



**RCMP
VETERANS'
ASSOCIATION
Ottawa Division**

**ASSOCIATION
DES ANCIENS
DE LA GRC
Division d'Ottawa**

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The annual WIVES BBQ at Long Island was a huge, and very tasty, success. For more information, and pictures, see P. 27. *Photo by/par: Louise Ross*

Events - Événements

September / Septembre

25 - Canadian Police and Peace Officers' Memorial Service /
Service commémoratif pour les policiers et agents de la paix canadiens

October / Octobre

4 - RCMP Perth and District Veterans Fall Classic Golf Game
15 - Dining In, HQ Mess / Dîner annuel, Mess du QG

November / Novembre

8 - Special RGM Honours and Recognition /
RGM Spéciale Distinctions et Reconnaissance
11 - Remembrance Day / Journée du Souvenir
- Christmas Dinner / Dîner de Noël

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	Paul Ouellet	
RCMP National Memorial Cemetery at Beechwood	Roy Berlinquette	Cimetière commémoratif national de la GRC à Beechwood
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PRESIDENT'S MESSAGE DU PRÉSIDENT

Michel Séguin

Where did the summer go?

Children are heading back to school as we retired folk look forward to the best travel month of the year - September.

The summer went by quickly, following another great BBQ at Long Island. Thank you to the WIVES for their continued efforts.

June wound up with another successful Honours and Recognition night. Thank you to all who participated and congratulations to recipients (P. 21-26).

We also had the presentation of the Sovereign Medal for Volunteers to Ian Cooper. We appreciate the participation of Deputy Commissioner Kevin Brosseau and all of you who attended. See more about Ian and other Sovereign Medal recipients in this edition of The Spirit.

There are many who have continued to work through the summer. Ron Lewis has been busy reviewing the applications for the Annual Education Awards drawn on August 30. (The recipients are profiled on P. 5).

Our Golf Tournament Committee has been busy preparing for the September tournament, a partnership between the Ottawa Chapter of the Bruce Denniston Bone Marrow Society and the RCMP Veterans. I hope you have all signed up. It is going to be a great event (P. 14).

Thanks to all of you who participated in the focus groups and working groups. We appreciate that you took time from your summer activities to help the Association with these important initiatives (P. 20).

Finally, hats off to all our volunteers who make the important visits to members.

For those of you off to the AGM, have a great trip. No hijinks on the high seas. I will be travelling abroad in September and will miss the RGM. I look forward to seeing you in October.

Où est passé l'été?

Alors que les enfants retournent à l'école, nous les gens à la retraite attendons avec impatience l'arrivée du mois de septembre – le meilleur mois de l'année pour voyager.

Suite au BBQ à Long Island, l'été s'est envolé rapidement. Merci aux épouses pour leurs efforts soutenus.

Le mois de juin s'est terminé avec un autre événement couronné de succès pour notre soirée de distinctions honorifiques et de prix de reconnaissance. Merci à tous et toutes qui ont participé et félicitations aux récipiendaires (P. 21-26).

Nous avons aussi eu la présentation de la Médaille du souverain pour les bénévoles remise à Ian Cooper. Nous apprécions la participation du Sous-commissaire Kevin Brosseau ainsi que ceux et celles qui y ont assisté. Vous trouverez plus d'information sur Ian ainsi que les autres récipiendaires de la Médaille du souverain pour les bénévoles dans le "The Spirit".

Nombreux sont ceux et celles qui ont continué à travailler pendant l'été. Ron Lewis a révisé toutes les demandes reçues pour les bourses d'études annuelles qui seront octroyées le 30 août. Le profile



des récipiendaires se trouve à la page 5.

Notre comité en charge du tournoi de golf est en train de préparer le tournoi du mois de septembre, un partenariat entre le chapitre d'Ottawa de la "Bruce Denniston Bone Marrow Society" et les vétérans de la GRC. J'espère que vous vous y êtes inscrits. Ce sera un événement remarquable (P. 14)

Merci à tous ceux et celles qui ont participés dans les groupes de discussion et les groupes de travail. Nous apprécions que vous ayez pris du temps pendant vos activités estivales afin d'aider l'Association avec ces initiatives importantes (P.20).

Enfin, je lève mon chapeau à tous nos bénévoles qui font des visites importantes aux membres.

Pour ceux et celles d'entre vous qui participeront à l'assemblée générale annuelle, je vous souhaite un excellent voyage. Pas de folies en haute mer. Je serai en voyage à l'étranger en septembre et ne pourrai participer à l'AGA. J'ai hâte de vous voir en octobre.



This issue of *The Spirit* is my fifth, which officially puts me over the one- year mark. I have worked closely with Suzanne Sarault, Ralph Mahar and Gary Walkling over the last year and there are definitely times your *Spirit* issue—either hard copy or electronic—would have looked much different without their help. I also get some help from others who may not be as noticeable.

Don Day and I share a love of language and a willingness to obsess over a comma, a word, or whether something should be capitalized, or not. Don reads the final draft and doesn't hesitate to point out where I have missed something. We have some great discussions and I really appreciate his help.

Also in the last year we have added some volunteer translators to the team. Louise Rodrigue and Yves Campagna provide clear, concise and, often, speedy translations which make the magazine more accessible and more inclusive. They also share a dedication to getting things right, to finding the right word in the right context and getting the message across.

These people are all very important to making sure *The Spirit* is professional and contains the information you are looking for in a format you can easily access.

The other people that make *The Spirit* what it is are all of you. Some people regularly contribute to the magazine, others only occasionally, but there is no question that without your contribution we would not have much to work with.

Please keep the photos, the articles and the suggestions coming. This is our magazine.

Wendy Nicol

Ce numéro est ma cinquième publication du '*The Spirit*', qui m'amène officiellement au-delà de la période d'un an. Au cours de la dernière année, j'ai travaillé en étroite collaboration avec Suzanne Sarault, Ralph Mahar et Gary Walkling. Il est certain qu'à certains moments votre revue du '*The Spirit*' - en format papier ou électronique - aurait été très différente sans leur aide. Je reçois aussi l'aide d'autres personnes qui travaillent en arrière-plan.

Don Day et moi partageons un amour de langue et une volonté d'être hanter par une virgule, un mot, ou l'utilisation d'une majuscule ou non. Don révise l'ébauche finale et n'hésite jamais à m'indiquer si j'ai oublié quelque chose. Nous avons de bonnes discussions et j'apprécie immensément son aide.

Également, au cours de la dernière année, quelques traducteurs bénévoles se sont joints à l'équipe. Louise Rodrigue and Yves Campagna produisent des traductions claires, concises et souvent dans un laps de temps très court, qui rendent la revue plus accessible et plus inclusive. Ils partagent également une volonté de bien faire les choses, à trouver le mot juste dans le bon contexte pour faire passer le message.

Toutes ces personnes jouent un rôle très important afin de s'assurer que '*The Spirit*' est professionnel et contient l'information que vous cherchez dans un format que vous pouvez facilement accéder.

Les autres personnes qui font du '*The Spirit*' ce qu'il est, sont vous toutes et tous. Certaines personnes contribuent régulièrement à la revue, d'autres seulement de temps en temps, mais il n'y a aucun doute que sans votre contribution, nous aurions beaucoup moins à offrir.

S'il vous plaît continuer à nous faire parvenir des photos, des articles ainsi que des suggestions. C'est votre revue.

Wendy Nicol

The RCMP Veterans' Association-Ottawa Division, in partnership with Belairdirect Insurance, is pleased to announce the recipients of the 2016 Education Awards.

The draw was carried out by Ron Lewis, Ottawa Division, Mike Séguin, President Ottawa Division and Marissa Maw of Belairdirect. The event took place at the RCMP HQ Cafeteria on August 30.

La Division d'Ottawa de l'Association des Anciens de la GRC, en partenariat avec Assurance Bélairdirect, a le plaisir d'annoncer les récipiendaires des bourses d'études pour l'année 2016.

Le tirage au sort a été effectué par Ron Lewis, Mike Séguin, président de la Division d'Ottawa et Marissa Maw de Bélairdirect. L'événement a eu lieu à la cafeteria du Quartier général de la GRC, le 30 août.

Alex Freake, Orleans –
Grandson of / petit fils de Janice
Henneberry, RCMP Veteran
Ottawa



Kaitlyn Keogh, Ottawa –
Granddaughter of /petite fille
de Ian Cooper,
RCMP Veteran Ottawa



Talia Lawrence, Ottawa –
Daughter of / fille de Gisèle
Rivest, RCMP Veteran Ottawa



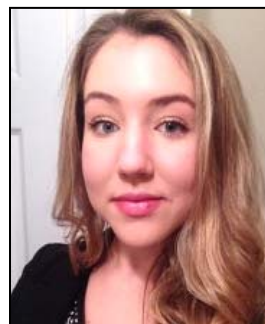
Jack McPhee, Ottawa –
Grandson of /petit fils de Fred
Bollman, RCMP Veteran
Ottawa



Brody McPhee, Kars - Grandson
of / petit fils de Fred Bollman,
RCMP Veteran Ottawa



Melissa Upton, Orleans –
Granddaughter of / petite fille
de James Thompson, RCMP
Veteran Ottawa



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Beechwood Cemetery's 22nd Annual Historical Walking Tour

Policing was the theme of the 22nd Annual Historical Tour at Beechwood, the National Cemetery of Canada, on June 12.

Unfortunately, for the second year, the tour was held inside because of strong winds and the threat of rain. The Sacred Space at Beechwood accommodates up to 250 people, so visitors were comfortable, warm and dry.

Before the tour began special guests outside the Sacred Space entertained attendees. These included an auxiliary officer from the Ottawa Police Service who brought a classic 1960s-era Nepean Police Department car, and two members of the RCMP Musical Ride, on horseback.

For the tour, actors performed vignettes for about 125 people. The five vignettes profiled four men, and one woman who are buried at Beechwood, and who dedicated their lives to protecting their fellow citizens and, in some cases, made the ultimate sacrifice.

Those honoured were: Sir Arthur Percy Sherwood, first Chief Commissioner of the Dominion Police Force; Flora Campbell, the first woman police officer at the Ottawa Police Service; Dr. Donald Cherry, veterinarian to the RCMP's iconic horses in Ottawa for many years; Detective Thomas Stoneman of the Ottawa Police Service, killed in the line of duty, and; Marmaduke Graburn, who was the first member of the North West Mounted Police murdered in the line of duty.

For more information about events and tours at Beechwood, including at the RCMP National Memorial Cemetery at Beechwood, you can check on the website at www.beechwoodottawa.ca

22e Promenade historique annuelle au cimetière Beechwood

Le maintien de l'ordre a été le thème de la 22e Promenade historique annuelle à Beechwood, le cimetière national du Canada, le 12 juin.

Malheureusement, pour la deuxième année, la tournée s'est tenue à l'intérieur à cause des forts vents et la menace de pluie. Mais, l'Espace sacré au Beechwood pouvant accueillir jusqu'à 250 personnes, les visiteurs étaient à l'aise, au chaud et au sec.



Avant le début de la Promenade, des invités spéciaux ont divertis les participants à l'extérieur de l'Espace sacré. Ceux-ci incluaient un agent auxiliaire du Service de police d'Ottawa, qui a apporté une auto du Service de police de Nepean, une classique des années 1960, ainsi que deux membres à cheval du Carrousel de la GRC.

Pour la Promenade, les acteurs ont réalisé des scènes pour environ 125 personnes. Les cinq scènes esquaissaient quatre hommes et une femme enterrés à Beechwood qui ont consacré leur vie à protéger leurs concitoyens et, dans certains cas, ont fait le sacrifice ultime.

Ont été honorés: Sir Arthur Percy Sherwood, le premier commissaire en chef de la police fédérale, Flora Campbell, la première femme policière au Service de police d'Ottawa; le Dr. Donald Cherry, vétérinaire pour les chevaux emblématiques de la GRC à Ottawa pendant plusieurs années; le détective Thomas Stoneman du Service de police d'Ottawa, tué dans l'exercice de ses fonctions, et Marmaduke Graburn, qui fut le premier membre de la Police à cheval du Nord-Ouest assassiné en devoir.

Toute personne qui souhaiterait plus d'information sur les événements et les visites à Beechwood, y compris au Cimetière commémoratif national de la GRC à Beechwood, peut vérifier sur le site www.beechwoodottawa.ca

Information and photos: Beechwood National Cemetery



LAST POST - DERNIÈRE SONNERIE

REG. NO. RÉG.	NAME - NOM	DATE	PLACE / ENDROIT
	RYAN, Josephine "Josie (Retired Public Service Employee)	Sept. 4	Ottawa, ON
29615	JESTADT, J.W.	Aug. 22	Grimsby, ON
20110	BURNS, H.W.	Aug. 21	Wasaga Beach, ON
	WOOD, Helen (Wife of the late Robert "Bob" Wood)	Aug. 21	Langley, BC
	LIND, Judith (Wife of the late Henning Lind who passed away on July 6)	Aug. 21	Ottawa, ON
17435	RAE, Allen G.	Aug. 20	Ottawa, ON
17267	ENTWISTLE, J.F.	Aug. 15	Truro, NS
14551	LIBKE, Lloyd David	Aug. 10	Cobourg, ON
	KOCH, Ida Lilian (Wife of Kenneth Koch)	Aug. 9	Ottawa, ON
	ABRAMOVIC, Ana (Retired Public Servant Employee-Master Tailor at "Depot" Division)	Aug. 4	Regina, SK
	VINT, James Edward	Aug. 4	Kelowna, BC
29377	HATFIELD, Derek	July 30	Halifax, NS
	HALLORAN G. Avis (Wife of the late William "Bill" Halloran)	July 27	Ottawa, ON
22944	KAMINSKI, John (while visiting family on Vancouver Island)	July 24	Caloundra, Australia
	DESCHNER, Joseph Alfred	July 23	Kelowna, BC
15085	LAING, H.T. "Jim"	July 23	Winnipeg, MB
43838	DUNN, Kenda H. (Serving Member)	July 23	Ottawa, ON
16785	McCARTHY, Richard Wayne	July 23	Ridge Meadows, BC



LAST POST - DERNIÈRE SONNERIE

REG. NO. RÉG.	NAME - NOM	DATE	PLACE / ENDROIT
21233	NADEAU, J.G.P.E. "Gerald"	July 19	Penticton, BC
	DILLABOUGH, Deborah (Retired Public Service Employee)	July 18	Ottawa, ON
	CHILDS, Glen A.	July 17	Sherwood Park, AB
34955	DECHENE, Donald M. (former member RCMP)	July 17	Nanaimo, BC
58155	ARCHIBALD, R.D. (Robert Douglas) (Serving Member)	July 14	Stephenville, NL
34426	MILES, John A.	July 13	Hampton, NB
16751	MILWARD, Herbert Edward "Bert"	July 13	Smiths Falls, ON
27746	KUTRYK, B.D. 'Barry'	July 11	Beauvallon, AB
	CRAWFORD, George (Honorary Okanagan Veterans' member-official piper)	July 9	Kelowna, BC
21240	LIND, Henning T.	July 6	Ottawa, ON
23988	WHITE, Gerald 'Gerry'	July 4	Grand Falls-Windsor, NL
17847	NYSTROM, Loyd F.	July 2	Delta, BC
20455	LYONS, G.E 'Gary'	July 2	Strathmore AB
	OKRAINEC, Thomas "Tom" (Retired Public Service Employee)	July 1	Gatineau, QC
21094	VAIL, Ian Bradshaw	June 23	Fredericton, NB
15142	WADDELL, D.S.F. 'Stuart'	June 19	Penticton, BC
15811	NOISEUX, J.E. 'Gilbert'	June 18	Ottawa, ON
	GOSTLING, Isobel (Wife of Al Gostling)	June 17	Vancouver, BC
14590	MACKAY, William Dawson	June 16	Edmonton, AB
16042	HOWE, Foster Archibald "Bud"	June 14	St John, NB



LAST POST - DERNIÈRE SONNERIE

REG. NO. RÉG.	NAME - NOM	DATE	PLACE / ENDROIT
	BECKER, Mabel (Wife of Bill Becker)	June 11	Ottawa, ON
20929	KENNEDY, Donald John 'Don'	June 9	Milton, ON
31060	MacDONALD, Gerard Cameron	June 5	New Waterford, NS
18259	FERA, John 'Jack' Ross	June 5	Mississauga, ON
C4389	BEAHEN, Dr. William Patrick 'Bill', PhD (RCMP Historian)	June 5	Ottawa, ON
C/90	PINTILLIER, Rita	June 3	Ottawa, ON
27337	YASKIW, Jerry Wilson	June 2	Strathmore, AB
25761	COLLINS, Roland M. 'Rollie'	June 2	Ottawa, ON
17427	KOURI, Paul	June 2	Humboldt, SK
14067	ANDREW, Jacobus Adianus 'Jack'	June 1	West Kelowna, BC
24094	FUNK, Donald 'Don'	May 30	Lethbridge, AB
45359	FEKETE, Kelly L. (Serving Member)	May 29	Metcalfe, ON
33265	RYAN, Michael L	May 29	Vancouver, BC
34254	KIMLER, Kevin	May 28	Comox, BC
17257	CUNNIN, J.D. 'Des'	May 27	Chemainus, BC
88152	WHITE, Jake Eric	May 24	Oshawa, ON
27364	TARRANT, Hugh Pius	May 20	Hammonds Plains, NS
18674	YAKUBOVICH, Theophil 'Phil'	May 20	Bothwell, ON
C/3443	McNULTY, Trish	May 20	Ottawa, ON
18416	KANIK, Joseph Adam	May 18	Kelowna, BC
23115	WATT, Leland 'Lee' Marsh	May 17	Sandy Point, NS



THE SPIRIT



LAST POST - DERNIÈRE SONNERIE

REG. NO. RÉG.	NAME - NOM	DATE	PLACE / ENDROIT
47688	SEARLE, Marc David (Serving Member)	May 16	Surrey, BC
15885	CROOKSHANK, Robert 'Bob' Murray	May 13	Comox, BC
21315	COUTTS, Claude L.	May 8	Silverdale, WA
15841	MOULTON, Robert Gary	May 7	Ottawa, ON
28742	WOJCIK, David Gerard	May 4	Sydney, NS
19248	JEFFERY, Michael Howard	May 3	Victoria, BC
31036	KLASSEN, Willie Albert (Bill)	May 2	
16994	SHAW, Arthur Leslie	May 2	Dauphin, MB
24430	WILSON, James H. (Jim)	May	Ottawa, ON
52503	PERDUE, Jeremy Dallas (Serving Member)	April 29	Turner Valley, AB
26400	O'GRADY, John Thomas	April 29	Vernon, BC
17090	DORNAN, H.L.	April 28	Grand Falls-Windsor, NL
	HORNE, Charles (Charlie) Howard	April 28	Dartmouth, NS
C/2196	PIZZI, Dominic Edward	April 27	Mississauga, ON
15948	HILL, Ronald Calvin	April 24	Winnipeg, MB
17386	DEAN, Robert 'Bob'	April 24	Nanaimo, BC
17174	THORNDYCRAFT, M.A. 'Murray'	April 24	Punta Gorda, FL
44191	PARIS, J.P. H. Claude	April 22	Ottawa, ON
19301	SHERWIN, Murray James Anthony	March 19	Camrose, AB
23199	SMALLDON, Gary	Feb. 12	Saskatoon, SK



Guinness World Record—Representatives of the Ottawa Division of the RCMP Veterans' Association, joined members of the Canadian military, and other golfers, to set a new Guinness World Record on July 21. Suzanne Sarault and Fred Davis (with friends left) were among 239 golfers at the Hylands Golf Club to hit a golf ball 100 yards in an hour. The previous record, set last year in Hong Kong, was for 199 golfers. The Ottawa event was a preview of the National Capital Open to Support Our Troops and to raise awareness of veteran homelessness and to raise funds for Support our Troops.

Photo by/par: Jeff Davis

Supporting Our Troops - the ODVA representatives were back to volunteer at the main event—The National Capital Open to Support our Troops of the PGA MacKenzie Tour which was held from August 18 to August 21. Never ones to let a day of torrential rain slow them down, they witnessed a marathon seven-hole playoff on Sunday.

Fred David, Suzanne Sarault and Michel Pelletier



Training and Development 2016 Reunion

It was so much fun they are going to do it again!

On June 21, 53 RMs, CMs, PSEs and their partners and spouses got together for the third Training and Development Branch Reunion. Nancy Burke captured the fun in photos and the plan is to upload them as soon as possible to the Ottawa Division Veterans' Association website.

Through good planning, and with a donation to the Royal Canadian Legion Branch 641 which provides facilities free of charge, the event, once again, broke even.

The next reunion is scheduled for June 20, 2017 from 1400-1730, at the same location. Hope to see you there.

Information provided by: Sig Sigurdson



Perth Veterans' Spring Classic - an annual draw



The Perth and District RCMP Veterans Spring Classic Golf Game, was held June 7 and, despite threatening rain clouds, 50 showed up for the breakfast, just short of our previous record of 52.

Veterans from Ottawa, Renfrew, Gananoque, and of course the Perth area took part. The monthly breakfasts have become a regular meeting place for many of the RCMP Veterans wives, who sit at a separate table for their own conversations.



The Free Breakfast draw was won by Greg Savicky of Renfrew, and, as happens, occasionally, he also won a substantial 50/50 draw. This prompted Greg's driver, Gary O'Neil to say that "Greg will pay dearly for his ride home".

After breakfast, just as the sun was breaking through, 30 reported to the Blue Heron Golf Club. After the game a noisy gathering took place on the porch where Marlene's traditional carrot cake was quickly ravished. Each participant was given a gift prior to leaving, wrapping up another perfect day in Perth.

These events are enhanced by donations from members including:

- A \$50.00 certificate for a steak dinner at the Crazy Horse Steak House in Kanata, was donated by Claude Labrèche and won in a draw by Laurel McKay.

Mark the date of Tuesday Oct. 4 on your calendars and tell your friends to come. This is the date of the RCMP Perth and District Veterans Fall Classic Golf Game, let's set a new record of participation.

(Continued on P. 13)



(Continued from P. 12)

- Ches Banks' partner, Kay McNaughton, donated a gift to be given out at the Perth and District Fall Classic Golf Game in October
- Ken Sinclair, who makes some of the best Maple Syrup in Lanark County, donated a bottle, which was given as one of the gifts after the golf game.

A special thanks to a regular contributor, in more ways than one, Bill Irwin who, in addition to his other duties, supplied the photographs of the day. And thanks to Greg Le Grand, who offered some of the photographs that he had taken.

The group gathered on July 5, for breakfast in Perth. It was a nice sunny day and 19 people attended. Following tradition the new waitress, Jenny, had a small gift for those attending. Paul Bradley won the Free Breakfast draw and Ches Banks won the 50/50 draw. Thanks to Larry Dyck for assisting with the 50/50 draw.

Everyone is reminded that, if they are having any physical problems, transportation problems or anything else where we can help, please contact either Ed Rockburne, at (613) 264-8372 or Bill Irwin at (613) 267-9972.



Information submitted by Ed Rockburne/ Photos by Bill Irwin and Greg LeGrand

On line - En ligne

Photos taken at various events are on line on the Members Only page. Our website - and especially the Members Only page - is constantly updated with the latest information, photos and the calendar of events.

Vous pouvez visionner les photos des événements sur notre site web à l'onglet "Members only". Le site web - et particulièrement la page "Members Only" est mis à jour régulièrement avec les dernières informations, les photos et le calendrier des événements.



Combined Tournament a Great Success

The Ottawa Division of the RCMP Veterans' Association (ODVA) and the Bruce Denniston Bone Marrow Society (BDBMS) are stalwart partners and often work together toward common goals.

This year, for the first time, the two combined their annual charity golf tournaments and were rewarded with great weather, and a great turnout.

Held at Hylands Golf Club, the combined tournament raised funds for two important goals—the Canadian Blood Services national stem cell bank and the RCMP National Memorial Cemetery at Beechwood.

Beyond having a good time with good friends, golfers could buy tickets to win over \$10,000 in prizes including a trip for two to Ireland, a television and a hotel stay with the use of a Mercedes Benz. There was a 50/50 draw to get things started and a putting contest to win a steak dinner for 10, cooked by a professional chef.

Volunteers worked for months to get the tournament organized and to engage valuable, and generous, sponsors. More information in the next issue. Hope to see you there next year!

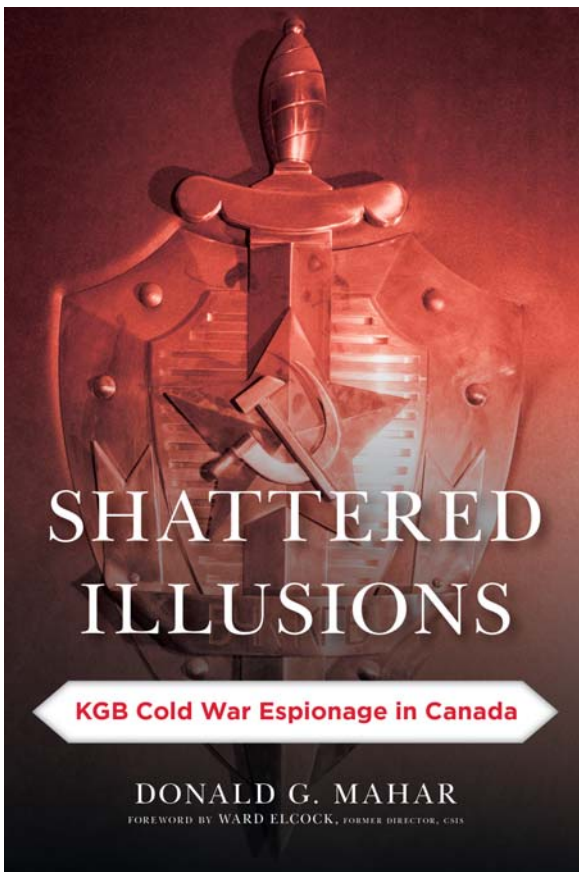
Photos by/par: Barry Walker





Thanks to all the volunteers who helped make this year's Sunset Ceremonies another great success.

Photo by/par: Suzanne Sarault



Watch for the Fall edition of *The Spirit*, in December, for more information about a non-fiction book to be released in January, 2017 by ODVA member, Don Maher. Don is retired from the RCMP, CSIS and CSE.

His account of a counter espionage case in Canada, involving the RCMP Security Service, KGB, British Intelligence and CSIS, has been researched with the assistance of the RCMP Historical Branch, and using documents and photographs obtained through Access to Information (ATIP) requests. Don provided full briefings of his research at all levels of CSIS, and with senior executive officers of the RCMP

Don's book, "Shattered Illusions; KGB Cold War Espionage in Canada", is being published by Rowman & Littlefield. The book will include 32 photos, many of which have not been seen before. The book is not a 'tell-all' or a 'gotcha' and Don says that he deeply respects the integrity and professionalism of the RCMP officers who worked in the Security Service in those early years.

Do you have something you would like to see in *The Spirit*? The deadline for the Fall Edition is Nov. 24, 2016.



The tradition lives on

William (Bill) Becker of the RCMP Veterans' Association Ottawa Division has passed on his Sam Browne to Sgt. Casey Baker, Supervisor, General Duty, in the Ridge Meadows Detachment in British Columbia.

The gift was facilitated by Ottawa Division Past-President Graham Muir.

In a thank-you note to Mr. Becker, Sgt. Baker expressed his pride in receiving and wearing the belt. He included a photo from recent detachment OIC awards where he first wore it. He is pictured with his wife Barbara, their children Max and Sophie and the detachment OIC Supt. Dave Fluegel. Sgt. Baker intends to add his regimental number, along with that of Mr. Becker, to the belt and, when he retires, to pass it to another young member.



Cpl. Jason Pinder was a little surprised in August when a photo of him, holding a beaver kit, went 'viral', with comments focusing on the concentration of national icons in one photo.

Cpl. Pinder, an Applied Police Sciences facilitator at Depot Division, has been a volunteer at the Salthaven West Wildlife Rehabilitation and Education Centre in Regina for more than five years.

In May the centre, which helps injured and abandoned animals, rescued four beaver kits after their mother was killed near Fort Qu'Appelle.

When Cpl. Pinder dropped by in Red Serge one day, staff member Megan Lawrence could not resist taking a picture. It was submitted to the CBC and soon was being shared nationally.

Salthaven, a registered charity, is the western arm of the Salthaven Wildlife Rehabilitation and Education Centre in Mount Brydges, ON.





Historical “N” Division photograph presented by Victoria Division Veterans

Mike Byrne, the secretary of The Victoria Division of the RCMP Veterans' Association, stopped in Ottawa early in the summer and presented Ralph Mahar, Internal Communications Officer with the Ottawa Division, with a vintage photograph of “N” Division personnel, taken at Lansdowne Park in Ottawa in April 1921. This particular framed print of the photograph was the property of RNWMP Cpl. Albert E. Graves, (Rtd.) #8725.

Cpl. Graves joined the RNWMP in 1919 and was struck off strength in 1922. He died in British Columbia in 1985. Cpl. Graves' name, and, that of his wife, Marie, are handwritten in ink on the paper backing of the photo's frame.

There is a page of printed text on the reverse side of the photo that says;
 "This photo of “N” Division is at Lansdowne Park in Ottawa after the Force relocated HQ from Regina to Ottawa in 1920 before N Division was built. The members lived in tents. The Force eventually purchased the old Catholic Monastery on Alta Vista Drive which became the new HQ. Today Lansdowne Park is a huge sports complex where the Ottawa CFL play football and the Ottawa 67's play hockey."

A handwritten inscription dated February 20, 2016, notes "Hung on wall RCMP NCO's Mess (now closed), 21 Harbour Road, Victoria, BC; formerly "E" Div Mess". R.J. Lawson, Sgt. Rtd. RCMP VA.

The Victoria Division Veterans' Association has moved to smaller accommodations and has been returning photographs to the Divisions to which they have a connection.



BREAKFAST WITH BOB ROY

RCMP Veterans in Ottawa and surroundings who get visited through the Visitation Program typically get approached by someone from the Program and then sit back, relax and enjoy the visits. Not so with Bob Roy—well, that is to say: he didn't just sit back and relax; he turned the tables, almost literally.

After Bob and his wife Jean moved from one retirement residence in Ottawa to another in Orleans, he decided to do the inviting. He asked all members of the Eastenders' Breakfast Club in Orleans to forego their usual location at Gabriel's Pizza on St. Joseph for the Chapel Hill Retirement Residence on Pagé Road instead. And come they did! With the help of Sig Sigurdson, the tireless convener of the Eastenders' Breakfast Club, Bob's idea soon became reality. Twenty-five Veterans, including some spouses, trooped into the lobby on June 6, where a smiling Bob greeted them all and guided them to the multi-purpose room for a hearty breakfast of bacon, sausage, eggs, potatoes, croissant, and a near bottomless cup of coffee, made and served by Chapel Hill's dining staff. Chapel Hill's Executive Director Melissa Meikle joined our group to sketch the many great features of the residence, and to give a tour of the facilities so the Eastenders could get a first-hand feel for the residence and its amenities.

Chapel Hill's website promises to provide seniors with warm and comfortable living in a secure environment. Its goal is to provide an environment where residents can receive individualized levels of care that are flexible to changing health needs. Chapel Hill offers private suites with barrier-free washrooms and floor and window coverings; warm and caring staff and 24-hour professional nursing staff;

therapeutic activities, exercises, and outings; daily social, educational and recreational programs; hair salon with massage therapist and foot care specialists (available by appointment); individual service plans based on resident's needs to provide personal grooming and care in the comfort of their own suite; safety features in each suite featuring emergency call systems, sprinklers and smoke detectors, wheelchair accessibility, bathroom supportive rails, and a family environment. The full-service dining room provides quality service and a warm ambience. The dining staff prepares nutritious meals and snacks daily to suit the individual tastes and dietary needs of our residents. There is also a private dining room. That's where we enjoyed our breakfast.

A wide variety of activities are available in Chapel Hill. Participation is a matter of personal preference. There are a range of social, athletic, cultural and hobby activities, as well as clubs, dances and live entertainment. A full-time Director of Health and Wellness organizes craft classes, exercise classes, bingos, day trips, regularly scheduled outings, and each activity is published in a monthly calendar.

After Melissa's presentation and when breakfast was finished, we learned that the breakfast was courtesy of Chapel Hill—a surprise to us, but much appreciated by all.

Melissa gave us a tour of the premises. She showed us the various types of rooms she had mentioned, and what each room's features were. We first noticed how much space each resident gets and how state-of-the-art the bathrooms were. Each unit has a compact and efficient-looking kitchenette.

Continued on P. 19



FOCUS GROUP : 'GROWING THE MEMBERSHIP'

On July 19 members of the Ottawa Division of the RCMP Veterans' Association met at the Canadian Police College (CPC) Officers' Mess to participate in a focus group to elaborate on how best to grow the membership of the Association – from coast to coast to coast.

The Ottawa focus group is one of several being convened across the country. Others will be held in Vancouver, Regina, Montreal and Halifax. This is an initiative of the National Board of Directors, sponsored by its Director of Membership, our very own Jack Briscoe.

The purpose of these focus groups is to help the Board of Directors better understand and respond to what our member's value about their membership in the Association. And to learn more about what employees of the RCMP who are planning to retire in the near future would see as value for becoming a member of our Association.

Findings based on the feedback gathered from the various groups will be presented to the Board. This report will also be presented to the membership at large at the Annual General Meeting (AGM) in Halifax in September, as well as through our internal communications network and website.

The meeting was facilitated by Jennifer Birch of Indago Insights. She was joined by Derek Johnston, CEO of Face Value Communications and former RCMP Director of Media and Communications.



Front row(l-r): Facilitators Derek Johnston, Jennifer Birch
Second row: Graham Muir, Brent MacDonald, Jean-Claude Malboeuf, Louis Upton, Bob Jeffery, Ralph Mahar
Back row (l-r) : Alison Straker, Garth Hampson, Don Harrison, Chris Windover, Peter Austin, Susan Munn

Information and Photo submitted by/par: Graham Muir

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Individual climate controls, modern electronics connections and options of room layout, balcony or patio make it possible to tailor a room to your personal liking. You can even bring your pet!! We saw the theatre, the swimming pool, the exercise room, the activities room and more. We were impressed.

Melissa and the team are always there to welcome

members for a return visit or to tour anyone who may have missed this wonderful event.

Thanks to Bob and Sig for making an interesting morning happen and to Chapel Hill Retirement Residence for their warm welcome and generosity.

Information and Photos provided by: Lia Eichele

President's Commendation



Three receive President's Commendation, Sig Sigurdson, Al Rivard & Gary Walkling

Al Rivard is commended for his many years of outstanding volunteerism, commitment and leadership. Working both locally and nationally in support of the RCMP Veterans' Association and its members he advanced numerous significant initiatives "for the good of the Association". For the past 13 years Al volunteered countless hours as Chair of the Development Committee that established the RCMP National Memorial Cemetery at Beechwood. A highlight of his work includes the renaming of the RCMP Veterans' Memorial Cemetery in 2006 to the RCMP National Memorial Cemetery. Al's exceptional quiet leadership style and his outstanding ability to fund-raise using his high level of integrity, honesty and

superior communication and negotiation skills, have been of great benefit. The Ottawa Division AGM 2014, due in part to his work, had a profit in excess of \$26,000. Al gave his 100 per cent support to newly launched national RCMP Veterans' Association website and has helped secure site development funding and ongoing site maintenance.

Sigurdur Ewald Sigurdson is commended for his long-standing dedication as a "volunteer extraordinaire" committed to the Ottawa Division, its members and to the broader community at large.

Sig received four separate nominations, which speaks to the impact he has made on the Ottawa Division. Some highlights of his contributions: in 1999 he ran the registration for the AGM; from 2006

(Continued on P.21)

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to 2008 he was a member of the Editorial Management Board; he researched and wrote a comprehensive history of the Beechwood Project, and is a regular participant in Ottawa Division sponsored activities/events. He is the organizer, and creator, of the very active Eastenders' monthly Breakfast Club and Newsletter; organizes events and co-ordinates meetings for the Retired Officers Club; and co-ordinates the highly successful Ottawa Division Visitation Team in the east end of the city. He is an active member and elder of his church. Sig leads the pack.

Gary Walkling was presented with the President's Commendation he was awarded in September 2015. He is commended for his extensive volunteerism and leadership in support of the RCMP Veterans' Association, Ottawa Division, and to the community at large, with unwavering dedication to the Bruce Denniston Bone Marrow Society (BDBMS), Ottawa Chapter.

Association, Ottawa Division, and to the community at large, with unwavering dedication to the Bruce Denniston Bone Marrow Society (BDBMS), Ottawa Chapter.

Gary has been involved with the BDBMS for 16 years, since the establishment of the Ottawa chapter in 2000. He not only voluntarily serves as the current treasurer of the Ottawa Chapter and manages the website, he is also an experienced courier. Gary created the Ottawa Division webpage and is the web master. He is a true volunteer who works tirelessly in support of both the OD Veterans' Association and the BDBMS.



Past Division Executive Committee Service Recognized



Graham Muir, Daniel Carroll and William Stewart were recognized for the many hours they dedicated to the RCMP Veteran's Association while serving as volunteers on the Executive Committee of the division. Mr. Muir, who continues to serve as Past-President, was presented with a service award of the framed President's Medallion he wore while serving as division president from January 2013 to December 2015 also chaired the sub-committee of National Orders of Dress and is currently co-chair of the National Website Committee. Daniel Carroll, who served as Sergeant-at-Arms from January 2013 to December 2015, has held many executive positions including Secretary, Vice President, Assistant Secretary of the National Executive Committee, Director of History and Sergeant-at-Arms for AGMs. He is an ODVA Life Member. William Stewart was recognized for his service as Director of Protocol from January 2014 to December 2015. He continues to volunteer with the Ottawa Division.



Meritorious Service

Gary Walkling was presented with a Meritorious Service Award which he was awarded as part of a Group Meritorious Service Award in May 2015. The award was for his volunteer service as part of the organizing committee for the successful delivery of RENDEZ-VOUS OTTAWA, the 2014 AGM. Gary is recognized for his contribution in the area of Publicity and Promotion.

Honourary Members

The Ottawa Division Veterans' Association recognizes and acknowledges distinguished individuals who promote the aims, purposes and ideals of the RCMP and of the Veterans' Association. As part of this recognition, Honourary Members receive an Appointment of Distinction with a Certificate of Appointment and a gold plated/sterling silver lapel pin. The Ottawa Division has seven honourary members, and five attended the June presentation. Reverend Canon Catherine Ascah is an active DVA Chaplain and is also an RCMP Chaplain for National Headquarters.

Eric Conroy's support of the RCMP Mess is clearly illustrated on its walls, including the magnificent 'Tradition' painting where he recruited not only the artist but also the sponsor and donor.

James Patterson, Director, Family Services at Beechwood, National Cemetery of Canada has worked on the RCMP National Memorial Cemetery since the project began in 2001. He has worked on all aspects, from partnership agreements to construction and monument erections. He has a strong friendship with the RCMP Veterans' Association and continues to work on the project.

During his tenure as Chief of Ottawa Police Services Retired Chief Arthur Rice was considered to be at the forefront of progressive technological advances, he has a long association with the RCMP and served



Honourary Members - Membres honoraires (left to right) Eric Conroy, Reverend Canon Catherine Ascah, Chief Arthur Rice (Rtd), James Patterson, Judge George Springate (Rtd)

as an Associate Editor of the RCMP Gazette. Judge George Springate promotes the RCMP as a unifying symbol for Canadians and invites members and veterans to participate in Citizenship ceremonies where he proudly explains the RCMP's history and traditions. Judge Springate, while serving as a law professor in Police Technology, has steered many of his finest students to a career with the RCMP.

Please see a separate story on Page 26 of a separate event welcoming Reverend Doctor Allan Churchill, Reg. #18412, as an ODVA Honourary Member.



Service Award Recipients

Front row - Left to right: Jean-Claude Bernais, James Duthie, Greg LeGrand, President Michel Séguin, Director of H&R Joan Panich, Garry O'Neill, Bill Irwin

Back row - Left to right: Gilbert Terriault, John Patrick McPhee, Harold Ellis McIlquham, Robert Fawcett, Raymond Vincent Steg, Vic Stewart, Roy Berlinquette, Richard Dew, Gilles LaBelle, Fred Lyle, Fred Pratt, Gary Walkling

30 years/ans

Jean-Claude BERNAIS	23027
James DUTHIE	16815
Greg Le GRAND	25786
Garry O'NEIL	23503

25 years/ans

William Roger IRWIN	18778
John Patrick MacPHEE	19709
Harold Ellis McILQUHAM	19501

20 years/ans

Robert Gerald FAWCETT	21499
William REGGLER	27045
Raymond Vincent STEG	19407
Vic STEWART	20177

15 years/ans

Roy BERLINQUETTE	23694
Richard DEW	22114
Gilles LABELLE	510848
Frederick Lewis LYLE	26655
Frederick PRATT	23922
Gary WALKLING	26750

5 years/ans

Gilbert TERRIAULT	30234
Michel SÉGUIN	32198

Check our calendar of activities and events regularly at www.rcmp-grcvetsottawa.ca and participate!

Consultez notre calendrier d'activités et d'événements au www.rcmp-grcvetsottawa.ca et participez!

Sovereign's Medal for Volunteers - Médaille du souverain pour les bénévoles



(Left to Right) Veterans' Association President Michel Séguin with Medal recipients Gary Walking, Brent MacDonald, Garth Hampson, Ian Cooper and Roy Berlinquette (Joe Healy was unable to attend)

The Ottawa Division Veterans' Association took the opportunity at its June Honours and Recognition ceremonies to recognize and congratulate six of its members who were awarded the Sovereign's Medal for Volunteers by His Excellency, David Johnston, the Governor General of Canada.

The **Sovereign's Medal for Volunteers** is a Canadian decoration intended to honour volunteers who have made a significant and continual contribution in Canada or abroad. The medal was initially conceived by [Governor General Roméo LeBlanc](#) as the Governor General's Caring Canadian Award in 1995. It was replaced in July 2015 by the Sovereign's Medal for Volunteers.

Garth Hampson was selected by the office of the Governor General as a representative of the Ottawa Division at the Inaugural Presentation Ceremony which was held at Rideau Hall on April 12. This presentation was featured in the Spring edition of *The Spirit*.

Ian Cooper was presented his medal by Deputy Commissioner Kevin Brosseau, on behalf of His Excellency the Right Honourable David Johnston, Governor General of Canada, on July 13 at RCMP Headquarters. Approximately 80 people attended the special presentation. More information and pictures at <http://www.rcmp-grcvetsottawa.ca>.

Roy Berlinquette, Joe Healy, Brent MacDonald and Gary Walking received their medals on Sept. 7 at Rideau Hall. Photos are on the website and will be in the next *Spirit*.

Roy Berlinquette

Roy has been awarded the Medal for his more than a decade's service as the Chair responsible for the co-ordination and management of the RCMP National Memorial Cemetery at Beechwood.

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(Continued from P. 24)

Under Roy's continuing leadership the Ottawa District Veterans' Association (ODVA) is committed to building a lasting national legacy for generations to come.

Ian Cooper, Emeritus

For more than 40 years, Ian has made a significant difference in his community and the ODVA. Ian created a minor hockey program for youth in Prince Rupert, BC, and for 20 years he organized OD Veteran volunteers to



participate in the Annual Remembrance Day Odawa Dinner (First Nations Feast) which honoured aboriginal Military Veterans from across Canada. For more than a decade he has served in many capacities on the Division Executive Committee, and co-ordinated teams in support of the annual RCMP Sunset Ceremonies. He organized transportation for out-of-town police officers and veterans who attend the Annual National Police and Peace Officers' Memorial Service each September. Ian received the designation of Emeritus in 2012 and was acclaimed the first recipient of the OD Veteran of the Year Award in 2014

Garth Hampson

For more than 50 years, Garth has been a community leader, providing his voice and musical talents to a variety of community-building initiatives. Garth has sung the national anthem on thousands of occasions, including two Grey Cup Games, major league baseball, and NHL hockey games, RCMP and RCMP Veteran events, and for medal presentations at Rideau

Hall, including at the inaugural ceremony of the Sovereign's Medal for Volunteers. Garth has facilitated bridge-building with Aboriginal peoples throughout Canada and has supported many valuable charities and programs.

Joe Healy

Joe was awarded the medal for his unique contribution to the RCMP through the creation of the RCMP National Graves Program. The website Joe created has three components: a comprehensive list of the RCMP's historical firsts, a daily blog which memorializes deceased members and the database which currently lists more than 23,500 names of deceased members of the RCMP. It identifies all RCMP members who gave their lives during the North West Rebellion, the South African (Boer) War, the First and Second World Wars and, more recently, in peace support operations. Joe was unable to attend the June meeting.

Brent MacDonald

For more than 15 years Brent has given unwavering dedication to the Bruce Denniston Bone Marrow Society (BDBMS) where he currently holds two positions: President of the Ottawa Chapter and VP of the Eastern Region. Working with his friend, Gary Walkling, the two men developed a flagship program to provide volunteer courier service for blood and marrow to retrieve viable lifesaving cells from donors around the world for life-saving surgery at the Ottawa Hospital. Brent is a volunteer courier, a donor, and also volunteers for various activities to support the BDBMS and ODVA annual golf tournament.

Gary Walkling

For more than 15 years Gary has been a dedicated and very active volunteer with the Bruce Denniston Bone Marrow Society (BDBMS) where he currently holds the position of Treasurer. In addition he manages its website, and also volunteers as an experienced courier. Whether at home in Ottawa or on "vacation" in Florida, Gary supports the BDBMS and also the ODVA as webmaster of our website, which he created, and volunteers for many activities in support of the OD on a regular basis. Gary generously gives of his time with his wealth and knowledge of all things computer, and has assisted veterans, including some on DEC, with presentations, posters, and communications.

Churchill welcomed as Honorary Member

On July 21 The Reverend Doctor Allan Churchill, Reg. #18412, received the new Honorary Associate Members pin at his home in Rideau Ferry.

The presentation was made by Barry Thomas, Ottawa Division Membership Director, Don Day, past president and Don Harrison, Quartermaster.

Also attending were Ruth Thomas, Liz and Bill Irwin. Brian Preston from the Kingston Division also participated.

After the presentation Allan's wife, Alma, daughter Christine and grandson Asher hosted a reception on their deck overlooking Rideau Lake.

Sarault
Recognized
for
Contribution
to
AGM 2015



Suzanne Sarault, the ODVA Director of Communications, was presented with a "Certificat d'Appréciation" by Gaston Desormeaux, the President of the AGM 2015 in Québec City. The presentation was made in Ottawa on August 19.

The citation reads:

"Le comité organisateur de l'AGA, qui s'est tenue à Québec en 2015, a apprécié votre professionisme en tant que maître de cérémonie, ce qui a grandement aidé au succès de cet événement."

M. Sarault was pleased to support and make a contribution to such an important event.



Heavy rain early in the day did not dampen the spirits of those participating in the celebration of the 75th Anniversary of Long Island Camp on July 9. Activities included an opportunity to try out firefighting equipment with the Ottawa Fire Department, a chance to get a close look at the Prime Minister's limousine and SUV, and a demonstration by Military Police of its emergency response unit and how equipment would be used. Ottawa police provided a chance to sit in a police vehicle and discover emergency features. Joanne Small-Greenall arranged a photo and video display of the Camp's history and Greg and Lynn Fedor curated a collection of RCMP memorabilia. Those attending were also able to take part in aquatic and other camp activities and to dress up in historic uniforms. Donations for the event came from the Ottawa Division RCMP Veterans' Association, the RCMP General Mess and the Officers' Mess.

Information provided by: Mike Foran





Information from:

Joan Rud

Photos by: Louise Ross
and Suzanne Sarault

For more photos please
look on the website.



WIVES BBQ 2016

Thanks to everyone who assisted in making this years annual WIVES BBQ at Long Island another great success.

Mother Nature smiled on us at this years event, and blessed us with a beautiful day, a good turn out, and great friends with whom to have a great time.

Door prizes included Redblack tickets - donated by RCMP Ottawa Vet's division, a Farm Boy gift certificate donated by the Orleans Store and wine donated by the Wives association. Share the wealth draws were \$100 and \$79 respectively.

Mark your calendars for the annual Christmas lunch Dec. 14 and for next year's BBQ June 9, 2017.

WIVES meetings will resume Sept. 14.





The Ottawa Division RCMP Veterans' Association President Michel Séguin welcomed three new members at the June Meeting. The new members are (top left) Kirk Hopkins, Reg. #36319 , (top right) Bruno Daelman Reg. # 43428 and (right) Greg Fedor Reg. # 36805



Jean-Guy Crousset (Reg. #37537) joined the RCMP ODVA at the RGM March 3. He was officially welcomed by President Michel Séguin (right) and Membership Director Barry Thomas. Mr. Crousset was incorrectly identified in the Spring edition of *The Spirit*.



<p>Fast and easy way to pay annual dues!</p>	<p>Façon rapide et facile de payer votre cotisation annuelle!</p>
<p>You can now pay your annual dues via e-transfer payments! Pay your dues directly from your bank account to the Veterans' bank account in a simple transaction.</p> <p>You will require the following three things:</p> <ol style="list-style-type: none"> 1. account email address to send payment to rcmpvetsott.treasurer@rogers.com 2. enter the following security question: What is the RCMP ceremonial hat called? 3. enter the answer to the security question in the answer field. The answer is not case sensitive. <p>**PLEASE NOTE** The email address noted above for payment is set up specifically for receiving annual dues. It is not monitored for regular correspondence.</p> <p>If you have questions on this or any other issue, please email us at vetsottdiv@rogers.com</p>	<p>Vous pouvez maintenant payer votre cotisation annuelle par virement électronique! Payez directement de votre compte bancaire au compte bancaire des Anciens par simple transaction.</p> <p>Voici ce dont vous avez besoin:</p> <ol style="list-style-type: none"> 1. un compte courriel pour envoyer votre paiement à rcmpvetsott.treasurer@rogers.com 2. composez la question de sécurité suivante: quel est le nom du chapeau de cérémonie de la GRC? 3. inscrivez la réponse à la question de sécurité dans la case de réponse. La réponse n'est pas sensible aux caractères. <p>VEUILLEZ PRENDRE NOTE que cette adresse courriel est strictement utilisée pour les paiements et n'est pas suivie pour les courriels.</p> <p>Si avez des questions à ce sujet ou toute autre initiative, veuillez nous écrire à vetsottdiv@rogers.com.</p>
<p>Other Payment Options</p>	<p>Autres façons de payer</p>
<p>You can pay at the RGMs held on the second Tuesday of the month or you can mail your cheque made out to</p> <p>The RCMP Veterans' Association, Ottawa Division, P.O. Box 42020, 1200 St Laurent Blvd. Ottawa, ON K1K 4L8.</p> <p>Membership dues are only \$60 per year for active members and \$38 for associate members. You can find the criteria for each category on our website at www.rcmp-grcvetsottawa.ca under Administration.</p> <p>Issues or questions, contact Barry Thomas at barry48@bell.net or phone 613- 752-1980. Thank you.</p>	<p>Vous pouvez payer lors d'une RGM les deuxièmes mardis du mois ou envoyez votre chèque à l'ordre de</p> <p>L'Association des Anciens de la GRC, Division d'Ottawa C.P. 42020, 1200, boul. St-Laurent Ottawa, ON K1K 4L8.</p> <p>La cotisation pour les membres actifs est seulement 60 \$ par année et 38 \$ pour les associés. Vous pouvez trouver les critères pour chaque catégorie sur le site web à www.rcmp-grcvetsottawa.ca sous Administration.</p> <p>Pour toutes questions, communiquez avec Barry Thomas barry48@bell.net ou au 613-752-1980. Merci.</p>



If you require a ride to one of our breakfast, lunch or coffee club meetings, please contact me by email (eastenders@sympatico.ca) or 613-824-4359. If I cannot pick you up myself, I will make arrangements for one of our members to pick you up and return you to your home. If you belong to one of our other clubs, **OR IF YOU WOULD LIKE A RIDE TO THE RGM**, please let me know and I will make arrangements for someone in your area to pick you up and also return you to your home.

Sig Sigurdson

RGM

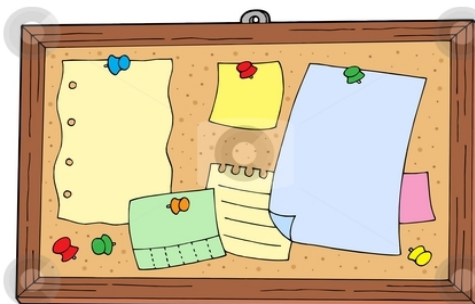
Our RGMs are held on the second Tuesday of each month starting at 7:30 p.m. at the HQ Mess, 73 Leikin Drive. Join us! Your opinion and participation are important!

Nos réunions ont lieu tous les deuxièmes mardis du mois et débutent à 19 h 30 au Mess du QC, 73 Leikin. Joignez-vous à nous! Votre opinion et votre participation sont importantes.

If you need a ride to the RGM, or any other assistance, you can contact the Director of Member Services, Ron Mostrey, at ottawarcmpvetservices@gmail.com or 819-414-0515

Les coordonnées du Directeur, Services aux membres, si vous désirez faire du co-voiturage pour la RGM ou pour tout autre besoin.

We have a variety of tools to keep you informed of all activities and issues of the Ottawa Division; our quarterly publication *The Spirit*, our website rcmp-grcvetsottawa.ca and our *regular electronic bulletins* that you receive by email.



Nous avons une variété d'outils pour vous tenir informé des activités et des enjeux de la Division d'Ottawa; notre publication trimestrielle *The Spirit*, notre site web rcmp-grcvetsottawa.ca et nos *bulletins électroniques réguliers* que vous recevez dans vos courriels.

As a member in good standing, you can expect to receive at least one electronic bulletin every two weeks. If you do not, please contact us at vetsottdiv@rogers.com to ensure that you receive all information bulletins.

En tant que membre en règle, vous pouvez vous attendre à recevoir au moins un bulletin électronique à toutes les deux semaines. Si ce n'est pas le cas, s'il vous plaît contactez-nous au vetsottdiv@rogers.com afin d'assurer que vous recevez tous nos communiqués.

Check our calendar of activities and events regularly at www.rcmp-grcvetsottawa.ca and participate!

Consultez notre calendrier d'activités et d'évènements au www.rcmp-grcvetsottawa.ca et participez!

Sick, hospitalized or shut-in

We would like to pay a cordial visit to any member or veteran who is either sick, hospitalized or shut-in.

We are confirming visitation teams divided into zones - East, West, North and South. Would you like to be a volunteer visitor? It's a wonderful way to brighten someone's day and enjoy the company of a comrade.

Please let us know if you can contribute to one of our visitation teams. Also, if you are aware of anyone who would appreciate a visit, please provide us with their name, phone number and address. We can't visit those whom we do not know are ill or shut-in.

Contact: Ronald Mostrey
Member Services / Services aux membres
ottawarcmpvetservices@gmail.com
819-414-0515

Malade, hospitalisé ou confiné

Nous aimerions rendre visite à tout membre ou vétéran qui est soit malade, hospitalisé ou confiné.

Nous sommes à mettre sur pied des équipes qui seront organisés par secteur - est, ouest, nord et sud. Aimeriez-vous contribuer à cette initiative? C'est une belle façon d'ensoleiller la journée de quelqu'un et de passer du bon temps avec un camarade.

SVP nous aviser si vous pouvez contribuer à une des équipes. Aussi, si vous connaissez quelqu'un qui aimerait une visite, svp nous communiquer leur nom, numéro de téléphone et adresse. Si nous ne savons pas qui est malade, nous ne pouvons leur rendre visite.



COFFEE TIME - LES P'TITS CAFÉS



PERTH

1st Tuesday of the month 9:00 a.m.. " Mr. Victor's Diner" located at 16 Conlon Drive. Directions: When arriving in Perth, proceed to Gore Street, over the bridge, until you come to Cockburn St., then turn right, and proceed to Conlon Drive. At Rogers Road, the street becomes Smith St., ignore this and continue on to Conlon Drive. Victor's is located directly across from the soccer field in a Sports Complex.

EASTENDERS - EST

2nd Monday at 7:45 a.m. and/or 4th Monday at 9 a.m. at Gabriel's, 2160 St Joseph Blvd., in Orleans.

CENTRAL - CENTRE

1st and 3rd Wednesdays of the month 7:30 a.m. at **Dunn's Famous Deli, 2679 Bank Street**, South of Hunt Club across from the cemetery.

WESTENDERS - OUEST

2nd and 4th Wednesdays of the month 10 a.m. at Eggstyle, 790 Kanata Ave, Kanata, next to the Baton Rouge Restaurant.

LES BONS VIVANTS DE GATINEAU - Dîner des retraité(e)s

Dernier jeudi du mois à 11h30 à la Cage aux Sports, 325, boul. Gréber, Gatineau. Bienvenue à tous. Pour information, Réo Belhumeur au 819-669-3493



LES BONS VIVANTS DE GATINEAU - Retirees luncheon

At 11:30 a.m. last Thursday of every month at La Cage aux Sports, 325, blvd. Gréber, Gatineau. For information, call Réo Belhumeur at 819-669-3493.



The Spirit is on line in full colour at www.rcmp-grcvetsottawa.ca under announcement/news. If you prefer to read it online, let us know and your name will be removed from the mailing list.

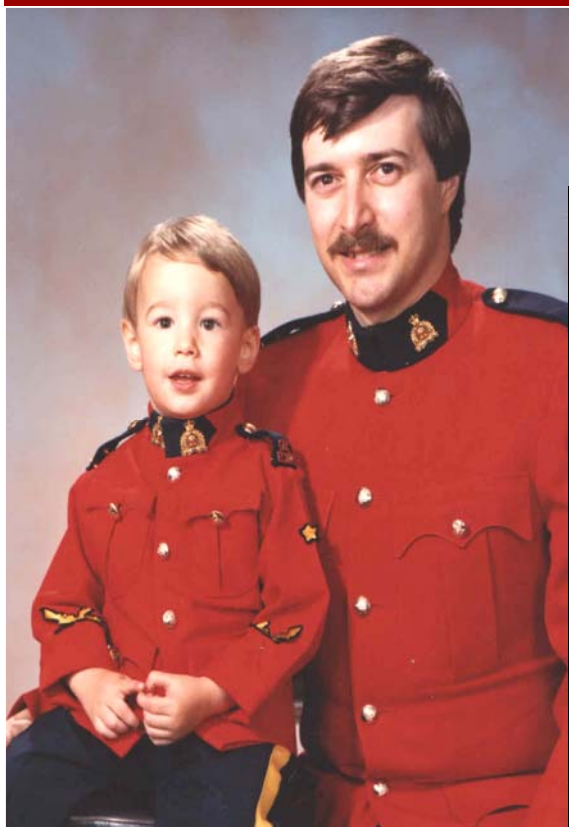
If you prefer the hard copy, your name will be added to the mailing list. You can reach us at spirit.bulletin@yahoo.ca or leave a message at 613-894-4376. Don't forget to let us know if your information changes.



Le "*Spirit*" est en ligne tout en couleur au www.rcmp-grcvetsottawa.ca sous "announcement/news". Si vous préférez le lire en ligne, svp nous aviser afin que votre nom soit retiré de la liste d'envoi.

Si vous préférez la version papier, votre nom sera ajouté à la liste de diffusion. Vous pouvez nous joindre au spirit.bulletin@yahoo.ca ou laissez un message au 613-894-4376. N'oubliez pas de nous aviser de tout changement à vos coordonnées.

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Call Beechwood for the Peace of Mind that Advance Planning Provides...

Join the many members of the RCMP who have already made their final arrangements at Beechwood Funeral, Cemetery, and Cremation Services. Beechwood, in which The RCMP National Memorial Cemetery is located, is situated in a park-like setting of unparalleled beauty in our nation's capital. Advance planning is a caring gift that will give comfort to your loved ones. And for you, locking in today's prices in a way that fits your budget provides peace of mind.

Due to a recent change in provincial legislation, Beechwood is now able to provide a broad choice of commemorative options, including catered receptions, life celebrations, memorial services, and traditional funerals, in addition to cremation services and a wide range of burial options.

Burial in the RCMP National Memorial Cemetery is exclusive to current members of the RCMP, veterans, civilian members, special constables, civilians with 20 years of uninterrupted service and their families.

As well, Beechwood offers special services to honour the memory of RCMP veterans.

This includes placement of an urn or casket on the large, black granite plinth in the Hall of Colours, an area for quiet visitation. Through the Hall's beautiful memorial stained glass window, sunlight shines on the plinth. Application for these special services can be obtained from Beechwood's website at www.beechwoodottawa.ca.

Although Beechwood is a National Historic Site, many people are surprised to learn that it is not publicly funded and operates as a not-for-profit organization. Governed by a volunteer Board of Directors under the able leadership of Chair, Mrs. Grete Hale, and Vice Chair, General (retired) Maurice Baril, it is the only organization of its kind in Ottawa. Many people take comfort in knowing that the money they spend for their remembrances will be used for the perpetual maintenance, preservation and enhancement of the beauty of Beechwood.

Members of the RCMP and their families can receive planning assistance from Beechwood's Certified Pre-Planning Specialists. You can choose all of Beechwood's services or only those that you want. Beechwood's customized, flexible plans can be tailored to your wishes and your budget.

For no-obligation inquiries, or to arrange a no-cost transfer of pre-existing funeral or cremation plans to Beechwood from somewhere else, contact:

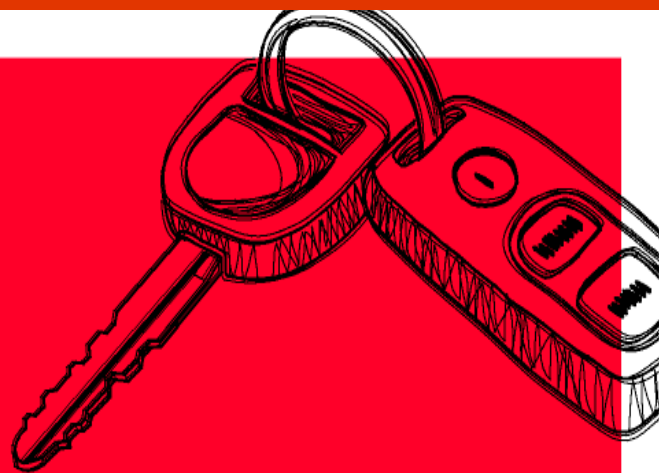
24 HOUR ASSISTANCE
 Toll Free: 866-990-9530 or 613-741-9530
www.beechwoodottawa.ca



This cenotaph was erected in the RCMP National Memorial Cemetery, at Beechwood, Ottawa, to honour the memory of members of the RCMP who gave their lives whilst in the performance of their duty. It was unveiled on June 8, 2014. Over 400 people were in attendance.

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