenmount Rd & Eastern Towns	Keith Oliver	koliverk@hotmail.com	709-740-0424
Avalon - Holyrood area towards Bay Roberts includes Salmonier Line towards the southern shore area up to & including Bay Bulls	Vacant		
Trinity Conception Bay Roberts, Carbonear & Harbour Grace	Lloyd Youden	lloydyouden@gmail.com	709-765-0807
Whitbourne Placentia	Doug Pack	doug.pack@hotmail.ca	709-743-2515
Burin & Marystown	Vacant		
Clarenville Bonavista	Doug Hyde	doughyde@bellaliant.net	709-427-6650 306-540-5239
Gander, Glovertown Lewisporte. Browns Arm, Twillingate	Frank Pike	plato24@yahoo.com	709-651-1866
Grand Falls Windsor, Botwood, Springdale	Law Power	lawpower@hotmail.com	709-486-3047
Deer Lake + Corner Brook	Derrick Anthony	derrickldanthonny@gmail.com	709-632-6224

Northern Peninsula	Vacant		
Bay St. George incl Kippens & Stephenville	Jackie Deaves	jackiedeaves@hotmail.com	709-649-6735
Labrador	Scott Morrison	scotty40250@gmail.com	709-889-3903

If you are interested in helping in the areas noted below, please reach out to Bob Hurman for details of what is involved.

Burin Peninsula Chapter  
Mount Pearl & CBS Chapter

Northern Peninsula Chapter  
St. John's and Avalon

### **HOW DO I PAY MY DUES?**

Recently, your association redesigned our website ... : [membership.rcmpva.org](http://membership.rcmpva.org)  
If you **log in** and **renew** or **join**, pay your membership with a credit card, you will not have to deal with dues paying every year. The amount will “automatically” be charged to your credit card. You can cancel membership at any time.

If you have challenges with online renewals, you can:

Send an etransfer to [treasurerbdivvets@gmail.com](mailto:treasurerbdivvets@gmail.com) or

Send a check to our treasurer at:  
B Div Vets Treasurer, c/o Elmer Ryzuk,  
60 Clearwater Drive,  
Clareville, NL A5A 4P6

### **MEMBERSHIP NUMBERS 2024**

NL RCMP Veterans Association has 308 members in total.

228	Active Members with
58	Associate Members
20	Life Members
2	Honorary Members

## ACTIVITIES OF NL VETERANS and YOUR ASSOCIATION

### Coffee meeting in Glovertown.

It was nice to get together with Vets from different parts of Central Nfld. More meetings are to be held in due course, at different locations.

The usual assortment of lies and war stories were told - some almost believable. Meetings such as this will encourage camaraderie within the Vets organization. Thank you to Frank for picking up the coffee tab for most of us. Some members were early and bought their own - that will teach them for being early.



Left to right: - Walt Pinsent, Eastport; Kevin Stroud, Glovertown; Mike Reidpath, Lewisporte; Lindsay Fraser, Gander; John Feltham, Glovertown; Woody Goulding, Gambo; Earl Roddick, Culls Harbour, Frank Pike, Gander.

I was stationed at Glovertown Detachment, in B Division, in 1963, and lived in a room at the rear of the building. I was in Glovertown today, and the same building is used as the Detachment office. 61 years later it is still in use - but only for a short time, as a new structure is in the works, so I've been told. We had no big, paved parking lot, no garage, but had a big fence surrounding the building, and one of my jobs was to ensure the gate was closed every night. This was to ensure the roaming horses did not get in the property to munch on the good grass and leave behind a 'deposit'. Oh .... the pains of being the junior member. (Submitted by Lindsay Fraser)



On April 5, 2024, our vet group along with Brian Campbell's daughter Danielle helped serve 72 meals to people who would otherwise go hungry for the day. Our group assisted the Jimmy Pratt group (former George St United Church) by buying the food through our association and then preparing and serving it to the attendees. The event took 28 person hours to complete. It was well received by all.

The manager and team at Jimmy Pratt remarked that our Vets are the only ones among many who go out of the kitchen and talk to the guests. He said we are respectful, friendly and above all place ourselves on the level with them. Many of the guests on Friday past are from our detachment areas IE Ferryland, Burin, GFW. Etc.







RCMP Veterans Luncheon at Dave Barrett's favorite spot "Fat Cats" Albuferia, Portugal April 4<sup>th</sup>, 2024. Merv & Rose Andrews, Leo & Grace O'Brien, Wayde & Myrt Guinchard, George & Trudy Power and Dave & Ginny Barrett. Merv gave the group a lesson in shopping for deals in Portugal. Unfortunately, Bob & Hazel Hurman could not make it.

## VOICE FROM THE PAST

Facebook post from Kevin Baillie former "B" Division member

I retired in April 2021 with just over 40 years service, went back as a Reservist, and totally retired in July 2023. My wife, who was an RCMP P/S, finished my retirement quilt, and I am very happy with it. Every square has a meaning, from the flags of the provinces I served in, to the names of the horses I rode on the MR, to a line I put in a media release that went viral "The beaver is still at large".



Grey portion was from old work shirts, some used work pants were used, as well as a bit of red serge and a ballistic vest carrier.

Quilt is 80" X 84" and will keep me warm in my old age.



**DEALS AVAILABLE TO RCMP VETERANS**

Please check the website [rcmpva.org](http://rcmpva.org) for the many deals available to our membership.

### FROM THE EDITOR

If you would like to submit a story, photos, or information for the newsletter you can reach me at [bdivvets@gmail.com](mailto:bdivvets@gmail.com) or by phone at 709-754-0354.

*Stay Safe, Mark E. Brown*

**IMPORTANT CONTACT INFORMATION ..... (Repeated from the last Newsletter)**

An Executor or Family Representative can visit a website – important information can be obtained on the processes for advising of a death and the information to supply. Various agencies accept a Funeral Directors Statement of Death while others require an official Death Certificate issued by the province.

Pertains To	Website	Phone #	Details
RCMP Pension	<a href="http://www.rcmp-grc.pension.gc.ca">www.rcmp-grc.pension.gc.ca</a>	1-855-502-7090  1-855-502-7088 (EX-01-C/Supt & above)	If you call, have the Pension number and/or HRMIS number available.
Veteran's Affairs Canada (VAC)	<a href="http://www.veterans.gc.ca">www.veterans.gc.ca</a> Select My VAC Account Select Sign In Sign-in Partner or GC Key Input Username & Password	1-866-522-2122	If you call, have the CSDN Number available.
Canada Pension Plan (CPP) Old Age Security (OAS) Guaranteed Income Supplement (GIS) Survivor's Benefit Disability Payments	<a href="http://www.canada.ca">www.canada.ca</a> Select language of choice Select Benefits Select Pensions	1-800-277-9914	If you call, have the Social Insurance Number (SIN) available.
Other Pension Plan			
RCMP Group Life and Accidental Death and Dismemberment Plan	<a href="http://www.pbs-sra.ca">www.pbs-sra.ca</a> Input User ID & Password	1-800-661-7595	If you call, have the Pension number and/or HRMIS number and/or other personal information available
Other Life Insurance			
Public Service Health Care Plan (Sun Life) <b>UNTIL JUNE 30, 2023</b>	<a href="http://www.sunlife.ca/pshcp">www.sunlife.ca/pshcp</a> Input Access ID & Password	1-888-757-7427	If you call, have the Group Contract Number and the Certificate Number available.
Public Service Health Care Plan - (Canada Life) <b>EFFECTIVE JULY 1, 2023</b>	<a href="https://my.canadalife.com/pshcp">https://my.canadalife.com/pshcp</a> Input Email & Password	1-855-415-4414	If you call, have the Group Contract Number and the Certificate Number available.
Blue Cross - Medavie	<a href="http://www.medaviebc.ca">www.medaviebc.ca</a> Select Login Select VAC Input Username & Password	1-888-261-4033	If you call, have the Client Number available.
Other Health Insurance			
Pensioners' Dental Services Plan (Sun Life)	<a href="http://www.sunlife.ca/pdsp">www.sunlife.ca/pdsp</a> Input Access ID & Password	1-888-757-7427	If you call, have the Group Contract Number & Certificate Number available.
Other Dental Insurance			
Other Insurance			

Pertains To	Website	Phone #	Details
Bureau of Pensions Advocates (VAC)	<a href="http://www.veterans.gc.ca">www.veterans.gc.ca</a> <a href="http://www.canada.ca/veterans">www.canada.ca/veterans</a>	1-877-228-2250	If you applied for disability benefits from VAC & received a response related to that application, you qualify for support from the Bureau of Pensions Advocates.
Veterans' Ombudsman	<a href="http://www.ombudsman-veterans.gc.ca">www.ombudsman-veterans.gc.ca</a>	1-877-330-4343	Ensuring fair treatment of all Veterans.
Government of Canada – Seniors	<a href="http://www.canada.ca/seniors">www.canada.ca/seniors</a>	1-800-622-6232	Programs and Services for Seniors.
Canada Revenue Agency (CRA)	Search Engine – “advise CRA of death”		The process and requirements to advise CRA of a death.
Social Insurance Number	<a href="http://www.servicecanada.gc.ca">www.servicecanada.gc.ca</a> Select Social Insurance # Select Lost or Stolen PIN or Search Engine “how to cancel a SIN after a death”	1-800-206-7218	The process and requirements to cancel a SIN Card can be viewed.
Passport	<a href="http://www.servicecanada.gc.ca">www.servicecanada.gc.ca</a> Follow Several Links Or Search Engine – “how to cancel a passport of deceased person”		The process and requirements to cancel a valid or outdated passport can be viewed.
Equifax	<a href="http://www.consumer.equifax.com">www.consumer.equifax.com</a>	1-800-465-7166	Process to obtain your free credit report.
TransUnion	<a href="http://www.transunion.ca">www.transunion.ca</a>	1-800-663-9980	Process to obtain your free credit report.

### Interesting Facts: Did you know ...

You can connect VA through [My VAC Account secure messaging](#) or by calling [1-866-522-2122](tel:1-866-522-2122).

To speak to a mental health professional now, please [call the VAC Assistance Service](#):

[1-800-268-7708](tel:1-800-268-7708)

[1-800-567-5803](tel:1-800-567-5803) (TTD/TTY)

If you are experiencing an urgent financial need, [emergency funding](#) may be available.

Call [1-866-522-2122](tel:1-866-522-2122).

EXCLUSIVE

The  
savings  
have  
landed.

**belairdirect.**  
car and home insurance

