

# SCOTIA VETS

RCMP Veterans' Association Nova Scotia Division

## Executive Contact

President-Howard Eaton

[novascotia.president@rcmpva.org](mailto:novascotia.president@rcmpva.org)

1st VP - Dan McNaughton

2nd VP- Paul Smith

Secretary-Fred Hildebrand

[novascotia.secretary@rcmpva.org](mailto:novascotia.secretary@rcmpva.org)

Treasurer - Ian Atkins

[novascotia.treasurer@rcmpva.org](mailto:novascotia.treasurer@rcmpva.org)

Master at Arms - Pat Moran

[novascotia.masteratarms@rcmpva.org](mailto:novascotia.masteratarms@rcmpva.org)

## Submissions Contact

Joanne Caruso

[novascotia.communicationsdir@rcmpva.org](mailto:novascotia.communicationsdir@rcmpva.org)

## Mailing Address

RCMP Veterans' Association

Nova Scotia Division

Mailstop H-025

80 Garland Avenue

Dartmouth, NS B3B 0J8

## From the Editor's Desk

I must apologize for the later than usual release of the Fall edition. Other commitments put me six weeks behind schedule. As a result, I have an increased volume of material to share. Locally and perhaps throughout the country, there is increased interest in the Mass Causality Commission (MCC) which is nearing its conclusion with an expected Spring release of its findings. Nova Scotia Vets did not sit back and let the MCC accept misinformation that seemed to be plentiful. Inside you will find a summary of information our Advocacy group prepared and submitted to the MCC. Local events enjoyed by our members are becoming more frequent which is welcome after all of the restrictions in place in the recent past.

Some of us were, and perhaps still are, affected by Hurricane Fiona. It is my sincere wish and hope that you managed the fallout well and are seeing normalcy in your activities.

Reminder to all: Our Divisional AGM is set for Saturday, November 19 at the Oakfield Golf and Country Club. In person and via Zoom, your choice - it will be nice to see a high turnout.

September weather in November! I'll take it.

Pat Moran

On Wednesday, September 14th 2022, 24 teams of RCMP veterans, family and friends gathered at Eaglecrest Golf Club in Centreville, NS for the 10th annual Stu Ryder Memorial Golf Tournament.

A total of 96 golfers traveled from 7 of our Association's 8 regions, plus a member from New Brunswick, to join in the camaraderie of the tournament. Mother Nature blessed us with another beautiful tournament weather day, despite the threat of rain for days leading up to the tournament date. The course was in fantastic shape, giving the teams the opportunity to post some impressive scores! Kings Honda sponsored a chance to win a car with a hole in one on Hole #1. This year one of our lady golfers came within 18" of winning this car! During the luncheon, awards and draws for door prizes took place.

This year, two teams tied for first place with a final score of 63. A tie has never happened in our tournament history thus, each team will have their names engraved on the annual Johnson Insurance 1st place trophy for 2022. Well done gentlemen!

This year's organizing Committee of Julie Matthews. Art AuCoin and Pat Delaney would like to thank Eaglecrest Golf Club, Melanie for a delicious meal and our volunteers for their support and assistance in helping to make this year's tournament another success.

Thank you as well to the golfers for supporting our 10th Annual Stu Ryder Memorial Tournament. We appreciate every one of you.



Association President Howard Eaton presenting the Johnson Insurance Trophy Left to right Jim Scott, Herb Thibodeau, Greg Moulaison, Fred Graham, Howard Eaton, Bill Price, Drew Stewart, Lloyd Doucette and Don Poulter.

This year, after a two year Covid pause, we were able to welcome two teams from Special Olympics to join our tournament. Howard Eaton and Julie Matthews are shown in the photo to the right with the Special Olympic golfers presenting them with the Participation plaque for 2022.



Indexing rate - Retired members - Pension

The indexing rate for 2023 is 6.3%.

The indexing of public service pension plan benefits is governed by two pieces of legislation; the Public Service Superannuation Act (PSSA) and the Supplementary Retirement Benefits Act (SRBA).

Pension increases for retired members and their survivors are calculated each year using Consumer Price Index (CPI) data published by Statistics Canada. In accordance with the SRBA, the increase is based on a comparison of the twelve-month average of the monthly CPI for the year just ended, to the twelve-month average of the monthly CPI for the previous year. The SRBA specifies that the twelve-month period from October 1 to September 30 is to be used to calculate the increase payable the following January. The index used for the calculation is the CPI for Canada for all items (not seasonally adjusted).

So I did a bit of math for you. This table is prepared for your information and planning. As you can see, this is as an above average increase even though we have seen substantial increases in various commodities over the past year.

If your current monthly \$\$ b4 deductions is	It will be this b4 deductions starting January 2023
\$2000.00	\$2126.00
\$3000.00	\$3189.00
\$4000.00	\$4252.00
\$5000.00	\$5315.00
\$6000.00	\$5278.00
\$7000.00	\$7441.00

As you can see - a \$5.00 per year increase in Association dues will leave with you with between \$1507.00 and \$5287.00 before deductions per year extra to spend on gas and groceries

(may still not be enough)

check this link for full details.

[Indexing rate - Retired members - Pension - Canada.ca](https://www.canada.ca/en/revenue-agency/services/tax/retirement-pensions/pension-indexing-rate.html)

## Newsletter - Update on Advocacy

Advocacy takes many forms in the case of an association such as ours. First and foremost, the needs and interests of RCMP veterans and those close to them deserve ongoing advocacy for services and support. The Association also takes an interest in matters affecting the reputation of the organization we all served, as well as supporting those who are still serving.

The Advocacy Working Group has been busy these past many months undertaking research, analysing the results, and preparing reports to applicable governments. As volunteers, this has been a labour of commitment to facts and advocacy on behalf of those serving and retired.

Currently, it is a challenging time to be a serving employee of the RCMP in this province, and is just as impactful for many of us no longer serving:

- Media coverage can be incomplete and misstated;
- Political commentary can lean to deflection;
- The most recent Halifax Regional Municipality (HRM) police review has begun; although the findings from the 2019 review with 29 recommendations remains tabled (**See Table “A”** for the latest numbers on how and where HRM invests in policing);
- The Municipality of the County of Colchester’s (Colchester) review of police services to address municipal concerns of paying too much for policing, not receiving value, and sourcing services elsewhere, concluded several months ago. Our Association provided clear and publicly available data that challenged some of the preliminary assumptions. Colchester appears to have not recognized resident needs and demographic changes over the past decade. Your Association sent letters to the Mayor and Council, MLAs, and MPs, to clarify key points and address public criticism emanating from Council. (**See Table “B”** for 2020 data at the time of the Portapique tragedy);
- A police review is currently underway in the Municipality of the County of Cumberland (Cumberland). The Association has, thus far, provided the consultant engaged by the municipality, and the Review Committee, with information demonstrating the resource reality for policing in the municipality. Members of the Association have also attended public consultation sessions held across the county. Cumberland would need to invest more if it wanted comparable service levels to the Town of Amherst, the Town of Truro, or the Canadian average. The ongoing theme of the Association is that policing in several RCMP areas of the province can benefit from objective and relative comparisons through the use of systematic performance assessment. Although it is easy to complain about service levels, if the cause is inadequate resourcing, no amount of complaining fixes the underlying challenge. (**See Table “C”** for the latest available data); and,
- The Mass Casualty Commission into the Portapique tragedy has pursued many branches of inquiry. Unfortunately to date, examinations of resourcing and funding have made the list only peripherally. Quantitative reviews of what is “adequate, effective and efficient” policing for the province have not been publicly provided. Your Association has communicated to the MCC through submissions and participation in many structured sessions, that the requirements of the NS *Police Act* for “adequate, effective and efficient” police services as determined by municipalities and overseen by the Province

is foundational. Moreover, police advisory boards need to be properly staffed by qualified participants and function within the frequency and leadership parameters of the Nova Scotia *Police Act*. In Nova Scotia, the RCMP is a service provider to municipalities in meeting their obligations under the *Act*, just as a municipal police service. The Association has also made submissions on the ALERT Ready system, the model of policing in Nova Scotia, and wearing of ceremonial dress by retired members as further examples.

The RCMP today, as has been the case since 1932, strives to provide the best service possible with the resources provided. Outsized expectations and minimal resourcing from municipalities and the Province can create disappointment and conflicted outcomes. When a tragedy at the scale of Portapique occurred, the ability to meet every expectation became more than the model could reasonably support in a first response timeframe. The Association will continue to advocate on our collective behalf.

submitted by Steve Graham on behalf  
of the Advocacy Working Group



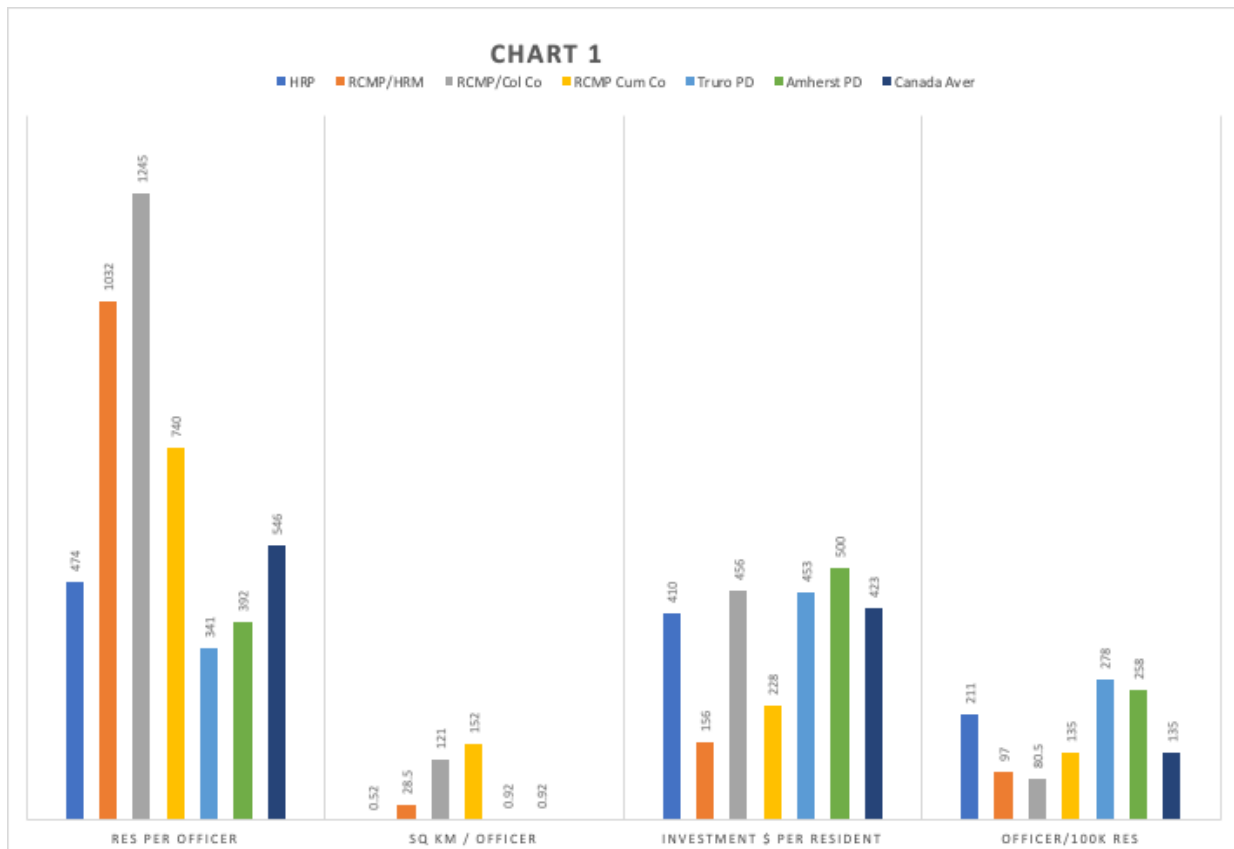
**Table “A” - HRM Data for 2021**

<b>2021 Reported Data for Halifax Regional Municipality (HRM)</b>	<b>Halifax Regional Police (HRP)</b>	<b>Canadian Police Average 2019</b>	<b>Royal Canadian Mounted Police (RCMP)</b>
Reported Municipal Expenditure	\$88,580,000 - \$115,000,000		\$29,419,000
Population Policed	250,955 Residents - 57%		188,864 Residents - 43%
Number of Sworn Officers	530 Sworn Officers		183 Sworn Officers
Number of Residents per Officer	474 Residents	546 Residents	1,032 Residents
Statistics Canada Reported Rate of Officers per 100,000 Residents	211 Sworn Officers per 100,000 Residents	183 Sworn Officers per 100,000 Residents	97 Sworn Officers per 100,000 Residents
HRM Landmass Patrolled	274 sq. km. of HRM		5,202 sq. km. of HRM
Landmass per Sworn Officer	0.52 sq. km. per Sworn Officer		28.5 sq. km. per Sworn Officer
Reported Investment per Resident	\$353 - \$459	\$423 per Resident	\$156 per Resident
Budget Allocation % Urban versus % Suburban	75% - 79.6% or More of the HRM police budget for Urban - 57% of HRM Population, 5% landmass		25% - 20.4% of the HRM police budget for Suburban - 43% of HRM Population, 95% landmass

**Table “B” - Colchester Data 2020**

<b>2020 Reported Data for the Municipality of the County of Colchester and the Town of Truro - Portapique Period</b>	<b>Truro Town Police (TTP)</b>	<b>Canadian Police Average</b>	<b>Royal Canadian Mounted Police (RCMP) Municipality of the County of Colchester</b>
Reported Municipal Expenditure	CA\$ 5,751,876		CA\$ 4,975,428
Population Policed	12,600 Residents		36,650 Residents
Number of Sworn Peace Officers	36 - 38 Sworn Peace Officers		28 - 31 Sworn Peace Officers
Number of Residents per Sworn Peace Officer	332 - 350 Residents	546 Residents	1,182 - 1.309 Residents
Statistics Canada Reported Rate of Sworn Peace Officers per 100,000 Residents	Rate of 286 - 301 per 100,000 Residents	Rate of 183 per 100,000 Residents	Rate of 76 - 85 per 100,000 Residents
Landmass Patrolled	34 Square Kilometers		3,595 Square Kilometers
Landmass per Sworn Peace Officer	0.89 - 0.94 Square Kilometers		116 - 128 Square Kilometers
Reported Cost per Resident	\$456+ per Resident	\$423 per Resident (2019)	\$136 per Resident
# RCMP Officers for Colchester County if comparable Rate to the Truro Town Police			104 - 110 RCMP Officers
# RCMP Officers for Colchester County if comparable Rate to Canadian Average			67 RCMP Officers

Probable #RCMP Officers on shift in the first response to Portapique if resourced to the capacity of the Truro Town Police			15 - 21 RCMP Officers (14% - 20% of available strength)
Probable # of RCMP Officers on shift in the first response to Portapique if resourced to the capacity of the Canadian average			9 - 13 RCMP Officers (14% - 20% of available strength)
# RCMP Officers available and on shift in the first response to Portapique			4 RCMP Officers (14% - 20% of available strength)
# total Truro Police Officers if resourced at the Colchester County rate of total RCMP Officers	9 - 11 Police Officers for the Town of Truro		



**Table “C” Cumberland Data**

<b>2020/21 Reported Data for the Municipality of the County of Cumberland and the Towns of Amherst and Truro</b>	<b>Amherst Town Police (ATP)</b>	<b>Truro Town Police (TTP)</b>	<b>Canadian Police Average</b>	<b>Royal Canadian Mounted Police Municipality of the County of Cumberland (RCMP)</b>
Reported Municipal Expenditure	CA\$4,706,678	CA\$5,709,479		CA\$4,550,444
Population Policed	9,404 Residents	12,600 Residents		19,964 Residents
Number of Peace Officers	24 Sworn Peace Officers	36 - 38 Sworn Peace Officers		27 Sworn Peace Officers
Number of Residents per Peace Officer	392 Residents	350 - 332 Residents	546 Residents	740 Residents
Statistics Canada Reported Rate of Peace Officers per 100,000 Residents	258 per 100,000 Residents	278 per 100,000 Residents	183 per 100,000 Residents	135 per 100,000 Residents
Landmass Patrolled	12 Square Kilometers	34 Square Kilometers		4,253 Square Kilometers
Landmass per Peace Officer	0.5 Square Kilometers	0.94 - 0.89 Square Kilometers		152 Square Kilometers
Reported Cost per Resident	\$500+ per Resident	\$453 per Resident	\$423 per Resident (2019)	\$228 per Resident
Reported Cost per Square Kilometer	\$392,223 per Square Kilometer	\$167,926 per Square Kilometer		\$1,070 per Square Kilometer
# RCMP Officers for Cumberland County if comparable Rate to the Amherst Town Police				51 RCMP Officers

# RCMP Officers for Cumberland County if comparable Rate to Truro Town Police				57 - 60 RCMP Officers
# RCMP Officers for Cumberland County if comparable Rate to Canadian Average				37 RCMP Officers
# total Police Officers if comparable to the County of Cumberland per resident investment for RCMP Officers	12 - 13 Amherst Police Officers	17 Truro Police Officers		
Cost for Amherst and Truro to police 22,004 Residents			CA\$10,416,157	
Cost for RCMP to police 19,964 Residents without seasonal impact				CA\$4,550,444
Cost for Amherst and Truro to police 19,964 Residents			CA\$9,450,374	



Brian Carter found a store in Sunnyside Mall that sells tartan items including the RCMP tartan. Pictured is a scarf. Feel free to check them out.

From our friends at the Legion

The following is second of two parts of the introduction narrative of the Citadel Cup made during a Regimental dinner held at Juno Tower, CFB Halifax - Stadacona shortly after the complex opened in 2005.



## The Citadel Cup is introduced to "H" Division

*con't from summer 2022*

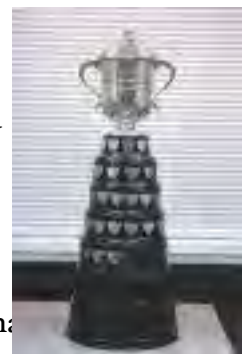
... was a promoter of marksmanship within his troops. The Commissioner ... at the Dominion of Canada Service Conditions matches held annually ... ed several times by members of the RCMP through a variety of ... competitions during those meets. It was presented by Commissioner WOOD to the Dominion of Canada Rifle Association (DCRA) in 1950 for the individual Pistol Champion of Canada. It was rededicated in 1981 to be awarded to the team of four pistol champions who are members of the DCRA. It is a constant tug of war between the British Army, American National Guard, Canadian Forces, RCMP and Civilian teams for the honor to possess this trophy. Teams which included members of the RCMP have won this Cup on 4 occasions since 1981. These same events produce champions in the form of Queen's Medalist for Champion Shot. Two Queen's Medals may be presented in each year in Canada. There are only a handful awarded annually in the Commonwealth. The Canadian issue is reserved for the Canadian Forces Regular champion and the remaining to the Champion Reservist which includes the RCMP. S/Sgt. G.W. Black is the only serving member of the RCMP to have won this medal and he has done so on two occasions. (1970 and 1974).

Next time you walk past the large poster in a local detachment on which you see depicted the various medals and honors that may be issued in Canada, you will find this medal in the lower left corner. Serving members of the RCMP continue to pursue the Queen's Medal for Champion Shot which is a two stage 16 match service rifle competition held over several days.



Speaking of honors and awards, the oldest trophy in Canada still presented today is the Grey Cup. Are you aware that the second oldest active trophy, one year younger than the Grey Cup, is one donated to the Royal North West Mounted Police in 1912 by Field Marshall HRH The Duke of Connaught, Governor General of Canada. This same man lends his title name to the ranges west of Ottawa where the Dominion of Canada Rifle Association and the Canadian Forces Small Arms Competitions I spoke of earlier are held. The RCMP maintains a state-of-the-art training complex for marksmanship and tactical weapons training on this same property. The Duke's generous contribution to the RCMP is named the Connaught Cup. This award is presented annually at a meet of Divisional representatives who compete for the honor to hold the title of the Best Shot on the Force. These representatives are selected from the respective Divisions 'top shots' who, in a controlled environment, shoot off for the right to represent their Division at this historical event.

Having been fortunate to have represented H Division at the Connaught Cup several times myself, I can attest to the marksmanship displayed at this event. It is second to none, and I have not in all of the other meets I have attended, come across such a skilled group of sharpshooters. On the downside, no serving member of 'H' Division has ever won the Connaught Cup, but I will hope that by its 100th anniversary in 2012 that will change. (editor note - still no winner) I and others from this division have tried but there has always been at least one better out there. There are young members in this division who, I have come to realize, have the potential for Connaught Cup success by 2012. It is up to us 'older creatures' to ensure they are exposed to and develop the skills required to not only survive on the street, but to excel in historic gatherings such as the Connaught Cup. Other similar events should they choose to participate.



Let us come back home again and wander down to the Halifax Waterfront, to Historic Properties. I am sure, you have all seen the restored warehouse across the parking lot from Perk's. It is the home of Nova Scotia Crystal, Canada's only mouth blown, hand cut crystal maker. (editor note - closed permanently February 2021) An Old-World craft brought to the New World. I stopped in one day some time ago. Curious I was, and was quick to learn that these craftsmen possess an art uncommon today. I was struck by the product not only because of its apparent superior quality but also by this business' commitment to Nova Scotian heritage. Their pattern name choices generate visions of our Province through names like Annapolis, Margaree, Titanic, Windsor and Citadel. It was explained to me by one of the craftsman that the 'Citadel cut' has bold straight lines to reflect a proud military heritage.

I have worked my way back to the Halifax Citadel, one of the last sights of Canada seen by many soldiers and support personnel shipping overseas during times of world conflict and for those lucky enough to come home, one of the first familiar landmarks they saw upon their return. This year exposed a centennial anniversary in Halifax, that being the relinquishment of the Fortress Citadel by the British Military to the domestic authorities in 1906.

I have bounced around the continent during this brief historic journey and by now you have suspicions where I am heading.

- \* The Red Serge, a visible reminder of our British military heritage, worn proudly for 133 years.
- \* The Tallahassee Skipper, forefather of a century of NWMP-RCMP service.
- \* Stuart Taylor WOOD the grandson of the Tallahassee Skipper and our 9th Commissioner, a supporter of Marksmanship.
- \* The Connaught Cup, the second oldest trophy in Canada still presented - Issued to the Best Shot on the Force.
- \* The Citadel - The protector of a city. A Nova Scotian Treasure.

It is time for us to express our gratitude to the “Smiling Monster” and acknowledge our ties to her.

Whether it be the big guns of the Citadel, the detachment service rifle, a special service firearm or the sidearm you are issued, its presence is worthless unless proficiency can be demonstrated by its possessor. Excellence in that proficiency should be rewarded, be it through a Queen’s Medal match, on a team tugging at the Commissioner Wood Cup, against your coworkers for the Connaught Cup, or for a local award through friendly competition. I am a firm believer that rewarding excellence encourages proficiency.

Designed in Halifax, custom made in the 'Citadel Cut' by craftsmen at Nova Scotia Crystal. To be awarded annually in perpetuity to the 'H' Division representative to the Connaught Cup to determine the Best shot on the Force.

I present - “The Citadel Cup” -

Along with the Descriptive engraving is included this Latin phrase; *Nil satis nisi optimum* - translated “nothing is enough unless it is the best”. Presenting our best is our hope to secure the Connaught Cup by 2012.

Sir: As the Commanding Officer of H Division I ask that you, on behalf of the members of 'H' Division, accept the Citadel Cup and direct that it be awarded as intended.

Thank you



The "H" Division Combined Mess Executive wishes to invite you to the Annual  
**Let's Jingle and Mingle!**  
Mess Holiday Wine and Cheese.

**Date:** Sunday, December 4th, 2022 (2 pm to 7 pm)

**Location:** Combined Mess RCMP "H" Div. HQ, 80 Garland Ave., Dartmouth.

**Cost:** Current Mess Members (Officers/NCO's) includes 1 guest is \$20.00  
Non-Mess Members is \$30.00 per couple or \$15.00 per single person

**Dress code:** Suit/sports jacket, shirt/tie for Men; Dress or pantsuit for Ladies

**Please join us for an afternoon of Holiday Cheer!**

There will be a variety of wines as well as an assortment of cheeses, Charcuterie boards, shrimp, and of course sweet treats.

The Mess bar will also be open for other refreshments or non-alcoholic beverages.

This event is very well attended with tickets selling quickly. To avoid missing out, forward your names and payment asap. Attendance is limited to 100 persons. RSVP no later than November 25th, 2022, to: [HDIVHQ\\_Mess@rcmp-grc.gc.ca](mailto:HDIVHQ_Mess@rcmp-grc.gc.ca)  
Payment can be made via e-transfer to: [HDIVHQ\\_MESS@rcmp-grc.gc.ca](mailto:HDIVHQ_MESS@rcmp-grc.gc.ca) or via cheque (made out to: "H" Division Combined NCO's Mess) sent to either S/Sgt. Erica Pynn (Mess Treasurer) at RCMP Halifax District Watch 1 – Lower Sackville Office, 711 Old Sackville Road, Lower Sackville, B4C 3H6 **OR** Sgt. Randy Slawter (Bar Manager) via internal mail at CDRA (RCMP HQ, 80 Garland Ave) Mail Stop H-061

### ***The Gift of Mobility and Comfort***

*During the summer months of 2022, the Support & Advocacy Committee was busy co-ordinating the sharing of mobility aids between the Nova Scotia RCMP Veterans' Association donors and recipients. Several items were kindly donated to the VA. Some were returned from previous recipients as their needs had changed, and others were donated from families of RCMP and Military veterans who had the items in surplus in their homes. All were in great shape and in need of "re-homing".*

*Items shared this summer:*

*A call letter was distributed to all the Nova Scotia membership and in short order, the walkers, wheelchair, power beds and power chair all had been spoken for and had been delivered to the worthy recipients.*



*Some of the Items Shared by NS RCMP VA Members*

*It is important to note, that this equipment exchange is valuable to so many. First, it allows families to donate gently used items onward to those who can continue to derive a better quality of life than they may have experienced without the items. Secondly, many folks who require such items often do not qualify for VAC to supply the walking and living aids as their diagnosed work-related disabilities do not relate to their present mobility conditions. This may be because of stroke, neurological conditions or other physical injuries that are totally unrelated to their service. Thirdly, these donations can benefit the spouses who otherwise might not be able to afford such items as their health insurance only covers a portion of the cost for them.*

*In some cases, when we have no equipment in reserve, there are other agencies who may be able to assist with rentals (Red Cross, Easter Seals, and retail outlets such as Lawtons).*

#### *Your Tab Collections*

*However, the NS RCMP VA may also be able to source items and to do so, we need your continued assistance with your collection of drink can tabs. This program has provided many hundreds of dollars over the years, much of which has gone to Easter Seals to assist in refurbishing wheelchairs. From time to time, other purchases have been made by the VA as well. The ability for us to continue to support our membership as always depends upon your sending along those zip-lock baggies, shoe boxes, plastic tubs and grocery bags full of TABS!!*

You may recall a while ago that the USA levied an extra tariff on Canadian aluminum and the price paid here by local metal recyclers reduced dramatically, however that market is on the rebound and the last time the program coordinator (Neil Fraser) trucked all those tabs to the recycler, he got up to 93 cents a pound – up from the mid-40s that had been the result of the tariff imposed.

There is a new twist to the tab collection however. Many brewers and manufacturers of the soft drinks, beers, coolers and ciders have changed the tabs to colours that reflect their product logos. These coloured tabs however diminish the value of the metal exchange as they are considered to be less than pure aluminum. The recent delivery of our tabs is a good example of this price difference:

208 pounds of mixed colours @ 75 cents - \$156.00  
90 pounds of new (silver-coloured aluminum) @ 93 cents - \$83.70

We got an extra 18 cents per pound for the bags of just silver-coloured tabs!!! If the bags were unsorted, we only got 75 cents a pound. The last time the tabs were taken for redemption there was about 450 pounds of mostly mixed colours that yielded \$353. Had all those been sorted out there would have been a higher yield.

All this to say – we encourage you to continue to save us your tabs and pass them over whenever you come to HQ or see one of us at another venue – we are always happy to take them off your hands and we want to pass along our thanks to all your thirsty friends who also save the tabs for us!



If you can, it would be appreciated if they set out two containers – one for you might consider sorting the tabs in for that .... It can be a bit mind-num

t yo  
our  
will  
I A

And finally, if you have a good-condition unused wheelchair, walker, power chair or power bed and would like to donate that to another member of our RCMP FAMILY, please contact your Region Director, or any member of the VA Executive or Support & Advocacy Committee.

Jan & Vic Gorman  
Co-Directors, Support & Advocacy Committee

Neil Fraser  
Director, Grave Inspections & Tabs Campaign





With their short bursts of high-speed winds and strong sustained winds, windstorms can cause damage to homes. Our partner @WeAreJohnson has compiled a simple checklist you can follow if your home has been damaged by a windstorm:

*[johnson.ca/blog/home/what-do-if-your-home-damaged-wind](http://johnson.ca/blog/home/what-do-if-your-home-damaged-wind)  
#JohnsonPartner*



Are you finally going on that vacation you've been dreaming of? Before you head out, check out this list of tips from our partner @WeAreJohnson to help protect your home while you're away:

*[www.johnson.ca/blog/home/keep-home-protected-while-away](http://www.johnson.ca/blog/home/keep-home-protected-while-away)  
#JohnsonPartner*

## Nova Scotia Police Curling Provincials 2023

Greetings everyone:

We have secured ice for the 2023 Provincials and the Bridgewater Curling Club will be hosting the Provincials this year. For anyone who has not attended the Provincials, I can attest that it is a great opportunity for not only curling but camaraderie. Ward Beck does an amazing job and I know like me you will say we should host Provincials here all the time.

When: Meet and greet Jan 19, Curling Jan 20-22, 2023

Where: Bridgewater Curling Club

Hotel: Days Inn (Exit 12)

Cost: \$119.99 per night including breakfast

(This cost will be held by the hotel until January 4, 2023. After that date, the cost will jump to \$149.99 per night.)

To register your team, please email either of the following people:

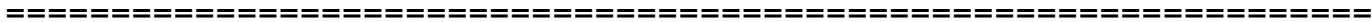
[joetaplin22@gmail.com](mailto:joetaplin22@gmail.com)

[wardbeckdoc@gmail.com](mailto:wardbeckdoc@gmail.com)



Attached are a few photos from our Troop Reunion where we paid tribute to Heidi Stevenson at the Memorial Wall "H" Div HQ. By happenstance we picked Sept 25th not realizing it was the National Police and Peace Officers Memorial Day which made it even more special. Unfortunately Hurricane Fiona hit that same weekend and we had a number of last minute cancellations. In the end 14 members from across the country and including our Drill Instructor were able to attend the reunion and 12 were able to attend at the tribute. The member in red is our Drill Instructor Murray Macham and he laid the wreath. It was his wish right after the tragic events of April 2020 for our troop to come and pay our respects. Covid prevented an immediate visit so we decided to have this coincide with our 45th reunion.

submitted by Steve Mills



*The Fall Ball for 2022 was held in November at Juno Tower in Halifax. Attended by 65 Association members, spouses and guests who enjoyed a superb meal followed by dancing. Pictured here are our National President, Sandy Glenn, his wife Lindy and NS President Howard Eaton.*

*(additional photos in Winter edition)*

South Shore members gathered again in late summer for the annual corn boil at the home of Wayne and Betty Porter in Dayspring. The Porter's hosted this event for the 25th time this year and provided a fun filled day, great conversation and perfect weather.



strategy meeting?



Al Nause (l) and his wife Julie (r) in front  
Graham Archibald (r) and his wife Cathy (l)  
and Al's sister?



Who knew it took such concentration to shuck corn?

Submitted by Steve Mills



Supervisor's debriefing

## MEMORIES

Back in 1965, while a member of the Halifax Highway Patrol, I was living at that time in Waverley, Nova Scotia. On the morning of March 17, I awoke, put on my uniform, and went outside to the patrol car, turned on the radio and signed in for my Day Shift. That morning while driving into Halifax on the Bedford Highway, at about 9:30 AM, I received a radio call informing me of an airplane accident involving an Eastern Provincial Airways plane that had occurred just after take off from Halifax Airport. I was given directions to pick up a colleague, Earle Smith at HQ, and proceed directly to the crash site, receiving further information as we proceeded. The accident site was in a dense pine forest off the Caribou Mines Rd. Upon arrival I met the owner of the property. He drove me into the site on the back of his 'Tree Farmer'. It is one of those articulated devices used to move harvested tree trunks. I noted the debris field to be in three locations; fuselage wings and engines in one location, the tail assembly in another, and the nose section in another. Upon arrival at the fuselage, I noted that the plane had five passengers still in their seats. Armed with only a small hatchet, I entered the plane from the rear and disassembled the seats and removed each of the victims, then hauling them out via the rear end of the wreckage. This took me until 4:00 PM.

I then made my way to the Nose Section, but upon examination saw that it was not possible to remove the Pilot or Co-Pilot due to the compressed state of the cockpit. So I could do nothing but sit until I was relieved at 2:00 AM

However, during my quiet vigil in that star lit night, I thought a lot about the Captain. I could see his arm in the small window of the cockpit, the 4 stripes being obvious. I wondered if he was married, if he had children or where he was from, etc.

Much later when I did some research on the accident, and the names of the victims were posted, I learned that his name was Captain Ray Murnaghan. Upon further research I learned that he was in fact married with a son, Norman Murnaghan who I located in Halifax. I spoke to him on the phone after introducing myself and explaining my connection. We eventually met in the summer of 2021. He explained to me at that time that there was a monument erected at the crash site and he asked if I would like to visit it with him some time. That site visit took place on Monday, Oct. 3, 2022. My first time returning to the scene and to see the monument. That is something I did not think about that night of March 17, 1965. Although the events of that accident have stuck in my head all these years, it was a wonderful feeling to re-visit the site with the son of Captain Murnaghan.

Submitted by John Patriarche

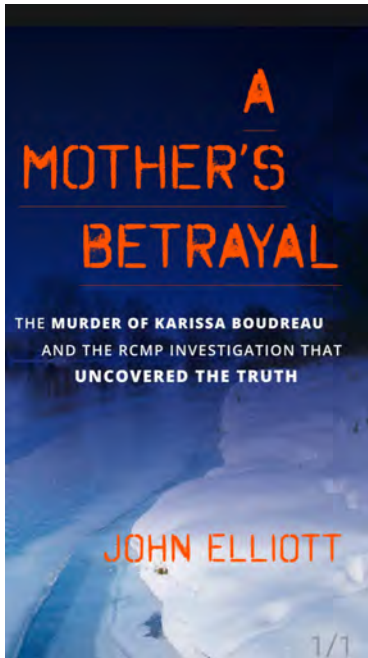


Editor note: The crash of EPA Flight 102 (Halifax to Sydney) claimed eight souls, three crew and five passengers. Cause of the crash was determined to be the result of corrosion of the fuselage skin along the bottom center leading to structural failure and aerial disintegration. (Image above - Chronicle Herald credit)



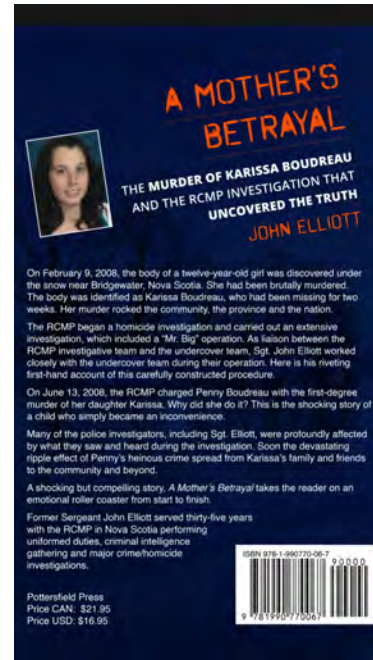
John Patriarche and Norman Murnaghan at the memorial site in Upper Musquodoboit, NS October 3 2022

Nova Scotia Association member, John Elliott has joined the list of members from across the country who have ventured into the world of publishing. In his recent release 'A Mother's Betrayal', John documents the murder of Karissa Boudreau and the RCMP investigation that uncovered the truth. This was an investigation that captivated our attention during the winter of 2008 and the many months that followed. It sheds a favorable light on the RCMP which is much needed recently.



*"I have a whole new admiration and appreciation of the importance of our dedicated and talented RCMP. This crime could never have been solved without the resources that uncovered the truth. Thank you for your service and for sharing this story. "*

*(one of many reviews received by John)*



*At the monthly General Meeting on September 15th, Maarten Kramers was presented with his Life Member certificate by Nova Scotia RCMP Veterans' Association President Howard Eaton. CONGRATULATIONS to Maarten!!!*



# Nova Scotia RCMP Veterans' Association

## 2022 Lottery

### 2 Chances to Win a Cash Prize

### 1 X \$1000 and 1 X \$500

**Nova Scotia Lottery regulations prohibit ticket sales outside the province and our lottery license restricts ticket sales to members of the NS RCMP Veterans' Association. A condition of our Nova Scotia Lottery License also prohibits electronic payments, including e-transfers and PayPal. Therefore, the Association can only accept payment for Lottery Tickets by cash, cheque or money order.**

**Tickets purchased are eligible for all remaining draw-dates following the date of purchase as outlined in the DRAW SCHEDULE. One ticket will be drawn on each draw date and the drawn ticket will be returned to the drum and included in all remaining draws. The cost of a single ticket will be based on the number of draws remaining at the time of purchase.**

**To be entered in a draw, payment must be received by the Association at least one day prior to the draw as per the **DRAW SCHEDULE** below. Receipts will be issued for all tickets purchased.**

### Purchase Options: Cash, Cheque or Money Order

**Please make all Cheques / Money Orders payable to:**

### **NS RCMP Vets' Association**

<b>In Person:</b>	Cash / Cheque or Money Order [Pay directly to Treasurer - Ian Atkins]		
<b>Mail:</b>	Mail Cheque or Money Order to: <span style="float: right;"><i>[Do not send Cash by Mail]</i></span> Nova Scotia RCMP Veterans' Association Mailstop# H-025 80 Garland Ave., Dartmouth, NS B3B 0J8      Attn: Treasurer 1. Include a notation the payment is for the 2022 Lottery 2. Include ticket owner's name & telephone #		
<b>Draws: 2</b>	<b>A Cash Prize will be awarded according to the Draw Schedule</b> <b>A Winning ticket will be returned to the Lottery Drum for all remaining Draws, so you could win more than once with the same ticket.</b>		
***** <b>DRAW SCHEDULE</b> *****			
<b>Ticket Cost</b>	<b>Purchased prior to Draw on</b>	<b>Cash Prize</b>	<b>Eligible Draws</b>
<b>\$10</b>	November 19 <sup>th</sup>	<b>\$500</b>	<b>2</b>
<b>\$5</b>	December 17 <sup>th</sup>	<b>\$1,000</b>	<b>1</b>
		NS Lottery Lic #	AGD-312882-21

## Pension & Benefits Reference Contacts – September 2022

Pertains To	Website	Phone #	Details
<p>RCMP Pension administered by</p> <p>Public Works and Government Services Canada (PWGSC)</p>	<p><a href="http://www.rcmp-grc.pension.gc.ca">www.rcmp-grc.pension.gc.ca</a></p> <p><a href="https://www.tpsgc-pwgsc.gc.ca/remuneration-compensation/index-eng.html">https://www.tpsgc-pwgsc.gc.ca/remuneration-compensation/index-eng.html</a></p>	<p>1-855-502-7090 (all ranks other than below)</p> <p>1-855-502-7088 (for levels EX-01-C/Supt. &amp; above)</p> <p>1-800-561-7930 Public Servants</p>	<p>Have the Pension number and/or HRMIS number available.</p>
<p>Veteran's Affairs Canada (VAC)</p>	<p><a href="http://www.veterans.gc.ca">www.veterans.gc.ca</a></p> <p>Select My VAC Account Select Sign In Sign-in Partner or GC Key Input Username &amp; Password</p>	<p>1-866-522-2122</p>	<p>Have the CSDN – "K" Number available.</p>
<p>Canada Pension Plan (CPP) Old Age Security (OAS) Guaranteed Income Supplement (GIS) Survivor's Benefit Disability Payments</p>	<p><a href="http://www.canada.ca/en/services/benefits/publicpensions.html">www.canada.ca/en/services/benefits/publicpensions.html</a></p> <p>Select language of choice Select Benefits Select Pensions</p>	<p>1-800-277-9914</p>	<p>Have the Social Insurance Number (SIN) available.</p>
<p>RCMP Group Life and Accidental Death and Dismemberment Plan</p> <p>Administered by SEB Administrative Services</p>	<p><a href="http://www.pbs-sra.ca">www.pbs-sra.ca</a></p> <p>Input User ID &amp; Password You may enter as GUEST or SURVIVOR</p> <p>On <b>June 14, 2021</b>, the administration of the RCMP Group Life Insurance Plans was transferred to SEB Administrative Services. For information or to make changes to your group life insurance coverage, please visit <a href="https://fp.seb-admin.com/fpconnect/#/rcmp-grc">https://fp.seb-admin.com/fpconnect/#/rcmp-grc</a> or contact the RCMP Group Life Insurance Centre from Monday to Friday between 7:30 a.m. and 6:00 p.m. Eastern Time (E.T.) at: 1-877-778-8084.</p>	<p>1-877-778-8084</p>	<p>Have Pension number &amp;/or HRMIS number &amp;/or other personal information available.</p>
<p>Public Service Health Care Plan (Sun Life)</p>	<p><a href="http://www.sunlife.ca/pshhcp">www.sunlife.ca/pshhcp</a></p> <p>Group CONTRACT Number is 055555 Each member has a Certificate Number on their card Input Access ID &amp; Personal Password</p>	<p>1-888-757-7427</p>	<p>Have Group Contract Number &amp; Certificate Number available.</p>

<b>Blue Cross - Medavie</b>	<a href="http://www.medaviebc.ca">www.medaviebc.ca</a> Select Account Login Select VAC Input Username & Password	1-888-261-4033	Have Client Number available.
<b>Pensioners' Dental Services Plan (Sun Life)</b>	<a href="http://www.sunlife.ca/pdsp">www.sunlife.ca/pdsp</a> Group CONTRACT number is 255555 Each member has a Certificate Number on their card Input Access ID & Personal Password	1-888-757-7427	Have Group Contract Number & Certificate Number available.
<b>Bureau of Pension Advocates (VAC)</b>	<a href="http://www.veterans.gc.ca">www.veterans.gc.ca</a> <u>How to review or appeal a decision - Veterans' rights - Veterans Affairs Canada</u>	1-877-228-2250	If you applied for disability benefits from VAC & received a negative response to the application, you may qualify for support from the Bureau of Pensions Advocates.
<b>Canada Revenue Agency Disability Tax Credit (DTC)</b>	<a href="https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html">https://www.canada.ca/en/revenue-agency/services/tax/individuals/segments/tax-credits-deductions-persons-disabilities/disability-tax-credit.html</a>	1-800-959-8281	Require SIN
<b>GST Office</b>	<a href="https://www.google.com/search?client=firefox-b-1-d&amp;q=gst+office+canada">https://www.google.com/search?client=firefox-b-1-d&amp;q=gst+office+canada</a>	1-800-959-8281	
<b>VAC ASSISTANCE SERVICE</b>	<b>24/7 PSYCHOLOGICAL SUPPORT FOR VETERANS &amp; FAMILIES</b>	<b>1-800-268-7708</b>	NO FEE