NSRCMPVETS

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Nova Scotia Division
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A note from the editor

Greetings to all and welcome to the Spring Edition of your revamped newsletter. Let me first thank all who provided guidance and suggestions once receiving the inaugural edition a few months ago. Once again, I find myself relying on the library of Marleigh Leaman for the impressive photograph on the masthead above. This photo was taken late last summer at the site of the Swissair memorial in Whalesback close by Peggy's Cove.

The tragedy of September 2, 1998 will be familiar to many of you who served in Nova Scotia at the time. If one was to stand at this granite memorial and peer through the '111' cuts to the horizon, then you will have located the spot where 229 souls were granted access to the afterlife.

We will continue profiling past NSRCMPVets presidents in this offering and we will continue to do so until all have been recognized.

Should you have a story suggestion or wish to submit material for a future edition then please forward it to the communications address at novascotia.communicationsdir@rcmpva.org .

Pat Moran

Meeting Schedules (via ZOOM) for Nova Scotia RCMP Veterans' Association All times changed to 7:00pm.

Executive Meetings 2021
Thursday January 7 at 7:00 pm
Thursday February 4 at 7:00 pm
Thursday March 4 at 7:00 pm
Thursday April 1 at 7:00 pm
Thursday May 6 at 7:00 pm
Thursday June 3 at 7:00 pm
Thursday September 2 at 7:00 pm
Thursday October 7 at 7:00 pm
Thursday November 4 at 7:00 pm

General Meetings 2021
Thursday January 28 at 7:00 pm
Thursday February 18 at 7:00 pm
Thursday March 18 at 7:00 pm
Thursday April 15 at 7:00 pm
Thursday May 20 at 7:00 pm
Thursday June 17 at 7:00 pm
Thursday September 16 at 7:00 pm
Thursday October 21 at 7:00 pm
Thursday November 18 at 7:00 pm

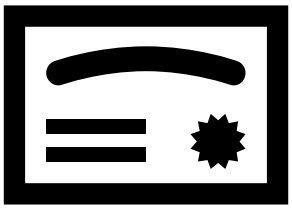
HISTORY – PRESIDENTS OF THE RCMP VETERANS' ASSOCIATION, NOVA SCOTIA

The 20th President of this Division was Clarence (Clare) James Dent, Regimental # 9363, # 15285 and officer # 0.639.

Clare was born at Toronto, Ontario on January 28, 1929.
Clare enlisted in the Royal Canadian Mounted Police on April 17, 1947 at Toronto, Ontario. He served at 'Depot' Division (Training) and then transferred to "H" Division, Nova Scotia and served at Halifax, Windsor, Guysborough, Dartmouth, Chester, Glace Bay and Meteghan.
He was then posted to northern duties in "G" Division, North West Territories at Yellowknife, Baker Lake and Inuvik.
From there, Clare was posted to "M" Division, Yukon Territory and served at Teslin and Whitehorse. He was then posted to "E" Division, British Columbia and served at Armstrong and Salmon Arm.
From there it was off to "O" Division, Ontario where he served at Hamilton. Clare was then transferred to "K" Division, Alberta and served at Edmonton. Clare was then transferred to HQ Ottawa, Ontario where he was the A/Oi/c Operations Audit and A/Oi/c Telecoms.
Clare was appointed a Notary Public, Commissioner of Oaths, Justice of the Peace, Special Investigator for Elections Canada and a Coroner for the North West Territories and the Yukon Territories.
Clare retired as a Superintendent on April 17, 1981.
Upon retirement, Clare joined the RCMP Veterans' Association, Nova Scotia on June 11, 1984 and served as President from 1992 to 1993. He eventually became National President of the RCMP Veterans' Association and he is a Governor of the Association. He was a Board Member of the Last Post Fund, Post Master of the North West Territories while serving there, Judge of the Citizenship Court of Canada, a Customs Officer, Immigration Officer and is a Marriage Commissioner.

Clare received many awards during his career in the RCMP and in civilian life. He was awarded Knight Commander of the Order of St. John, Order of St. Lazaurus, Commander of Military Merit, Grand Officer of Merit. He received the St. John Ambulance Long Service Medal and the Dartmouth Citizen of the Year Award.
He also received the Canada Volunteer Award, the Commissioner's Volunteer Award in 2001, Queen's Golden and Diamond Jubilee Medals and the Century of Service Award.
Clare received his Royal Canadian Mounted Police Long Service Award with Silver Clasp, the RCMP Canada 125th Medal and a CO's Commendation while serving in "E" Division.
Clare is a Life Member of the RCMP Veterans' Association

Submitted by Garry McCay,
Director – History & Artifacts



LEN LEWIS RECRUITMENT AWARD

The Len Lewis Recruitment Award is an annual recognition to the region in our NS Division, achieving the highest percentage of actual new members in their Division over the pre-set target numbers for that year.
Leonard (Len) James Lewis, Regimental #15234, was a member of the NS Division of the RCMP Veterans' Association from 1970 until his passing in 2013. He held the position of President in 1980/1981 as well as many other Executive roles and a Life Member in later years. This award was started in 2010 and the annual Regional winner's name is engraved on the plaque and displayed in the RCMP Veterans' office.

Congratulations to the 2020 winner ……CAPE BRETON

Julie Matthews
Membership Co-ordinator

From the Support & Advocacy Committee and Region Consultants:
As so often happens when folks see a change to the bottom line in their RCMP and Federal Public Service pension cheques - that amount we get to spend after taxes/deductions - there are often questions as to what it means.

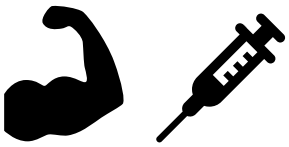
The National Association of Federal Retirees (NAFR) and the Public Service Health Care Plan (PSHCP) have all updated their web-pages to show an increase in deductions from our monthly pension cheques - coming soon. Just to prepare you for the next one:

EFFECTIVE APRIL 1, 2021 -
Public Service Health Care Plan (PSHCP - for prescriptions, eye glasses, chiropractor, etc); changes to the pensioner's contribution rates average an increase of about $3-$4 each month for the various levels of coverage.

To date, we have not seen a change/increase in the Pensioners Dental Service Plan (PDSP); however, that will be shared if/when it happens.

Hope you are all staying well - and looking forward to that poke in the arm!!

Jan and Vic Gorman
Co-Directors, Support & Advocacy Committee



Public Service Health Care Plan

Schedule V - Monthly Contribution Rates (njc-cnm.gc.ca)
April 1, 2021 changes (increase of approximately $3-$4 per month)

Appendix C – Pensioner Monthly Contribution Rates

Level I	Level II	Level III
Single = $62.36	Single = $70.76	Single = $85.58
Family = $126.43	Family = $138.57	Family = $155.80

RCMP
ROYAL CANADIAN MOUNTED POLICE

You may feel like you're the only one going through it.

You're not alone and there is help.

Support for Operational Stress Injury (SOSI)

- OPEN TO ALL EMPLOYEES AND VETERANS
- CONFIDENTIAL
- NO NOTES RECORDED
- BILINGUAL SERVICES AVAILABLE
- ONE-ON-ONE PRIVATE MEETINGS ON OR OFFSITE
- CONNECTION TO PRIVATE SUPPORT GROUP MEETINGS
- INDEPENDENT CONNECTION TO INTERNAL AND EXTERNAL RESOURCES

Phil Reddy
H Div - Support for Operational Stress Injury (SOSI) Coordinator
phil.reddy@rcmp-grc.gc.ca
902-403-5492 (cell)

If you are in crisis, call 911 or EAS at 1-800-268-7708 or 1-800-567-5803 for hearing impaired.

Royal Canadian Mounted Police Gendarmerie royale du Canada

Canada

Pension & Benefits Reference Contacts – January 2021

Pertains To	Website	Phone #	Details
RCMP Pension administered by **Public Works and Government Services Canada (PWGSC)**	**www.rcmp-grc.pension.gc.ca** **https://www.tpsgc-pwgsc.gc.ca/remuneration-compensation/index-eng.html**	1-855-502-7090 (all ranks other than below) 1-855-502-7088 (for levels EX-01-C/Supt. & above) 1-800-561-7930 Public Servants	Have the Pension number and/or HRMIS number available.
Veteran's Affairs Canada (VAC)	www.veterans.gc.ca Select My VAC Account Select Sign In Sign-in Partner or GC Key Input Username & Password	1-866-522-2122	Have the CSDN – "K" Number available.
Canada Pension Plan (CPP) **Old Age Security (OAS)** **Guaranteed Income Supplement (GIS)** **Survivor's Benefit** **Disability Payments**	www.canada.ca/en/services/benefits/publicpensions.html Select language of choice Select Benefits Select Pensions	1-800-277-9914	Have the Social Insurance Number (SIN) available.

RCMP Group Life and Accidental Death and Dismemberment Plan **Administered by Morneau Shepell**	www.pbs-sra.ca Input User ID & Password You may enter as GUEST or SURVIVOR	1-800-661-7595	Have Pension number &/or HRMIS number &/or other personal information available.
Public Service Health Care Plan (Sun Life)	www.sunlife.ca/pshcp Group CONTRACT Number is 055555 Each member has a Certificate Number on their card Input Access ID & Personal Password	1-888-757-7427	Have Group Contract Number & Certificate Number available.
Blue Cross - Medavie	www.medaviebc.ca Select Account Login Select VAC Input Username & Password	1-888-261-4033	Have Client Number available.
Pensioners' Dental Services Plan (Sun Life)	www.sunlife.ca/pdsp Group CONTRACT number is 255555 Each member has a Certificate Number on their card Input Access ID & Personal Password	1-888-757-7427	Have Group Contract Number & Certificate Number available.
Bureau of Pension Advocates (VAC)	www.veterans.gc.ca How to review or appeal a decision - Veterans' rights - Veterans Affairs Canada	1-877-228-2250	If you applied for disability benefits from VAC & received a negative response to the application, you may qualify for support from the Bureau of Pensions Advocates.

Canada Revenue Agency Disability Tax Credit (DTC)	https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html	1-800-959-8281	Require SIN
GST Office	https://www.google.com/search?client=firefox-b-1-d&q=gst+office+canada	1-800-959-8281	
VAC ASSISTANCE SERVICE	**24/7 PSYCHOLOGICAL SUPPORT FOR VETERANS & FAMILIES**	**1-800-268-7708**	NO FEE

Nova Scotia RCMP Veterans' Association

2021 Lottery

10 Chances to Win a Cash Prize

1 X $750, 9 X $500

Nova Scotia Lottery regulations prohibit ticket sales outside the province and our lottery license restricts ticket sales to members of the NS RCMP Veterans' Association. A condition of our Nova Scotia Lottery License also prohibits electronic payments, including e-transfers and PayPal. Therefore, the Association can only accept payment for Lottery Tickets by cash, cheque or money order.

Tickets purchased are eligible for all remaining draw-dates following the date of purchase as outlined in the DRAW SCHEDULE. There will be one draw each month and the drawn ticket will be returned to the drum and included in all remaining draws. The cost of a single ticket will be based on the number of draws remaining at the time of purchase.

To be entered in a draw payment must be received by the Association at least one day prior to the draw as per the *DRAW SCHEDULE* below. Receipts will be issued for all tickets purchased.

Purchase Options: Cash, Cheque or Money Order

Please make all Cheques / Money Orders payable to:

NS RCMP Vets' Association

In Person:	Cash / Cheque or Money Order [Pay directly to Treasurer - Ian Atkins]
Mail:	Mail Cheque or Money Order to: *[Do not send Cash by Mail]* Nova Scotia RCMP Veterans' Association Mailstop# H-025 80 Garland Ave., Dartmouth, NS B3B 0J8 Attn: Treasurer 1. Include a notation the payment is for the 2021 Lottery 2. Include ticket owner's name & telephone #
Draws: (10)	**A Cash Prize will be drawn once a month according to the Draw Schedule.** **A Winning ticket will be returned to the Lottery Drum for all remaining Draws, so you could win more than once with the same ticket.**

********** **DRAW SCHEDULE** **********

Ticket Cost	Purchased prior to Draw on	Cash Prize	Eligible Draws
$40	March 13th	$500	10
$35	April 10th	$500	9
$30	May 15th	$500	8
$25	June 12th	$500	7
$25	July 10th	$500	6
$25	August 14th	$500	5
$20	September 11th	$500	4
$15	October 16th	$500	3
$10	November 13th	$750	2
$5	December 11th	$500	1
		NS Lottery Lic #	AGD-307906-20

Rev: 2021-02-14

The following is a summary of the new proposed Act to limit the use and possession of police uniform and other items including badges and used police vehicles. Over the past few weeks our Veterans have been concerned about what they can and cannot have in the future. All of us have pride in our service and we have many artifacts in our possession from our service. The items we keep help us transition to retirement and hold on to our past life. It bonds us all. The reason for this new legislation is due to the mass murder in Nova Scotia last Spring where 22 people were murdered by a man who used a fake RCMP vehicle and uniform. This summary and a link to the Act will hopefully provide clarity and help us understand how this Act will affect all our Veterans. One of our Veterans, Mark Furey, was the Minster of Justice at the time of the creation of this Act. Mark reached out to me to solicit the concerns that the RCMP Veterans have with such legislation being developed. Mark understands what our uniform means to us in so many ways. I want to thank Mark personally for the opportunity to submit on our behalf. I also am very pleased that much of the content of the information I supplied to Justice was taken into account when drafting this legislation. Mark, thank you. I have copied sections of the Act for you to get an understanding of how this affects us as Veterans. I will also provide the interpretation of these sections as explained to me by the Department of Justice.

Brian Carter
President NSRCMP Veterans Association

Police Identity Management Act

"police article" means a crest, badge, emblem, design or other distinguishing article currently used by a police agency, and includes such other items as may be prescribed that are used, worn or carried by a member of a police agency to identify an individual as a police officer;
"police uniform" means distinctive clothing or equipment that

(i) is issued by a police agency to be worn by a police officer while on duty,
(ii) has a colour scheme, pattern or style that makes the person wearing it readily identifiable as a police officer, and
(iii) is currently used by a police agency **but does not include a ceremonial uniform**; **(our red serge, which we can keep and wear on occasion under the RCMP Act)**
(iv) unserviceable" means permanently altered such that a police article or police uniform could not reasonably be confused with a police article or police uniform; **(our badges in the block of plastic are classed Unserviceable)**

Subsection (1) does not apply if the use of a police article, police uniform or vehicle with police-vehicle marking or police-vehicle equipment is only for the purpose of
(a) a museum collection or exhibit

No person shall display the word "police" either alone, as part of a word or in conjunction with any other words, on a uniform, an article of clothing, an

insignia or a vehicle or another sign or symbol if the display of the word "police" might mislead the public or a member of the public into believing that the person displaying the word or causing the word to be displayed is a police officer or is empowered to exercise the powers of a police officer or powers that are similar to the powers of a police officer unless the person is a member of a police agency. **(this is also covered in the Criminal Code that we cannot pose as police even as retired officers)**

A person may possess police articles and police uniforms if the possession is for the purpose of a museum collection or exhibit or a dramatic work and the possession is only for the duration of the collection, exhibition or work.

(one example is the horse stable that helps our members with PTSD and has a tack room where they can relax and feel comfortable)

Link to the Act https://nslegislature.ca/legc/bills/63rd_3rd/1st_read/b001.htm

In a nutshell, our working uniforms should be destroyed or made unserviceable (i.e. shirts-cut the shoulder flashes off). Blues destroyed. Holsters, jackets, etc. that have Police anywhere on them visible to public must go. Easiest way to dispose of them is to burn them. You can also cut them up in small pieces and put in the garbage if you do not have the ability to burn.

I hope this helps.
Brian Carter

Examples of Legal ✓ and illegal ✗ ball caps

✓ ✓ ✗

The current year (2021) is the second and final year of our elected executives' two-year term of office. As your Immediate Past President, it is my duty to seek volunteers for the various positions that will become available this year. Elections will take place during our November Annual General Meeting and that date will be confirmed by late summer. We are hoping this will be an actual in-person meeting but if that isn't possible, it will be held virtually.
As required by our By-Laws, all elected positions must be offered up for election. These positions include:

President
1st Vice President
2nd Vice President
Secretary
Communications
Treasurer
Master at Arms

Traditionally, our practice has been to move the 1st Vice President to President, however, all elected positions must be offered for election. With this in mind, you, as a member of the Association, are invited to submit your name or to nominate others for any of the positions listed. If you are interested in submitting your name, or nominating others, kindly let me know by return email at sandy.pglenn@gmail.com This is your chance to join a team, highly motivated in making the lives of our Association members better. Volunteering can be a most gratifying experience.

Kindest regards to all

Sandy Glenn
Immediate Past President
RCMP Veterans Association
Nova Scotia Division