



# SPIRIT



**RCMP  
VETERANS'  
ASSOCIATION  
Ottawa Division**

**ASSOCIATION  
DES ANCIENS  
DE LA GRC  
Division d'Ottawa**

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Learn how a teenager from a small German town helped save the life of a retired RCMP member from British Columbia, and how a day of golf can help with that fight. See Pages 14 to 17.

## Events - Événements

<b>June / Juin</b>	7 - Perth and District RCMP Veterans Spring Golf Classic 10 - Annual barbecue (12th)/ 12e BBQ annuel 20 - Training and Development Branch Reunion / 23-25 - Sunset Ceremonies / Cérémonies du Crépuscule
<b>Aug. / Août</b>	9 - National Peacekeepers' Day / Journée nationale des Gardiens de la paix
<b>Sept / Sept</b>	11 - RCMP Veterans/Bone Marrow Classic Golf Tournament — Classique de golf de l'Association des Anciens de la GRC/la moelle osseuse Denniston

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# OTTAWA DIVISION DIRECTORY RÉPERTOIRE DE LA DIVISION D'OTTAWA

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Golf Tournament	Michel Pelletier	Tournoi de golf
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RCMP National Memorial Cemetery at Beechwood	Roy Berlinquette	Cimetière commémoratif national de la GRC à Beechwood
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The Spirit (four issues a year) Spring - Summer - Fall - Winter	Le Spirit (quatre numéros par année) Printemps - Été - Automne - Hiver
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# THE SPIRIT

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The Spirit is published by and for the members of the RCMP Veterans' Association, Ottawa Division. Editorial views and opinions expressed in this newsletter are not necessarily those of the Division.

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## PRESIDENT'S MESSAGE DU PRÉSIDENT

Michel Séguin

Well finally, we had an RGM without a raging blizzard!! It took to the month of April to have a meeting that was not impeded by high winds and blowing snow. Thanks to all of you who attended and I hope no one was inconvenienced by the cancellation in March. With the nicer weather we welcome back all of you who wintered elsewhere.

In April we remembered the brave Canadian troops who fought at Vimy Ridge. I had the honour of representing our National President, Al Rivard, at the ceremony held at the National War Memorial on April 9.

This does not compare to the adventure Garth Hampson and his son Brad had as they travelled to Vimy Ridge to attend the ceremonies there. We certainly look forward to hearing about their trip (P. 12).

We have a number of upcoming

events that I encourage all of you to consider. The Musical Ride Presentation for RCMP Veterans' is on May 17. The annual Wives BBQ at Long Island is on June 9 and the Sunset Ceremonies will be held from June 23 to 25. Let's hope the weather co-operates for all the outdoor events.

Eh bien, nous avons enfin eu un RGM sans une menaçante tempête de neige! Il fallut retarder au mois d'avril pour profiter d'une réunion non entravée par de gros vents et des rafales de neige. Merci à tous ceux qui ont assisté et j'espère que personne n'a été gêné par l'annulation en mars. Le beau temps revenu, nous souhaitons la bienvenue à tous ceux qui ont passé l'hiver ailleurs.

En avril, nous avons souligné la bravoure des troupes canadiennes qui ont combattu à la Crête de



Vimy. Le 9 avril, j'ai eu l'honneur de représenter notre président national, Al Rivard, lors de la cérémonie tenue au Monument commémoratif de guerre du Canada.

Cela ne se compare pas à l'aventure que Garth Hampson et son fils Brad ont vécue en se rendant à Vimy pour assister aux cérémonies. Nous espérons bien évidemment entendre parler de leur périple (P.12).

Nous aurons bientôt bon nombre d'événements que je vous encourage tous à considérer. Le Carrousel pour les vétérans de la GRC est présenté le 17 mai. Le BBQ annuel des épouses à Long Island a lieu le 9 juin et les Cérémonies du crépuscule prennent place du 23 au 25 juin. Espérons que la météo collabore pour tous ces événements extérieurs.







New Division Executive members got together for a photo at the April RGM (left to right) Don Harrison – Director Membership and Recruiting; Dave Jeggo – Director Communications; Frances van de Enden – Director Honours and Recognition; Réjean Ouellette – Director Member Services; Greg Fedor – Director Event Planning; Michel Séguin- President, Ottawa Division

## Veterans help out at Musical Ride Open House

Two representatives of the Ottawa Division Veterans' Association took up the challenge to help at the annual Musical Ride Open House and Food Drive on Feb. 25.

George Kaine and Gilbert Bouffard joined other volunteers at the event which collected food and raised money for the Ottawa Food Bank. The day

was a huge success with 8,500 people attending and donating 4,764 pounds of food, as well as raising \$5,096.55.

Event organizer Sean Roche says they would love to have more Veterans at next year's event to help out pointing guests in the right direction, and helping out in the riding school.

The day gives members of the public an opportunity to meet the riders and horses, to take a tour of the riding school and to see police displays and demonstrations.



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## LAST POST - DERNIÈRE SONNERIE

REG. NO. RÉG.	NAME - NOM	DATE	PLACE / ENDROIT
15208	TRAYNOR, Austin Eugene "Gene"	April 24	Ottawa, ON
	WRIGHT, Peter	April 19	Tswassen, BC
34842	KNUDTSON, Jason Gordon	April 16	Canmore, AB
C/075	ALLARD (nee Gravel), Marie Rachel (Civilian Member of RCMP Security Service)	April 15	Sudbury, ON
22310	McMARTIN, Richard W.	April 7	Westlock, AB
19039	JEUROND, Roland J. "Jeff"	April 5	Aylmer, QC
42842	MASSÉ, Ghislain	2 avril	St. Jérôme, QC
14803	DUCHESNEAU, Raymond	1 avril	St.-Anne-de-Bellevue, QC
33582	GODIN, Peter G.	April 1	Ottawa, ON
22911	BROWN, Bob Albert Ken	March 26	Chilliwack, BC
19159	GRAHAM Francis Robert 'Frank'	March 21	Charlottetown PEI
21956	GODIN, Aldore Homer	March 20	Toronto, ON
20349	STARK, Cliff William G.	March 15	Ottawa, ON
23924	HUGGINS Ronald Wayne	March 15	Saskatoon, SK
31468	ROGERSON, Robert Bruce	March 14	Fredericton, NB



## LAST POST - DERNIÈRE SONNERIE

REG. NO. RÉG.	NAME - NOM	DATE	PLACE / ENDROIT
19318	DREWE, Derek Coleman	March 11	Port Alberta, BC
	ECKER, Eileen (spouse of the late Cpl. Louis Ecker)	March 10	Ottawa, ON
25643	HOLDRIGHT, Roger Erroll	March 8	Ottawa, ON
57789	DUBUC, Richer E.S. ( killed in an on-duty motor vehicle accident)	March 7	Sainte-Bernard-de-Lacolle, QC
28836	RENAUD, J.V. Richard "Rick"	March 3	Ottawa, ON
41257	WALLIS, Rolly	March	Abbotsford, BC
48227	SWINIMER (PATEY), Amanda (serving Member at time of death)	Feb. 28	Lunenburg, NS
19673	OSTASH, Harvey Eldon Peter	Feb. 27	Pinawa, MB
	ANDERSON, Diane Elizabeth spouse of Insp. Alan Anderson (Ret.)	Feb. 21	Ottawa, ON
26424	MacGREGOR, Darrell	Feb. 19	Medicine Hat, AB
18440	DILLABAUGH, Derlin Clifford	Feb. 19	Ottawa, ON
21590	MacPHERSON, Gordon Roy	Feb. 17	Okotoks, AB
	MacMILLAN, Aija (Senior CPIC software designer)	Feb. 13	Ottawa, ON
15007	LAWRENCE, Charles "Chuck" Virtue	Feb. 13	Almonte, ON
27862	MURPHY, Michael Valentine	Feb. 12	Qualicum, BC
15762	JOHNSON, Harry	Feb. 11	Penticton, BC
18141	HOOPER, Donald Elwood "Woody"	Feb. 11	Ottawa, ON
	POWER, Dolores "Doe" (spouse of S/Sgt. Michael F. Power)	Feb. 7	Ottawa, ON
18306	FRASER, Alexander 'Sandy'	Feb. 5	Prince George, BC



# THE SPIRIT



## LAST POST - DERNIÈRE SONNERIE

REG. NO. RÉG.	NAME - NOM	DATE	PLACE / ENDROIT
	COUILLARD, Brenda Vivienne ,	Feb. 5	Ottawa ON
	YOUNG, Violet "Molly" (Retired RCMP employee)	Feb. 5	Ottawa, ON
15573	MOORE, Roger Eugene	Feb. 4	Saskatoon, SK
20379	PELECHATY, Edward	Feb. 3	Dauphin, MB
25478	PAISLEY, Duncan Stuart	Jan. 31	Manotick, ON
17581	COOLEY, James "Jim" Wilbert	Jan. 29	Arnprior, ON
	WAKE, Elizabeth Anne (spouse of the late Cst. James Wake who died in 1989)	Jan. 26	Ottawa, ON
29902	BELL, Gregory John	Jan. 21	Cornwall, ON
18461	STURROCK, Bruce David	Jan. 18	Camrose AB
40692	YOUNG, Joseph Mathieu Ronald	Jan 3	Gatineau, QC
19855	HAMM, Arthur Henry	Dec. 31	Nanaimo, BC
	ADOLPH, Noreen Margaret (wife of Norman Adolph	Dec. 29	New Westminister, BC
	ADAMS, Douglas Kenneth (Retired civilian employee)	Dec. 18	Kamloops, BC
15283	FISHER, Ian David	Dec. 14	Victoria, BC

### Perth Annual Golf Classic

It is again time for the annual Spring Golf Classic in Perth. Please join us June 7.

Traditionally the day starts at 9 a.m. with breakfast at Mr. Victor's Restaurant, 16 Conlon Dr., Perth. After breakfast the classic golf game will take place at the Blue Heron Golf Club in Lanark.

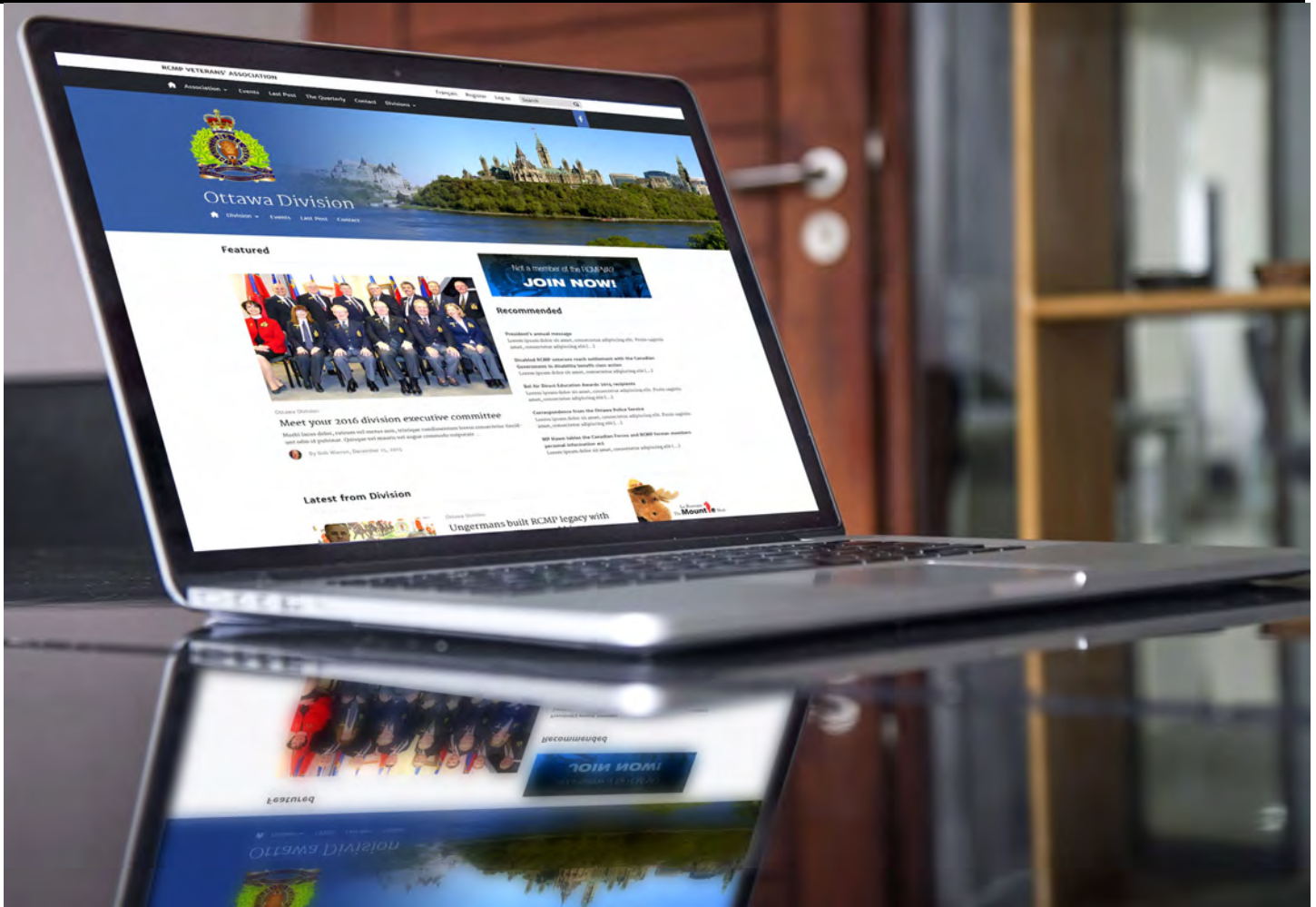
During the breakfast, there will be a draw for a free breakfast, and a 50/50 draw. After the golf game

participating golfers will each receive a gift and a slice of Marlene's delicious carrot cake.

The only rules are to relax and enjoy the day. Looking forward to seeing everyone!

*Information submitted by Bill Irwin and Ed Rockburne. For details contact Bill at 613-267-9972*





## Ottawa First of 30 Divisions to Integrate into the Association's National Website!

If you have not already found your way to the up graded (National) Association website, or our new Ottawa Division webpage, integral to the site, you will find them at:

- [rcmpva.org](http://rcmpva.org)  
and
- [ottawa.rcmpva.org](http://ottawa.rcmpva.org)

In fact, on navigating to either of these web addresses, you will find a feature article that chronicles the Association's three-phase website revitalization program which began immediately following the 2015 Annual General Meeting (AGM) in Quebec City and culminated in the launch of the national site in May 2016. Our Ottawa Division 'went live' on February 27. Stay tuned for an update from our Director of Communication, Dave Jeggo, on

the log-in protocol for our Members Only page.

As the saying goes, 'we've only just begun'!

Phase three of work to follow, in partnership with Gambit IT Solutions, will bring e-commerce capability. As an example, future members will be able to join the Association and we will all be able to renew membership and pay dues on line. Rumour has it that there's a move afoot to have the RCMP Quarterly Integrated into the National site and to eventually incorporate the cost of subscription into our annual dues, as is the case with the Royal Canadian Legion.

There is a back-story to all of this. And it is truly in favour of members of Ottawa Division. Here are the members of your Division, in alphabetical order, that have had – and still have - 'skin in the game':





Gaillard, Mark – Executive Director, RCMP Veterans Association

Jeggo, Dave – Director of Communications

Muir, Graham – Co-Chair National Website Subcommittee, with Bryan Neville

Rivard, Al – President, RCMP Veterans Association

Sarault, Suzanne – former Director of Communications

Walkling, Gary – Webmaster

*Graham Muir*

*Co-Chair, National Website Subcommittee*



## Ottawa – la première des 30 divisions à intégrer le site internet national de l'Association!

Si vous n'avez pas déjà découvert la version améliorée du site Web (national) de l'Association, ou notre nouvelle page Web de la Division d'Ottawa, partie intégrale de ce site, vous pourrez les trouver à :

- [rcmpva.org](http://rcmpva.org) et
- [ottawa.rcmpva.org](http://ottawa.rcmpva.org) (site internet anglais uniquement)

En fait, en navigant à l'une ou l'autre de ces adresses internet, vous trouverez un article vedette qui dresse le portrait du programme triphasé de revitalisation du site internet de l'Association ayant débuté immédiatement après l'assemblée générale annuelle (AGA) qui a pris place dans la ville de Québec en 2015 et qui a résulté au lancement du site national en mai 2016. Le

site de notre division d'Ottawa est entré vigueur le 27 février. Restez à l'écoute pour une mise à jour de notre directeur de communication, Dave Jeggo, concernant le protocole de connexion pour notre page 'members only'

Comme le dit le proverbe, 'Nous venons à peine de commencer'! L'élaboration de la phase trois, en partenariat avec Gambit IT Solutions, offrira la capacité de faire du commerce électronique. Par exemple, les futurs membres pourront joindre l'association et nous pourrions renouveler notre adhésion et payer notre cotisation en ligne. La rumeur veut qu'on envisage d'intégrer la revue La Trimestrielle au site internet national, et éventuellement incorporer le coût de cet abonnement dans nos cotisations annuelles, comme c'est le cas avec la Légion royale canadienne. Mais il y a une toile de fond à tout cela. Et c'est véritablement en faveur des membres de la division d'Ottawa. Voici les membres de votre division, en ordre alphabétique, qui ont eu - et ont toujours - une implication personnelle.

M. Mark Gaillard – Directeur exécutif, Association des vétérans de la GRC

M. Dave Jeggo – Directeur des communications

M. Graham Muir – Coprésident du sous-comité du site internet national, avec M. Bryan Neville

M. Al Rivard – Président de l'Association des vétérans de la GRC

Mme. Suzanne Sarault – Ancienne directrice des communications

M. Gary Walkling – Webmestre

*M. Graham Muir*

*Coprésident du sous-comité du site internet national*

## On line - En ligne

Photos taken at various events are on line on the Members Only page. Our website - and especially the Members Only page - is constantly updated the latest information, photos and a calendar of events.

Vous pouvez visionner les photos des événements sur notre site web à l'onglet "Members only". Le site web - et particulièrement la page "Members Only" est mis à jour régulièrement avec les dernières informations, les photos et le calendrier des événements.



Services funéraires, cimetière et crémation  
**BEECHWOOD**  
Funeral, Cemetery and Cremation Services



## **Stay tuned for an historic event being planned for September 23, 2017**

### **Lighting of the Memorial Flame at the RCMP National Memorial Cemetery at Beechwood commemorating our members who served Canada and their families**

A ceremony is being planned to light the memorial flame, the latest addition at the site.

The memorial flame will be used during special events, parades and funerals. The memorial flame is surrounded by two black granite columns; one holds on its pinnacle a marble globe representing Canada's contribution to international policing; the second holds a bronze statue of Lady Justice as a feature linking police to the democratic system of justice in our country.



All the details will be posted on the relevant websites. The event is being organized by the RCMP Veterans' Association, Ottawa Division; the Beechwood Funeral, Cemetery and Cremation Services and the Royal Canadian Mounted Police.



Services funéraires, cimetière et crémation  
**BEECHWOOD**  
Funeral, Cemetery and Cremation Services



## **Restez à l'écoute pour un événement historique prévu le 23 septembre 2017**

**Allumage de la flamme commémorative  
au Cimetière commémoratif national de la GRC à Beechwood  
afin de commémorer nos membres  
qui ont servi le Canada ainsi que leurs familles**

Une cérémonie est en voie de planification pour allumer la flamme commémorative, le dernier ajout sur le site.

La flamme commémorative sera utilisée lors d'événements spéciaux, de défilés et de funérailles. La flamme commémorative est entourée de deux colonnes de granit noir; une tient sur son pinacle un globe de marbre représentant la contribution du Canada à l'action policière internationale; la deuxième colonne détient une statue en bronze de la Justice comme caractéristique reliant les services de police au système démocratique de la justice dans notre pays.



Les détails seront affichés sur les sites internet pertinents. L'événement est organisé par l'Association des Anciens de la GRC ; les Services funéraires, cimetière et crémation Beechwood et la Gendarmerie royale du Canada.





The Canadian delegation at the Vimy Monument

## Canadian tribute at Vimy

*RCMP Ottawa Division Veteran Garth Hampson and his son S/Sgt. Brad Hampson of Ottawa City Police, had always planned to be at Vimy, France for the 100<sup>th</sup> Anniversary of the April 9, 1917 battle. Their tickets were booked. A month before they were to leave, they were advised they had been chosen to be part of the Canadian delegation and that Veterans' Affairs would be covering the cost of their trip. Garth put together a very personal account of their trip.*

From my earliest days I remember the war time stories told by my father, Sid Hampson, growing up in Moose Jaw. I visualized him trudging through mud and slush, having to deal with rats and lice as he and his colleagues waited in trenches and tunnels at Vimy, for the Easter weekend of April 9, 1917.

Dad had already been at the front from early 1915 and had witnessed the deaths of many close friends who had joined up with him in Moose Jaw. As a child

he taught me songs that he had learned at the front, songs that the troops sang to relieve boredom. He even recalled hearing the enemy troops singing patriotic songs across the narrow strip of "No man's land".

April 9 has always been a special day in our family, as we remember that day that Canada became a nation unto itself. Canadian troops stood as victors on the Battlefield in France where none of the other great powers had been able to achieve success.

Although most of my family have visited Vimy, it was always a constant thought that I would want to be there for the actual Centennial, in April of 2017.

Veterans Affairs was putting together a special delegation to represent Canadian Veterans and my son Brad and I were chosen to attend.

On April 4, we gathered at the Ottawa International Airport to meet and get to know all the others who





had come from across Canada to make the trip. We met so many whose fathers before them had made such great contributions in the Field of Battle in WWI. Cy Peck's son sat across the aisle from us on the flight over and showed us the book about his father, who had won a Victoria Cross, a DSO, amongst other honours.

We arrived at Lille, France which was to become home for the week. The itinerary, although rather hectic, was one that no one would have wanted changed. Every day was special, filled with visits to ceremonies honouring Canadians at Arras and Ypres. The cemeteries at Cabaret Rouge and Tyne Cot, where we witnessed the graves of many thousands killed in battle, made a lasting impression on everyone. Many appreciated the selection of tunes that Brad played as we paraded through the rows of grave markers. For me to actually sing "Flanders Fields" in Flanders, surrounded by graves of those "Known only unto God" was so very special.

Our family had lost an uncle shortly after the Battle of Vimy Ridge and he was buried in a small cemetery at Villers Station, not on our itinerary. Fortunately, with the large RCMP contingent present, I prevailed upon Sgt. Martin Kohonen to break away from the group to make the short journey to visit my uncle's grave.

It was another sunny day, Martin wore his red serge, Brad played his pipes and we decorated the graves of three soldiers in this lovely quiet cemetery in the French countryside. As well as visiting the grave of Uncle Jack, we visited the grave of my Dad's best friend, Arthur Taylor, as well as Percival Molson who came from a prominent Montreal family.

Another highlight for Brad and I was attending the dedication of the monument at Hill 70 at Lens, a few kilometres from Vimy. This was a battle that resulted in five Victoria Crosses for Canada, taking place in July 1917 with great sacrifices of men.

One of the most poignant parts of the journey was attending the Aboriginal Sunrise service at the Vimy Memorial on April 8. It was a day of special meaning, not just for our Aboriginal community but for everyone in attendance. We all came away with special thoughts and much gratitude for the spiritual inspiration of the Elders



Garth and his son Brad at the Vimy Cemetery

*Information and photos provided by: Garth Hampson*



## How a mouth swab can save a life half-way round the world

*This story is dedicated to Susanne Ruhle, from the German village of Kobern-Gondorf who, at 21, was diagnosed with a rare form of leukemia. As a last resort Susanne was advised to try a bone marrow transplant and every eligible person in her village was tested. No suitable match was found and Susanne died on Dec. 24, 2009. What connection does this story have with the RCMP Veterans' Association?*

Ric Hall and John Gould were stationed together in Surrey Detachment in the early 1990s, but their paths did not cross again until 2016 when the Vancouver Division of the RCMP Veterans' Association, in conjunction with the Bruce Denniston Bone Marrow Society, were putting together an educational video for members of the RCMP to show how a simple mouth swab can be the start the journey to save a person's life through a bone marrow transplant.

John Gould is a living example of how that happens. He was diagnosed with an extremely rare form of blood cancer, Waldenstrom's Macroglobulinemia, which is a treatable, but not a curable, cancer. He underwent a bone marrow transplant from a German donor, and it saved his life.

In 2008 John was retiring from Langley Detachment after 27 years of service. While recovering from another injury he was diagnosed with blood cancer that had progressed to the point that he needed chemotherapy. After eight rounds of chemo, he was given a life expectancy of three years. His last resort was a bone marrow transplant.

Family members were not a match, nor could a match be found in the Canadian Bone Marrow Registry. Assistant Commissioner Wayne Rideout, a friend and former colleague, initiated a provincial Force-wide bone marrow drive, where members of the RCMP were voluntarily tested in hopes of finding a match. When no match was found, John's information was entered into the International Bone Marrow Registry and he continued with treatments to slow the disease, in hopes of finding a match.

Approximately four months later, the Vancouver

General Hospital (VGH) Bone Marrow Transplant Unit (BMT) advised John that a good match was found from a donor in West Germany. The transplant would be done immediately.

John's donor lived in Kobern-Gondorf and was one of more than 1,503 people who provided samples in the attempt to find a suitable match for Susanne. All those samples were entered into the International Bone Marrow Registry. They found a match! Both men, thousands of kilometres apart, began to prepare for the harvesting and transplant surgery. John received eight rounds of "high dose chemotherapy" which killed all the cancer cells in his body and left him with no immune system. A courier flew to Germany to escort the bone marrow (Stem cells) back to Vancouver, with the "gift of life" landing at YVR at 2:00 am Sept. 29, 2010. By 2:45 am, John was receiving his life-saving transplant.

He was very ill following the transplant and for weeks battled life-threatening viruses. Even after his release from hospital he received daily I.V. treatments. He estimates he has been back to VGH well over 600 times since his transplant.

About two years after his surgery John developed Graft-Versus-Host-Disease (GVHD), which is caused by the rejection of the donor's, and his, cells. It can impact different regions of the body and for John it is his eyes, lungs, skin and mouth. As a result John has had five eye surgeries and to see he wears prosthetic lenses developed at the Boston Eye Institute.

John's leukemia is in remission, but he requires medication and suffers the effects of the GVHD. He says, "Life is good! Certainly better than the alternative, considering I was given three years to live."

In 2014, John wanted to learn more about the person who saved his life. The German Red Cross contacted the donor, and with the donor's permission, John was provided with his contact information.

Sebastian Obermeier, a 19-year-old high school student from a small West German village, was John's donor. There was some challenges connecting, but eventually the two began an email exchange.



# THE SPIRIT

Sebastien later told John he could not have lived with himself if, knowing he could have saved someone's life, he did not follow through.

In May 2016, at his daughter's wedding, John realized that, without Sebastian, he would not be experiencing the thrill and honor of walking his daughter down the aisle. He decided he wanted to meet Sebastian.

In July John flew Sebastian to Canada, there he stayed with John and his wife for a month. John had already agreed to assist in the Vancouver Division project to encourage bone marrow testing and donation, and a decision was made to leverage Sebastian's visit for an educational video for RCMP members.

The first meeting between John and his now 25-year-old donor, at Vancouver International Airport, was recorded by the RCMP Forensic Identification Section. The video includes additional interviews and a demonstration by a serving RCMP member on how to provide a simple cheek swab for a DNA sample for testing.

When Sebastian visited John in Canada he was taken on a motorcycle trip to the BC interior; had a tour through the RCMP Air One helicopter hanger and aircraft; a cruise on the RCMP Pacific Coastal Patrol Catamaran "Higgitt"; a meeting with the Police Service Dog section; a visit through the VPD horse stables at Stanley park and tours of Green Timbers RCMP headquarters and Langley Detachment. The RCMP Veterans' Association presented Sebastian with a plaque in appreciation for his generosity. John presented Sebastian with a gift dear to his heart; his RCMP issued Red Serge and Stetson. Sebastian has it mounted in a display case in his home in Germany. John says Sebastian is like a son to he and his wife, and Sebastian thinks of them as his "second parents". The two families met online via Skype for more than an hour and John and his wife have been invited to the Obermeier home in Germany. Of course, the Obermeier's have an open invitation to visit Canada and Sebastian is planning another trip this summer. This story would never have been possible had it not been for the unfortunate circumstances surrounding the life battle of Susanne Ruhle. John will write to



Susanne's parents to inform them of efforts to educate the public in Canada regarding bone marrow/stem cell awareness and to let them know their daughter's life has affected people around the world.. "Without Susanne," John says, "I would not have had the opportunity to walk my daughter down the aisle; witness my son's wedding nor enjoyed the birth of my two grandsons. I owe my life to this young girl. I dedicate this drive to Susanne."

*Information and Photos provided by: Ric Hall and John Gould*

Used with the permission of the RCMP Veteran's Association Vancouver.

*For space reasons this article has been edited. If you would like to see the whole version, and all the photographs, see*

<http://www.rcmpveteransvancouver.com/bone->





**SAVE the DATE**

**RCMP VETERANS/  
DENNISTON BONE MARROW  
GOLF CLASSIC**

Hylands Golf Club | 2101 Alert Rd, Ottawa, ON  
Monday, September 11<sup>th</sup>, 2017  
Shot gun tee-off 1pm  
Check-In Time: 11:30am - 12:45pm  
\$150 per person  
\$115 per person (Hylands Golf Club members)

Registration will open June 15<sup>th</sup> 2017 at [dennistonsocietyottawa.org](http://dennistonsocietyottawa.org)



**RÉSERVEZ la DATE**

**CLASSIQUE DE GOLF DES ANCIENS  
DE LA GRC/LA MOELLE  
OSSEUSE DENNISTON**

Le Club de golf Hylands | 2101, chemin Alert, Ottawa, ON  
Lundi 11 septembre 2017  
Départs simultanés à 13h  
Enregistrement de 11h30 à 12h45  
150 \$ par personne  
115 \$ par personne (membres du Club de golf Hylands)

Inscriptions à partir du 15 juin 2017 au [dennistonsocietyottawa.org](http://dennistonsocietyottawa.org)





A donation on behalf of the RCMP Veterans'/Denniston Bone Marrow Golf Classic was made to RCMP National Memorial Cemetery at Beechwood. Among those at the presentation (left to right) were Michel Pelletier, the tournament's co-chair for the RCMP Veterans' Ottawa Division, and Division President Michel Séguin, with Roger Boulton, President and Executive Director, Beechwood Cemetery Company and Beechwood Cemetery Foundation, and Roy Berliquinette, liaison for the RCMP National Memorial Cemetery

The donation on behalf of The RCMP Veterans'/Denniston Bone Marrow Golf Classic held on the 12<sup>th</sup> September 2016

If you are curious about how a bone marrow transplant can change, or even save, someone's life, please read the story of retired RCMP Member John Gould on P. 15/16  
John's life was saved by a donation from a German teenager — whom he had never met!



Photo by /par :  
Gary Walkling



(L>R) Michel Pelletier (Co-Chair RCMP Veterans' Ottawa Division), Margaret Miedema (Director Fundraising & Development, Canadian Blood Services), Garry Stearns (Co-Chair BDBMS Ottawa Chapter)





At the February RGM, CSM Al McCambridge (pictured above with President Michel Séguin ) made a presentation on the new generational insignia. (Left) President Séguin welcomed the new Division Chaplain, André Bigras, (Reg. # 41608).



Membership Director Don Harrison, Mr Bigras and President Séguin were joined by new members Joanne White (Reg. #41533) and Rochelle Patenaude (Reg. # 41069).



President Séguin welcomes new Association member Roger Ferand (Reg. # 38191) at the April RGM.



**RCMP POLICE**

FRONT ROW, *left to right*: Bryon Sutcliffe, Paul Saulnier, Herb Goldstein, Gerry Jolicoeur, Dave Larabie, Barry Melanson, Dave Bishop.

BACK ROW, *left to right*: Norm Inkster (*Coach*), Larry Lafleur, Dave Murnaghan, Ron Yaworski, Bob Bingham, Bob Mitchell, Lynn Dionne, Murray Milne (*Trainer*), Dave Sandey.

### Clarification

The photo, left, appeared in the Fall 2016 Edition of the Spirit. Dave Larabie advises that he is fairly sure the sweater in question was worn in 1973 and the team name was the RCMP Centennials. Dave says he never had professional hockey considerations and, after graduating from Junior hockey, he attended college and joined CSIS in 1971.



## EDUCATION AWARDS PROGRAM

The Ottawa Division is pleased to announce the launching of its 2017 Education Award Program. This initiative is sponsored by **belairdirect** and it consists of six \$1,000 education awards.



## PROGRAMME DE BOURSES D'ÉTUDES

La Division d'Ottawa est heureuse d'annoncer le lancement de son programme de bourses d'études 2017. Cette initiative est commanditée par **belairdirect** et se compose de six bourses d'étude de 1,000 \$.

**Submission dates: May 15th - July 15th, 2017**  
Detailed information and application form at [rcmp-grcvetsottawa.ca](http://rcmp-grcvetsottawa.ca) under **Administration**.

**Dates de soumission: du 15 mai au 15 juillet 2017**  
Toutes les informations et le formulaire de demande sur notre site web [rcmp-grcvetsottawa.ca](http://rcmp-grcvetsottawa.ca) sous **administration**.

**Ron Lewis, 613-837-4540**



Gary Morton, one of the staff arrangers for the RCMP Band, dug up this photo recently and shared it with Garth Hampson. Garth says the photo shows how involved the RCMP Band was working with young people on major fundraisers in Ottawa. This photo, shows the group involved in the Sounds & Saddles program held at the Civic Center in 1983. Garth says they auditioned more than 250 young singers and dancers for a three-performance run. The RCMP Band organized the entire event, which raised funds for CHEO and was attended by thousands. In addition to the Band performance and the show with the children, there was a performance of service dogs, the Musical Ride and Safety Bears from across the country. Many thought the production was financed by the RCMP but, as the organizer, Garth says production costs were paid upfront by CHEO because it was confident the shows would make money, and they did. A second Sounds & Saddles was produced, in 1986 with monies raised going to CHEO. Garth is in blue and kneeling in the second row.

*Information and Photo from: Gary Morton and Garth Hampson*





## Clearwater Reunion

On March 2, a gathering of the clan took place at Sand Key Park in Clearwater, Fla. A dedicated group of volunteers have been organizing this annual picnic for some 20 years. It's a "come as you are" event for any and all RCMP Veterans vacationing down south. This year, an estimated 50 to 60 attended the picnic at the pavilion at Sand Key. Veterans originated largely from Ontario, Nova Scotia, Quebec and New Brunswick and they travelled from their vacation spots and winter homes to renew old friendships, start new ones and share stories. It was truly a case of "five degrees of separation" (or less) when meeting other members. You might not know each other, but within a few minutes, you always quickly found that you each had friends in the Force in common. A 50/50 draw was held to raise money for the deposit to book the pavilion for next year. The location is secured again and the tradition will continue in the winter of 2018. A sincere thanks to the organizers for making the effort to arrange this fun event once again. It was a huge success and is sure to be that again, next year.



*Information and photos provided by:  
Ralph Mahar*



## Membership dues for 2017

Membership fees for 2017 were due on December 31, 2016. The fees are \$60 for Members and \$38 for Associate Members.

As approved at DEC and discussed at the RGM in December, members who pay their dues from January 1 on, are charged a \$10 administration fee. As of March 15, the Ottawa division communication products such as the Spirit and our regular electronic information bulletins will be suspended for those who have not paid their 2017 dues.

Your timely payment is essential to help us plan and budget for a year of activities. We also hope to alleviate the work of DEC members who have to deal with dues in arrears throughout the year. Thank you.

## Frais de cotisation pour 2017

Les frais de cotisation devaient être payés au 31 Décembre. Les taux sont les memes que l'an passé soit 60 \$ pour les membres et 38 \$ pour les membres associés.

Tel qu'approuvé par DEC et discuté à la RGM en décembre, des frais d'administration de 10 \$ sont appliqués pour ceux et celles qui paient leur cotisation à compter du 1er janvier. Au 15 mars 2017, les produits de communications de la division d'Ottawa tels que le Spirit et les bulletin d'information réguliers seront suspendus pour ceux et celle qui n'auront pas payé leur frais de cotisation pour 2017.

Votre paiement en temps opportun est essentiel pour la planification et la budgétisation des activités pour l'année. Aussi, nous espérons alléger le travail des membres du Comité exécutif qui doivent gérer les retards de paiement tout au cours de l'année. Merci.

### Fast and easy way to pay annual dues!

You can pay your annual dues via e-transfer payments! Pay your dues directly from your bank account to the Veterans' bank account in a simple transaction.

You will require the following three things:

1. account email address to send payment to [rcmpvetsott.treasurer@rogers.com](mailto:rcmpvetsott.treasurer@rogers.com)
2. enter the following security question: What is the RCMP ceremonial hat called?
3. enter the answer to the security question in the answer field. The answer is not case sensitive.

You can pay at an RGM on every second Tuesday of the month or you can mail your cheque made out to  
The RCMP Veterans' Association, Ottawa Division,  
P.O. Box 42020, 1200 St Laurent Blvd.  
Ottawa, ON K1K 4L8.

If you have questions on this or any other issue, please email us at [vetsottdiv@rogers.com](mailto:vetsottdiv@rogers.com) or call Don Harrison, Director of Membership at 613-235-5716.

### Façon rapide de payer votre cotisation!

Payez votre cotisation annuelle par virement électronique directement de votre compte bancaire au compte bancaire des Anciens en une transaction.

Voici ce dont vous avez besoin:

1. un compte courriel pour envoyer votre paiement à [rcmpvetsott.treasurer@rogers.com](mailto:rcmpvetsott.treasurer@rogers.com)
2. composez la question de sécurité suivante: quel est le nom du chapeau de cérémonie de la GRC?
3. inscrivez la réponse à la question de sécurité dans la case de réponse. La réponse n'est pas sensible aux caractères.

Vous pouvez payer lors d'une RGM les deuxièmes mardis du mois ou envoyez votre chèque à l'ordre de  
L'Association des Anciens de la GRC, Division d'Ottawa  
C.P. 42020, 1200, boul. St-Laurent  
Ottawa, ON K1K 4L8.

Si avez des questions à ce sujet ou toute autre initiative, veuillez nous écrire à [vetsottdiv@rogers.com](mailto:vetsottdiv@rogers.com) ou téléphonez Don Harrison, Directeur de l'Adhésion au 613-235-5716.





If you require a ride to an Eastender breakfast, lunch or coffee club meeting, please contact me by email ([eastenders@sympatico.ca](mailto:eastenders@sympatico.ca)) or 613-824-4359. If I cannot pick you up myself, I will make arrangements for one of our members to pick you up and return you to your home. If you belong to one of our other clubs, **OR IF YOU WOULD LIKE A RIDE TO THE RGM**, please let me know and I will make arrangements for someone in your area to pick you up and also return you to your home.

Sig Sigurdson

## RGM

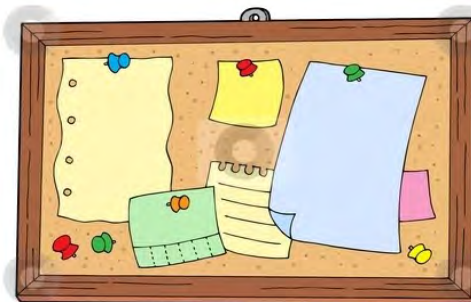
Our RGMs are held on the second Tuesday of each month starting at 7:30 p.m. at the HQ Mess, 73 Leikin Drive. Join us! Your opinion and participation are important!

Nos réunions ont lieu tous les deuxièmes mardis du mois et débutent à 19 h 30 au Mess du QC, 73 Leikin. Joignez-vous à nous! Votre opinion et votre participation sont importantes.

If you need a ride to the RGM, or any other assistance, you can contact the Director of Member Services, Réjean Ouellette at [ottawarcmpvetservices@gmail.com](mailto:ottawarcmpvetservices@gmail.com) or 613-745-5058

Les coordonnés du Directeur, Services aux membres, si vous désirez faire du co-voiturage pour la RGM ou pour tout autre besoin.

We have a variety of tools to keep you informed of all activities and issues of the Ottawa Division; our quarterly publication *The Spirit*, our website [rcmp-grcvetsottawa.ca](http://rcmp-grcvetsottawa.ca) and our **regular electronic bulletins** that you receive by email.



Nous avons une variété d'outils pour vous tenir informé des activités et des enjeux de la Division d'Ottawa; notre publication trimestrielle *The Spirit*, notre site web [rcmp-grcvetsottawa.ca](http://rcmp-grcvetsottawa.ca) et nos **bulletins électroniques réguliers** que vous recevez dans vos courriels.

As a member in good standing, you can expect to receive at least one electronic bulletin every two weeks. If you do not, please contact us at [vetsottdiv@rogers.com](mailto:vetsottdiv@rogers.com) to ensure that you receive all information bulletins.

En tant que membre en règle, vous pouvez vous attendre à recevoir au moins un bulletin électronique à toutes les deux semaines. Si ce n'est pas le cas, s'il vous plaît contactez-nous au [vetsottdiv@rogers.com](mailto:vetsottdiv@rogers.com) afin d'assurer que vous recevez tous nos communiqués.

Check our calendar of activities and events regularly at [www.rcmp-grcvetsottawa.ca](http://www.rcmp-grcvetsottawa.ca) and participate!

Consultez notre calendrier d'activités et d'événements au [www.rcmp-grcvetsottawa.ca](http://www.rcmp-grcvetsottawa.ca) et participez!

### Sick, hospitalized or shut-in

We would like to pay a cordial visit to any member or veteran who is either sick, hospitalized or shut-in.

We are confirming visitation teams divided into zones - East, West, North and South. Would you like to be a volunteer visitor? It's a wonderful way to brighten someone's day and enjoy the company of a comrade.

Please let us know if you can contribute to one of our visitation teams. Also, if you are aware of anyone who would appreciate a visit, please provide us with their name, phone number and address. We can't visit those whom we do not know are ill or shut-in.

**Contact: Réjean Ouellette**  
**Member Services / Services aux membres**  
**ottawarcmpvetservices@gmail.com**  
**613-745-5058**

### Malade, hospitalisé ou confiné

Nous aimerions rendre visite à tout membre ou vétéran qui est soit malade, hospitalisé ou confiné.

Nous sommes à mettre sur pied des équipes qui seront organisés par secteur - est, ouest, nord et sud. Aimerez-vous contribuer à cette initiative? C'est une belle façon d'ensoleiller la journée de quelqu'un et de passer du bon temps avec un camarade.

SVP nous aviser si vous pouvez contribuer à une des équipes. Aussi, si vous connaissez quelqu'un qui aimerait une visite, svp nous communiquer leur nom, numéro de téléphone et adresse. Si nous ne savons pas qui est malade, nous ne pouvons leur rendre visite.



## COFFEE TIME - LES P'TITS CAFÉS



### PERTH

1st Tuesday of the month 9:00 a.m.. " Mr. Victor's Diner" located at 16 Conlon Drive. Directions: When arriving in Perth, proceed to Gore Street, over the bridge, until you come to Cockburn St., then turn right, and proceed to Conlon Drive. At Rogers Road, the street becomes Smith St., ignore this and continue on to Conlon Drive. Victor's is located directly across from the soccer field in a Sports Complex.

### EASTENDERS - EST

2nd Monday at 7:45 a.m. and/or 4th Monday at 9 a.m. at Gabriel's, 2160 St Joseph Blvd., in Orleans.

### CENTRAL - CENTRE

1st and 3rd Wednesdays of the month 7:30 a.m. at **Dunn's Famous Deli, 2679 Bank Street**, South of Hunt Club across from the cemetery.

### WESTENDERS - OUEST

2nd and 4th Wednesdays of the month 10 a.m. at Eggstyle, 790 Kanata Ave, Kanata, next to the Baton Rouge Restaurant.

### LES BONS VIVANTS DE GATINEAU - Dîner des retraité(e)s

Dernier jeudi du mois à 11h30 à la Cage aux Sports, 325, boul. Gréber, Gatineau. Bienvenue à tous. Pour information, Réo Belhumeur au 819-669-3493



### LES BONS VIVANTS DE GATINEAU - Retirees luncheon

At 11:30 a.m. last Thursday of every month at La Cage aux Sports, 325, blvd. Gréber, Gatineau. For information, call Réo Belhumeur at 819-669-3493.



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## Upcoming Events

### Training & Development Branch Reunion

The Fourth Annual Training and Development Branch Reunion will be held Tuesday, June 20, from 2:00 p.m. to 5:30 p.m. at the Royal Canadian Legion, Branch 641, 3500 Fallowfield Rd. , Barrhaven. If you have been stationed or employed with the Training & Development Branch Directorate, we invite you and yours to join us for a pleasant afternoon of renewed acquaintances, friendships and many shared memories. Please save the date and join us.

For information and registration contact:

Sig Sigurdson, Chairperson, 613-824-4359 [eastenders@sympatico.ca](mailto:eastenders@sympatico.ca) ; Fred Davis, Treasurer, 613-822-0240, [fdavis@gmail.com](mailto:fdavis@gmail.com); Wayne Burke, Hall rental & Food Coordinator, 613-738-2192, [nancyburke10@yahoo.ca](mailto:nancyburke10@yahoo.ca)

### WIVES from Joan Rud

Ladies Luncheon - May 10

BBQ - June 9

### 2017 HQ General Mess Events

#### Education Awards / Prix de l'éducation

May 17 mai @ 7:00 p.m.

#### Comedy Show / Spectacle d'humour

June 22 juin @ 3:30 p.m.

#### Wine and Beer / Vin et bière

September 20 septembre @ 3:30 p.m.

#### Annual Dinning In / Dîner régimentaire ouvert

October 21 octobre @ 6:00 p.m.

#### Kids Christmas Party / Fête de Noël pour enfants

December 2 décembre @ 12:00 p.m.



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- Beechwood, where the RCMP National Memorial Cemetery calls home, is situated in our nation's capital. Burial in the RCMP National Memorial Cemetery is exclusive to current members of the RCMP, veterans, civilian members, special constables, civilians with 20 years of uninterrupted service and their families.
- Beechwood offers special services to honour the memory of RCMP veterans, including the placement of an urn or casket on the large granite plinth in the Hall of Colours, which is sunlit through the beautiful memorial stained glass.



Main Monument in RCMP Designated Section

- We are the only organization of its kind in Ottawa and are governed by a volunteer board of directors under the able leadership of Chair, Gen., (retired) Maurice Baril, and Vice Chair, RCMP D/Commr. (ret'd) Timothy Killam.



*This cenotaph was placed in the RCMP National Memorial Cemetery, at Beechwood, Ottawa, to honour the memory of RCMP members who gave lives whilst in the performance of their duty.*



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