

SENSE-PTSI PILOT STUDY

Through this research study, Dr. Margaret McKinnon and the Trauma and Recovery Lab at McMaster University will investigate the feasibility and effectiveness of a sensory-based psychoeducation program for veterans and public safety personnel with posttraumatic stress injury (PTSI).

To participate you must:

- Be a military veteran (from Canada or another country) or a public safety personnel (e.g., police officer, fire fighter, paramedic, healthcare worker, emergency dispatcher, correctional worker);
- Meet diagnostic criteria for PTSI;
- Have access to a smartphone/computer and consistent, reliable Internet; and
- Speak English.

What's involved?

- An eligibility screening appointment (~2.5 hours);
- Various assessments at 3 main research time points (~2.5 to 4 hours per time point); and
- Completion of 5 group sessions of a new program for PTSI led by a trained clinician and a graduate/post-graduate student.

COMPENSATION IN ONLINE GIFT CARDS WILL BE PROVIDED.

To set up a brief pre-screening phone call or to learn more about this study, please email sense@mcmaster.ca or call 647-551-2701.

If you prefer that we contact you, please complete the contact form online by scanning the QR Code.

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