



NSRCMPVETS

Mailing Address

RCMP Veterans Association
Nova Scotia Division
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Your Executive

President - Brian Carter
novascotia.president@rcmpva.org

Past President - Sandy Glenn

sandy.glenn@gmail.com

1st Vice President - Howard Eaton

eatonnorth@gmail.com

2nd Vice President - Stephen Grant

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Secretary - Sharon Eaton

novascotia.secretary@rcmpva.org

Treasurer - Ian Atkins

novascotia.treasurer@rcmpva.org

Master at Arms - Pat Moran

novascotia.masteratarms@rcmpva.org

Communications

novascotia.communicationsdir@rcmpva.org

A note from the editor

Here we are; well experienced in hiding out in our basements while we await the exit of the Covid demons. I hope everyone is faring well in spite of it. Above you will see Nova Scotia's favorite waterfront at Lunenburg, another from Marleigh Leaman's fabulous collection which she has so generously allowed me to share with you.

At a recent Veterans GM, we were given a virtual front row seat to the new OCC within H Division HQ . I understand it to be the most modern of its kind in North America. Sophisticated to meet the needs of today and future technological advancements. We will pick up on profiling past NSRCMPVets presidents later in this offering and we will continue to do so until all have been recognized.

Should you have a story suggestion or wish to submit material for a future edition then please forward it the communications address at novascotia.communicationsdir@rcmpva.org

Lastly, included web links should activate if you click on them.

Pat Moran



Meeting Schedules (via ZOOM) for Nova Scotia RCMP Veterans' Association All times changed to 7:00pm.

Executive Meetings 2021

Thursday June 3 at 7:00 pm
Thursday September 2 at 7:00 pm
Thursday October 7 at 7:00 pm
Thursday November 4 at 7:00 pm

General Meetings 2021

Thursday June 17 at 7:00 pm
Thursday September 16 at 7:00 pm
Thursday October 21 at 7:00 pm
Thursday November 18 at 7:00 pm



HISTORY – PRESIDENTS OF THE RCMP VETERANS' ASSOCIATION, NOVA SCOTIA

The 21st President of this Division was Moody Raymond McKay, Regimental # 24582.



Born at Little Bay Island, Newfoundland on December 21, 1936, Moody enlisted in the Royal Canadian Mounted Police on February 21, 1957 at St. John's, Newfoundland. He served in "H" Division, Nova Scotia and "B" Division, Newfoundland in the Royal Canadian Mounted Police Marine Division. He sailed on the McBrien, Wood, Irvine, Fort Steele, Blue Heron, Adversus, Acadian, Slideout, Burin, La Lac Laronge and the Standoff.

While a member of the Force, Moody attended the Fisheries College and obtained a Master's Certificate – Captain. He Served on the Royal Tour in 1967 for Expo 67.

Moody retired on the 31st of July, 1972 with the rank of Corporal. He then served for twenty (20) years with the Fisheries and Oceans Department and served as Master on the FPV Louisburg and the FPV Chebucto.

Moody served as a Process Server and was a volunteer at St. John's Ambulance, the Woodlawn Trails Committee, Nova Scotia Winter Games in 2010 and Nova Scotia Summer Games in the 1960's. He served on the Fisheries Board of Nova Scotia and is a former member of the Shriners.

Moody had the pleasure of sailing on the "Voyage of Discovery" in 2000 which was a re-enactment of the voyage of the "St. Roch", leaving Halifax and travelling through the Panama Canal to Vancouver and then through the North West Passage to Halifax, circumventing North America. He served as 3rd Mate on the icebreaker, 'Simon Fraser' which escorted the RCMP "Nadon", dubbed "St. Roch II".

During the voyage, the ship stopped at many ports, one of which was Paisley Bay. Moody had the pleasure of placing a bronze plaque at the gravesite of Constable Frenchy Chartrand who had the served on the "St. Roch" on its initial voyage through the North West Passage.

Constable Chartrand passed away during the voyage at Paisley Bay. The plaque was obtained from the "Fort Steele".

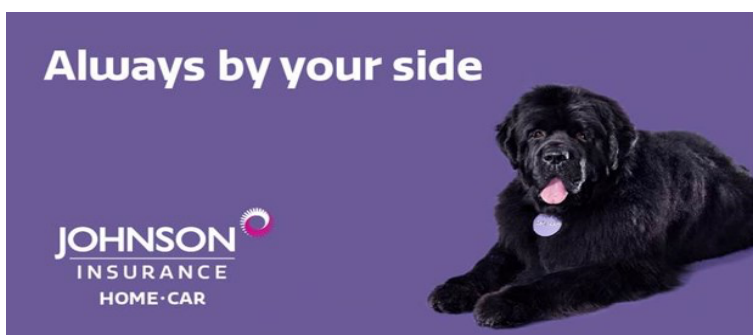
Moody joined the RCMP Veterans' Association, Nova Scotia on September 20th, 1979 and served as President from 1994 to 1995 inclusive.

Moody received the Canadian Volunteer award.



A bronze plaque being placed on the Cairn belonging to Cst. Frenchy Chartran who passed away in 1944 while wintering in Pasley Bay aboard the St. Roch on it's travels through the North West Passage.

Submitted by Garry McCay,
Director – History & Artifacts



Johnson Insurance is proud to offer 50 scholarships, valued at \$1000 each, to eligible students completing high school in 2021 and starting post-secondary education in the fall of 2021.



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[1-844-567-1237](tel:1-844-567-1237)

Johnson Insurance is a tradename of Johnson Inc. ("Johnson"), a licensed insurance intermediary, and operates as Johnson Insurance Services in British Columbia and Johnson Inc. in Manitoba.

Commission examining N.S. mass killing announces inquiry participants – Nova Scotia Division Included

Published by [RCMPVA](#) May 13, 2021

Participants include families, advocacy groups, police organizations

The inquiry will look at how police and various federal and provincial agencies responded, and how victims, their families and citizens were informed and supported.

All of the families of the victims except for that of RCMP Const. Heidi Stevenson, who was killed by Wortman in the final hours of the rampage, have asked to participate.

The shooter's common-law spouse, Lisa Banfield, also applied to be a part of the process. Banfield has been charged with providing the gunman with some of the ammunition he used during the rampage, although police say she didn't know what he was planning.

The commission received more than 60 applications for participation. Forms of participation may include testifying under oath, participating in roundtable discussions, providing expert reports or opinion evidence.

The federal and provincial governments have already been invited to participate. The RCMP is included in the federal government's participation rights.

Participants include Nova Scotia Division.

Police-related organizations

- Atlantic Police Association (APA)
- Canadian Police Association (CPA)
- National Police Federation (NPF)
- Nova Scotia Chiefs of Police Association (NSCPA)
- RCMP Veterans Association of Nova Scotia (RCMP-VANS)
- Truro Police Service (TPS)



You may feel like you're the only one going through it.

You're not alone and there is help.



Support for Operational Stress Injury (SOSI)

- OPEN TO ALL EMPLOYEES AND VETERANS
- CONFIDENTIAL
- NO NOTES RECORDED
- BILINGUAL SERVICES AVAILABLE
- ONE-ON-ONE PRIVATE MEETINGS ON OR OFFSITE
- CONNECTION TO PRIVATE SUPPORT GROUP MEETINGS
- INDEPENDENT CONNECTION TO INTERNAL AND EXTERNAL RESOURCES



Phil Reddy

H Div - Support for Operational Stress Injury (SOSI) Coordinator
phil.reddy@rcmp-grc.gc.ca
902-403-5492 (cell)

If you are in crisis, call 911 or EAS at 1-800-268-7708 or 1-800-567-5803 for hearing impaired.

Nova Scotia RCMP Veterans' Association 2021 Lottery

**IN ORDER TO BE ENTERED FOR
A CHANCE TO WIN A \$750 CASH PRIZE
AND 6 CHANCES FOR A \$500 CASH PRIZE
TICKETS MUST BE PURCHASED ON OR BEFORE
FRIDAY 11TH JUNE 2021**

The 2021 version of the NS RCMP Vet's Lottery is now underway. The net proceeds of which assist us to meet our funding needs for the programs we deliver in Nova Scotia.

2021's total prizes is \$6,750 in cash, and 12 prizes will be awarded: 1 prize of \$1,000; 1 prize of \$750, and 10 prizes of \$500. Again, the ticket cost will vary depending on the number of draws remaining when the ticket is purchased. These details are set out in the attached [2021 Lottery Purchase Cost & Draw Schedule](#).

**THE COST OF A TICKET FOR
THE JUNE DRAW IS \$25 AND IS VALID
FOR ALL REMAINING DRAWS.**

Our Nova Scotia Lottery License prohibits any form of on-line ticket sales; *i.e.*, by debit, credit card, and PayPal, or purchasing by electronic payment; *e.g.*, by e-transfers. Consequently, all tickets must be purchased by cash, cheque or money order.

Ticket payments by cheque or money order, payable to the Nova Scotia Veterans' Association, must be received by on, or before, Friday the 11th of June 2021. If sending payment by mail ensure to allow sufficient time for mail delivery.

Nova Scotia Lottery regulations prohibit ticket sales outside the province and our lottery license restricts ticket sales to members of the NS RCMP Veterans' Association, only members of the Association who reside within the Province may purchase tickets.

Our 2021 Ticket Lottery license is AGD-307906

To all those who participate THANK-YOU and GOOD LUCK for each draw.

Ian Atkins, Treasurer
 RCMP Vets' Assoc.
 Nova Scotia Division

Nova Scotia RCMP Veterans' Association

2021 Lottery

7 Chances to Win a Cash Prize

1 X \$750, 6 X \$500 A Cash Prize will be drawn once a month according to the Draw Schedule.

A Winning ticket will be returned to the Lottery Drum for all remaining Draws, so you could win more than once with the same ticket.

***** **DRAW SCHEDULE** *****

Ticket Cost	Purchased prior to Draw on	Cash Prize	Eligible Draws
\$25	June 12th	\$500	7
\$25	July 10th	\$500	6
\$25	August 14th	\$500	5
\$20	September 11th	\$500	4
\$15	October 16th	\$500	3
\$10	November 13th	\$750	2
\$5	December 11th	\$500	1

NS Lottery Lic # AGD-307906-20

RCMP VETERANS' ASSOCIATION, Nova Scotia Division

Big Foot Moose Mountie Campaign – We've Got Your Back!

ROUND TWO – November, 2020 – March, 2021



THANK YOU to ALL OUR SPONSORS!

As you may be aware, the initial campaign to secure sponsors for the Big Foot Moose Mounties was a resounding success! The second round of sponsorships has now provided the funding to allow the Nova Scotia RCMP Veterans' Association to maintain a stock to replenish those used by the 52 Nova Scotia Detachments during the coming year.

It is important to note that 51% the winter 2020-2021 sponsors were repeat donors from the first campaign in early fall 2020. Your continued generosity and caring are appreciated.

Thanks to those listed below for your kind participation. A special THANK YOU to one SUPER DONOR who sponsored 10 Moose Mounties! Many of the sponsorships were in memory of a loved one and/or an employee or member of the RCMP; it is only fitting that all those names are printed here.

ATKINS, Ian and Cherlynn

BARRO, Terry

BISHOP, Gary and Jean Anne

BOTHAM, Al

BRIGGS, James

BROGAN, Robert

CARTER, Brian

CAUGHEY, Eric	CURRY, Norm	DIAMOND, Louise	EATON, Howard
EMBERLEY, Angus		FALCONER, Fred & Geraldine	FLANNAGAN, Brian
FORBES, Bob and Paula			
FRASER, Neil – In Memory of Donnie Deveau & Gerard MacDonald			
GRAHAM, Fred		HALLIDAY, Anne	
HARDING-LEGAULT, Heather – In Memory of Clarence Burgess			
HAYRE, Douglas		HUDSON, Susan	INESON, Peter
JOHNSON, Philip – In Memory of father S/Sgt. Charles Johnson			
KRAMERS, Maarten & Donna – In Memory of Sgt. Keith Brumwell			
LEGROW, Don and Cathy		LORD, Roberta	LOWE, Thomas
MALLET, Daniel and Goretta			
MASON, Archie In Memory of Abigail Cowbrough			
McCAY, Helena – IMO Mary Coolen Dohaney			
McKAY, Alan		MILLER, Linda	MORAN, Pat
MUNROE, Arthur			
NYMARK, Peter		O'HANDLEY, Susan	PALEY, Karen
PARKER, Christina		SIMPSON, Stephen & Denise	SMITH, Nancy
SOUTHERN, Donald – In Memory of Cst. Brian Porter, Lake George, Yarmouth Co.			
STAIRS, Dianne		TAYLOR, Bill & Elizabeth	WARNELL, Devri
WARNICA, Ken		WEST, Gordon	YOUNG, Phil & Karen

A JOINT ENDEAVOUR on a VIRTUAL WORKSHOP

On Wednesday, May 12th the Support and Advocacy Committee of the RCMP Veterans' Association Nova Scotia Division, working along with the RCMP "H" Division Wellness Team, co-sponsored a virtual day-long Benefits and Information Workshop tailored specifically to serving employees of the RCMP and their spouses.

After opening remarks from RCMP VA NS President Brian Carter and Insp. Denise Rodier on behalf of the Commanding Officer H Division, Cpl. Deepak Prasad introduced the various presentations delivered that included:

- An overview of the structure, purpose and work of the Nova Scotia RCMP Veterans' Association Support & Advocacy Committee, presented by Co-Directors Vic and Jan Gorman.
- Information on the disability programs and compensation administered by Veteran's Affairs Canada (VAC) for the serving and retired/former RCMP.
- An introduction to the Support for Operational Stress Injury (SOSI) program by the new Nova Scotia coordinator, retired RCMP Veteran Phil Reddy.
- A review of the Nova Scotia Operational Stress Injury Clinic (Dartmouth) and the role it can play in assisting in making diagnosis and in providing treatments.
- An overview of the RCMP Benefits for serving and former employees and families.

In addition to current employees of the RCMP, the invitation to attend this online Workshop was also directed to the current National RCMP VA President, Sandy Glenn and to the S&A Committee.

Feedback following the session indicated that there was further interest in other sessions and plans are now underway to develop a June Workshop, geared specifically to the Public Servant employees of the RCMP.

Submitted by: Vic and Jan Gorman, Co-Directors Support & Advocacy Committee



The RCMP's Operational Communications Centre (OCC) takes approximately 2500 RCMP calls and 2000 911 calls each week, resulting in approximately 1500 dispatched (to police) calls for service in Nova Scotia. Many of the 911 calls are transferred to partner agencies for appropriate response. There are 8-10 operators working at any given time, half of which are call takers, and the other half are dispatchers. Call takers take calls from the public and create police files for the members. They also field calls from the members and partner agencies. Dispatchers send the police files to the members on the road, monitor their status updates, and run queries when they are attending calls or stopped roadside with a vehicle. Each dispatcher is responsible for up to 35 members at any given time. The OCC also has a Risk Manager working. They are regular members at the Staff-Sergeant level who work alongside the OCC staff and provide operational support to the members.

The Computer-Aided Dispatch (CAD) system allows operators to send files and messages electronically to the members' Mobile Workstations (MWS). The MWS is GPS-enabled and provides the dispatchers with the police cruisers' location and speed at any given time. This, along with up-to-date mapping and GPS technology allows for great situational awareness for the operators. The new centre is equipped with 5 large-screen monitors. Images from any workstation can be projected to these screens, allowing the display of news reports, website information, dispatch screens or various mapping systems – all vital information for keeping the members and the public safe.

Compliments: Bryan Green, *Acting Commander, H Division OCC*



The current year (2021) is the second and final year of our elected executives' two-year term of office. As your Immediate Past President, it is my duty to seek volunteers for the various positions that will become available this year. Elections will take place during our November Annual General Meeting and that date will be confirmed by late summer. We are hoping this will be an actual in-person meeting but if that isn't possible, it will be held virtually.

As required by our By-Laws, all elected positions must be offered up for election. These positions include:

President
1st Vice President
2nd Vice President
Secretary
Communications
Treasurer
Master at Arms

Traditionally, our practice has been to move the 1st Vice President to President, however, all elected positions must be offered for election. With this in mind, you, as a member of the Association, are invited to submit your name or to nominate others for any of the positions listed. If you are interested in submitting your name, or nominating others, kindly let me know by return email at sandy.pglenn@gmail.com. This is your chance to join a team, highly motivated in making the lives of our Association members better. Volunteering can be a most gratifying experience.

Kindest regards to all

Sandy Glenn
Immediate Past President
RCMP Veterans Association
Nova Scotia Division

Did You Know?



CONDITIONS CONSEQUENTIAL TO PTSD

Persons who have been diagnosed with PTSD or other Mental Health conditions, may also experience other disabilities that are linked to their Mental Health condition.

If you have been granted a Veteran's Affairs Canada (VAC) Disability pension for PTSD or other Mental Health conditions, and you also experience several others conditions AS A CONSEQUENCE of the original diagnosis, you may also be entitled to apply for automatic coverage for those associated CONSEQUENTIAL CONDITIONS.

These particular CONSEQUENTIAL CONDITONS include:

Xerostomia (dry mouth)

Erectile Dysfunction (ED)

Irritable Bowel Syndrome (IBS)

Obstructive Sleep Apnea (OSA)

Restless Leg Syndrome (RLS)

Bruxism (clenching or grinding teeth)

Acceptance by VAC of these CONSEQUENTIAL CONDITIONS may mean that the expenses for the treatments of these six conditions would be fully covered by VAC (such as various medications, bite plates, CPAP machines and filters).

NOTE: You still MUST contact VAC and make a separate application for a CONSEQUENTIAL CONDITION of your existing approved Mental Health disability pensioned-condition. Have your “K” number handy and call 1-866-522-2122 or apply online through your MY VAC account.

<https://www.veterans.gc.ca/eng/health-support/physical-health-and-wellness/compensation-illness-injury/disability-benefits/benefits-determined/entitlement-eligibility-guidelines/ptsd>

Pension & Benefits Reference Contacts – January 2021

Pertains To	Website	Phone #	Details
<p>RCMP Pension administered by</p> <p>Public Works and Government Services Canada (PWGSC)</p>	<p>www.rcmp-grc.pension.gc.ca</p> <p>https://www.tpsgc-pwgsc.gc.ca/remuneration-compensation/index-eng.html</p>	<p>1-855-502-7090 (all ranks other than below)</p> <p>1-855-502-7088 (for levels EX-01-C/Supt. & above)</p> <p>1-800-561-7930 Public Servants</p>	<p>Have the Pension number and/or HRMIS number available.</p>
<p>Veteran's Affairs Canada (VAC)</p>	<p>www.veterans.gc.ca</p> <p>Select My VAC Account</p> <p>Select Sign In</p> <p>Sign-in Partner or GC Key</p> <p>Input Username & Password</p>	<p>1-866-522-2122</p>	<p>Have the CSDN – “K” Number available.</p>
<p>Canada Pension Plan (CPP)</p> <p>Old Age Security (OAS)</p> <p>Guaranteed Income Supplement (GIS)</p> <p>Survivor's Benefit</p> <p>Disability Payments</p>	<p>www.canada.ca/en/services/benefits/publicpensions.html</p> <p>Select language of choice</p> <p>Select Benefits</p> <p>Select Pensions</p>	<p>1-800-277-9914</p>	<p>Have the Social Insurance Number (SIN) available.</p>
<p>RCMP Group Life and Accidental</p>	<p>www.pbs-sra.ca</p> <p>Input User ID & Password</p> <p>You may enter as GUEST or SURVIVOR</p>	<p>1-800-661-7595</p>	<p>Have Pension number</p>

<p>Death and Dismemberment Plan</p> <p>Administered by Morneau Shepell</p>			<p>&/or HRMIS number &/or other personal information available.</p>
<p>Public Service Health Care Plan (Sun Life)</p>	<p>www.sunlife.ca/pshcp</p> <p>Group CONTRACT Number is 055555 Each member has a Certificate Number on their card Input Access ID & Personal Password</p>	<p>1-888-757-7427</p>	<p>Have Group Contract Number & Certificate Number available.</p>
<p>Blue Cross - Medavie</p>	<p>www.medaviebc.ca</p> <p>Select Account Login Select VAC Input Username & Password</p>	<p>1-888-261-4033</p>	<p>Have Client Number available.</p>
<p>Pensioners' Dental Services Plan (Sun Life)</p>	<p>www.sunlife.ca/pdsp</p> <p>Group CONTRACT number is 255555 Each member has a Certificate Number on their card Input Access ID & Personal Password</p>	<p>1-888-757-7427</p>	<p>Have Group Contract Number & Certificate Number available.</p>
<p>Bureau of Pension Advocates (VAC)</p>	<p>www.veterans.gc.ca</p> <p><u>How to review or appeal a decision - Veterans' rights - Veterans Affairs Canada</u></p>	<p>1-877-228-2250</p>	<p>If you applied for disability benefits from VAC & received a negative response to the application, you may qualify for support from the Bureau of Pensions Advocates.</p>
<p>Canada Revenue Agency Disability Tax Credit (DTC)</p>	<p>https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html</p>	<p>1-800-959-8281</p>	<p>Require SIN</p>

GST Office	https://www.google.com/search?client=firefox-b-1-d&q=gst+office+canada	1-800-959-8281	
VAC ASSISTANCE SERVICE	24/7 PSYCHOLOGICAL SUPPORT FOR VETERANS & FAMILIES	1-800-268-7708	NO FEE

